



The Effects of Food on the Heart, Kidneys, and Pancreas



Tuesday

June 6, 2017

6 p.m. - 9 p.m. (Dinner 5:30 p.m.)



Southern Regional AHEC
1601 Owen Drive, Gerald A Strand Auditorium
Fayetteville, NC 28304



In affiliation with Duke University Medical Center
Part of the NC AHEC Program

Target Audience

Dietitians, Nurses, and any interested healthcare professional.

Program Description

Heart disease remains the number one killer in the U.S. Our country is also the world's largest consumer of sweeteners, including high-fructose corn syrup. Is there a link between sugar and heart disease? We will review evidence based on the effects of sugar on heart health. We will also explore the impact of different types of proteins on patients with chronic kidney disease.

People with exocrine pancreatic insufficiency rely on pancreatic enzyme replacement therapy to help them digest and absorb nutrients. However, available enzyme products were approved by the FDA to be taken orally with meals. Routine use of FDA approved pancreatic enzyme products to aid in digestion and absorption of tube feeds are off label. So how do we assess efficacy and safety of present practices? Are there alternative method(s)? Come to find out.

Objective

Discuss the implications of specific food substances on three of the major organs in the body and overall health.

Speaker

Yen Lowder, RD, LDN, CNSC, Dietitian, Thoracic Transplant Clinic and Adult CF Clinic at Duke University Medical Center

Agenda

5:30 p.m. - 6 p.m.	Sign in/Dinner
6 p.m. - 7 p.m.	Effects of Sugar Intake on Heart Health
7 p.m. - 7:15 p.m.	Break
7:15 p.m. - 8:15 p.m.	Plant versus Animal Proteins for Kidney Health
8:15 p.m. - 9 p.m.	Pancreatic Enzyme replacement therapy via feeding tube: Is what we do effective?
9 p.m.	Adjourn

Fee

\$65 if payment and registration is received by May 30, 2017, \$75 thereafter

Credit

Nursing Credit: 2.75 Contact Hours, CNE will be awarded to participants who attend at least 90% of this educational Activity.

Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Important Information

Early registration is encouraged, as full instructions will be sent with a registration confirmation via e-mail. For continuing education references concerning inclement weather, tobacco policy and ADA requirements, please go to: sr-ahec.org/ContinuingEd/CE.html

At this time, speakers and planners have no conflicts or relevant relationships to disclose. If any are identified, they will be announced at the beginning of the activity.

CEUs: 0.3

CPE: Application has been submitted to the Commission on Dietetic Registration (CDR), an approver of Continuing Professional Education (CPE) programs for Registered Dietitians.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Contact

Andrea.Novak, PhD, RN, BC, FAEN

Andrea.Novak@sr-ahec.org/910-678-7216

PLEASE NOTE:

Construction at Southern Regional AHEC will limit parking availability, therefore, locations for continuing education programs will vary. Please check the communications you have received, including the front of this brochure, to ensure that you know the program's location.

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**Not redeemable for CME series or contract programs and must be initialed by SR-AHEC personnel at current program.*

Registration Form

Form may be duplicated.

Strategies for the Obesity Epidemic

CASCE #51790 / AH170606

Phone: 910-678-7226 **Fax:** 910-323-0674

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Click here for online registration: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=51790>

Dr. Mr. Mrs. Ms.

First Name Last Name Last 4 digits of SS#

Email (primary) (secondary - only used if primary is undeliverable)

Do not send email announcements of upcoming SR-AHEC programs. Do not share my information with participants and/or exhibitors.

Home Address City State Zip Code

Employer Job Title

Work Address City State Zip Code

Phone (work) (home) (cell)

Certifications/Degrees Specialty Area(s) Are you an NCC?

Special Needs / Food Allergies

How did you hear about this SR-AHEC program?

Printed Publication Email Fax Word of Mouth AHEC web site MyAHEC Facebook Other _____

Payment Information

SR-AHEC requires full payment for all registrations prior to the program date. We no longer accept purchase orders or supervisor's approval signatures in lieu of payment. Access to workshop materials and handouts cannot be released until payment is received. Early and regular rates will be determined by the date of receipt.

Check (Make payable to SR-AHEC)

Mastercard / Visa # Expiration Date (mm/yy)

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