

2017

CLINICAL UPDATE AND PSYCHOPHARMACOLOGY REVIEW

March 2 - 3

Location:

Embassy Suites
201 Harrison Oaks Blvd.
Cary, NC 27513

**SOUTHERN
REGIONAL AHEC**
AREA HEALTH EDUCATION CENTER

In affiliation with Duke University Medical
Center, part of the NC AHEC Program

Featured Speakers



Kenneth Ginsburg, M.D., M.S. Ed is a pediatrician specializing in Adolescent Medicine at The Children’s Hospital of Philadelphia and a Professor of Pediatrics at the University of Pennsylvania School of Medicine. He also serves as Director of Health Services at Covenant House Pennsylvania, an agency that serves Philadelphia’s homeless and marginalized youth.

In Dr. Ginsburg’s adolescent medicine practice, he cares for a wide variety of medical conditions, while simultaneously addressing adolescent behavioral issues. He practices social adolescent medicine - medicine with special attention to prevention and the recognition that social context and stressors affect both physical and emotional health. At Covenant House Pennsylvania the clinic addresses client’s risk by first acknowledging that most worrisome behaviors stem from an individual’s reaction to stress. Then, it guides each young person to build upon existing strengths to address problem behaviors.

Dr. Ginsburg lectures widely to national and international parent and professional audiences. His most recent books are, "Building Resilience in Children and Teens: Giving Kids Roots and Wings," and "Raising Kids to Thrive: Balancing Love with Expectations and Protection with Trust," both published by The American Academy of Pediatrics (AAP) as well as "Letting Go with Love and Confidence," published by Avery, Penguin Press. The AAP has also published a multimedia toolkit, "Reaching Teens: Strength-Based Communication Strategies to Build Resilience and Support Healthy Adolescent Development," that offers up to 65 continuing education credits for youth serving professionals.

He is honored both to be working alongside Boys and Girls Clubs of America as their external resilience expert and with The National Congress of American Indians in its efforts to build resilience in our Indigenous youth.

He has been humbled to work on behalf of those who serve our nation with The Military Child Education Coalition to prepare military parents, health professionals, counselors, and teachers to incorporate stress reduction and resilience building strategies for the nation’s nearly 2 million military-affiliated children.



Marvin S. Swartz, M.D., is a professor and head of the Division of Social and Community Psychiatry, who also serves as director of the Duke AHEC Program and director of the National Resource Center on Psychiatric Advance Directives. Dr. Swartz has been extensively involved in research and policy issues related to the organization and care of mentally ill individuals at the state and national level. He was a network member in the MacArthur Foundation Research Network on Mandated Community Treatment, examining use of legal tools to promote recovery mental health treatment. He co-led a North Carolina study examining the effectiveness of Psychiatric Advance Directives and the NIMH funded Clinical Anti-psychotics Trials of Intervention Effectiveness study. He is currently a co-investigator of a study of the cost of criminal

justice involvement of mentally ill individuals and the effectiveness of gun laws in reducing gun related deaths.

Dr. Swartz was the recipient of the 2011 American Public Health Association’s Carl Taube Award and the 2012 American Psychiatric Association’s Senior Scholar, Health Services Research Award for career contributions to mental health services research.

2017 Clinical Update & Psychopharmacology Review

This annual conference is in association with:

Southern Regional AHEC
Wake AHEC
Duke Department of Psychiatry
UNC Department of Psychiatry

North Carolina Psychological Association
North Carolina Psychiatric Association
North Carolina Division of MH/DD/SAS
Governor's Institute on Substance Abuse

Conference Description

Clinical Update & Psychopharmacology Review continues its tradition of providing practitioners quality information on the most recent therapeutic and medical approaches to the treatment of mental illness, developmental disabilities and substance abuse in North Carolina. Important topics covered will include the Resilience in Mental Health of At-Risk Children, Psychiatric Advance Directives, Opioids for Non-Prescribers, Client-Centered HIPAA Security and Technology in Mental Health, Comorbidities in Autism Spectrum Disorder, Involuntary Outpatient Commitment, When a Child Client Discloses Sexual Abuse, Integrated Care, Chronic Pain Management and Addiction, Levels of Care for Mental Health Services, Legal and Risk Management Considerations in the Age of Technology and Social Media, Medication Management for Children, Adults and Seniors with Intellectual and Developmental Disabilities, The Opioid Crisis, and The State of Mental Health Services.

Target Audience

Psychiatrists, psychologists, pharmacists, nurses, therapists, counselors, case managers, substance abuse professionals and others will find a variety of topics on the agenda designed to meet their educational needs.

Objectives

Upon completion of this conference, participants will be able to:

- Provide information on the most recent therapeutic and medical approaches to the treatment of mental illness, developmental disabilities, and substance abuse disorders;
- Identify psychopharmacology advancements and clinical updates on relevant medications and approaches to psychiatric treatment; and
- Describe effective clinical practice guidelines and interventions to serve the populations in North Carolina.

Planning Committee

Jennifer Bigger, RN, MSN

Southern Regional AHEC

Sally Cameron

North Carolina Psychological Association

La-Lisa Hewett-Robinson, M.A.

Southern Regional AHEC

Robin Huffman

North Carolina Psychiatric Association

Jack Naftel, M.D.

University of North Carolina, Chapel Hill

Sherri Eubanks, BSN, RN

Southern Regional AHEC

Russet Rogers, Ed.D

Southern Regional AHEC

Marvin Swartz, M.D.

Duke University Medical Center

Agenda

March 2, 2017

9:00 am – 10:15 am

Opening Plenary - Our Kids are not Broken: Working with Marginalized, Traumatized, and ALL Youth

Dr. Kenneth Ginsburg

Dr. Kenneth Ginsburg will tell us how to utilize resilience in the capacity to rise above difficult circumstances, allowing our children to exist in this less-than-perfect world while moving forward with optimism and confidence. Building Resilience in Children and Teens offers strategies to build the seven crucial “Cs” - competence, confidence, connection, character, contribution, coping, and control - so that parents can raise authentically successful children. This invaluable guide also offers coping strategies for facing life’s inevitable stresses. Kids who have healthy strategies in place may be less likely to turn to dangerous fixes to relieve stress. The American Academy of Pediatrics said his book is about building strong, enduring relationships, preventing worrisome behaviors, and raising children who are poised to thrive and lead us into the future.

Objectives:

- Discuss methods to build a trustworthy interaction;
- Explain the Seven C’s model of positive youth development and resilience;
- Describe the behavioral change process and building confidence in youth; &
- Identify ways to communicate with youth that builds on their existing strengths.

10:15 am – 10:45 am

Break Provided - Visit Exhibitors

10:45 am – 12:15 pm

Breakout Session I

A) Policy and Interventions for Adults with Serious Mental Illness and Criminal Justice Involvement

Dr. Allison Robertson

This session will describe a range of historical, policy, and clinical factors associated with criminal justice involvement among adults with serious mental illness. Research evidence on risk factors for criminal offending and the distribution and types of offending among adults with serious mental illness will be reviewed. A conceptual model of this population’s pathway through the criminal justice system will be presented, including opportunities for program and policy interventions along the pathway that aim to divert mentally ill adults away from the justice system and instead into community treatment.

Objectives:

- Describe important historical, socio-environmental, and policy-level factors associated with criminal justice involvement among adults with serious mental illness;
- Describe clinical and criminogenic risk factors for criminal offending;
- Describe the prevalence and distribution of types of criminal justice involvement among a population of adults with serious mental illness who are clients of public behavioral health agencies; and

Agenda

- Name 5 intercepts along the pathway through the criminal justice system and, for each, an example of program interventions that aim to divert individuals with serious mental illness away from the justice system and instead into community treatment services.

B) Medical Management of Substance Use Disorders

Dr. Ashwin Patkar and Dr. Stephen Wyatt

Substance use disorders are complex and have a huge impact on patients, families and communities. They challenge even experienced health care professionals to stay current with evolving treatment recommendations. This presentation will provide a comprehensive review of the approved medications for treatment of opioid, alcohol, stimulant, marijuana, and nicotine use disorders. Recent national guidelines and recommendations for appropriate pharmacological therapies will be discussed, as well as management of co-occurring disorders utilizing.

Objectives:

- Discuss evidence based pharmacological interventions for substance dependence;
- Identify different approaches and challenges associated with opioid, alcohol, marijuana and stimulant use treatment; and
- Determine management of comorbid psychiatric disorders in substance-dependent patients.

C) Our Kids are not Broken: Working with Marginalized, Traumatized, and ALL Youth (A Deeper Dive)

Dr. Kenneth Ginsburg

This session will present more knowledge from Dr. Kenneth Ginsburg on how to utilize resilience in the capacity to rise above difficult circumstances, allowing our children to exist in this less-than-perfect world, while moving forward with optimism and confidence. He will discuss how to build Resilience in Children and Teens offers strategies to build the seven crucial “Cs” - competence, confidence, connection, character, contribution, coping, and control - so that parents can raise authentically successful children. This invaluable guide also offers coping strategies for facing life’s inevitable stresses. Kids who have healthy strategies in place may be less likely to turn to dangerous fixes to relieve stress.

Objectives:

- Discuss methods to build a trustworthy interaction;
- Explain the Seven C’s model of positive youth development and resilience;
- Describe the behavioral change process and building confidence in youth; and
- Identify ways to communicate with youth that builds on their existing strengths.

D) Ethics: Client Centered HIPAA Security and Technology in Mental Health - Ethical and Legal Issues for Mental Health Practitioners

Roy Huggins, LPC NCC

Agenda

(Need Ethics hours? In addition to this session, you may attend 2D and 3D for a total of four (4) hours. You must attend 1D, 2D, and 3D consecutively.)

Mental health clinicians foster health in our clients wherever they are in the process, and we need the correct tools to help us do that. Myths abound about legally and ethically appropriate ways to meet client desires for email, texting, and online video. We hear about the growing pressure to switch to electronic records and many of us already see value in paperless practices.

This training will take attendees from an exploration of our relationships with technology and “digital confidentiality,” through how to appropriately use that technology in our practices, and finally to a concrete demonstration of how to perform the processes required for compliance with the HIPAA Security Rule. All the while, we will learn concrete techniques and tools side-by-side with relevant ethics codes, professional guidelines, and HIPAA Security standards for digital technology in mental health care.

Objectives:

- Learn how to communicate with clients using electronic tools in a manner that is compliant with legal and ethical standards, including HIPAA;
- Identify how to protect computers and mobile devices for ethical practice and HIPAA compliance; and
- Review and conduct a HIPAA-compliant security risk analysis while creating a security risk management plan.

12:15 pm – 1:30 pm

Lunch Provided - Visit Exhibitors

1:30 pm - 3:00 pm

Breakout Session II

A) Differential Diagnosis and Comorbidities in Autism Spectrum Disorder

Dr. Lauren Turner-Brown

A majority of the increase in prevalence in Autism Spectrum Disorders is in individuals without intellectual disability. The question of ASD is raised at older ages than for individuals with ASD and intellectual disability. In addition, many of these individuals are treated under various other diagnostic categories (e.g., ADHD, learning disorders, depression, anxiety disorders) before realizing ASD is the most appropriate diagnosis. This workshop will present current knowledge about differential diagnosis between ASD and these other conditions as well as issues about comorbidity and treatment for complex cases.

Objectives:

- Describe how changes from DSM-IV to DSM- V affect ASD diagnosis and comorbidity;
- Identify 5 conditions that are commonly comorbid with ASD;
- Describe 3 assessment tools for high functioning ASD and limitations; and
- Identify 3 strategies for adapting cognitive behavior therapy to target comorbid anxiety and ASD.

Agenda

B) Involuntary Outpatient Commitment (OPC) (aka Assisted Outpatient Treatment): The Data and the Controversy

Dr. Marvin Swartz and Dr. Jeffrey Swanson

Involuntary Outpatient Commitment, also called Assisted Outpatient Treatment in some states, is a mechanism whereby a judge can order a person with mental illness to comply with outpatient treatment. It has received national attention as an effective mechanism to reduce mental health crises, is featured in new federal mental health legislation, and is subject of a new state grant program from SAMHSA. This session will present the evidence and controversy surrounding OPC and new guidelines for its use.

Objectives:

- Discuss the evidence on the effectiveness of involuntary outpatient commitment (OPC);
- Discuss the controversy about OPC; and
- Identify new guidelines for the use of OPC

C) When a Child Client Discloses Sexual Abuse: Guidelines For Staying In Your Lane

Dr. Mark Everson and Nancy Berson, LCSW

This presentation provides guidelines to prevent the clinician missteps commonly seen in cases in which child or adolescent clients disclose previously unreported sexual abuse. This session will discuss the subtleties of the mandatory reporting requirements and the role ambiguities inherent in these cases. This session will also describe non-leading interview techniques for eliciting information about abuse allegations that is needed for treatment planning and case decision making, without jeopardizing future forensic investigations.

Objectives:

- Describe common clinician errors in cases of newly disclosed child sexual abuse; and
- Learn non-leading techniques for interviewing child and adolescent clients about abuse experiences

D) Ethics: Client Centered HIPAA Security and Technology in Mental Health - Ethical and Legal Issues for Mental Health Practitioners

Roy Huggins, LPC NCC

(Need Ethics hours? In addition to this session, you may attend 2D and 3D for a total of four (4) hours. You must attend 1D, 2D, and 3D consecutively.)

This is building continuation from the morning session to help mental health clinicians foster health in our clients wherever they are in the process, and the correct tools needed to help us do that. Roy will dive more in-depth regarding myths that abound about legally and ethically appropriate ways to meet client desires for email, texting, and online video. We hear about the growing pressure to switch to electronic records and many of us already see value in paperless practices.

Agenda

This training takes attendees from an exploration of our relationships with technology and “digital confidentiality,” through how to appropriately use that technology in our practices, and finally to a concrete demonstration of how to perform the processes required for compliance with the HIPAA Security Rule. All the while, we will learn concrete techniques and tools side-by-side with relevant ethics codes, professional guidelines, and HIPAA Security standards for digital technology in mental health care.

Objectives:

- Learn how to communicate with clients using electronic tools in a manner that is compliant with legal and ethical standards, including HIPAA;
- Identify how to protect computers and mobile devices for ethical practice and HIPAA compliance; and
- Review and conduct a HIPAA-compliant security risk analysis while creating a security risk management plan.

3:00 pm – 3:30 pm

Break Provided - Visit Exhibitors

3:30 pm – 5:00 pm

Breakout Session III

A) The Current State of Integrated Care

Dr. Neftali Serrano

The integration of primary care and behavioral healthcare has become a central aspect of service delivery reform efforts. This seminar will introduce participants to the prevailing models, current state of the literature, and an orientation to the roles that all health professionals can play in leading the way towards meaningful integration.

Objectives:

- Identify the current models of integrated care;
- Review common barriers to integrated care; and
- Describe the roles that mental health professionals, primary care providers, nurses, psychiatrists and other health professionals perform within the models; and
- Identify the business challenges associated with integrated care.

B) Chronic Pain Management and Addiction

Dr. Steven Prakken

This course focuses on addressing the current opioid crisis with a specific emphasis on decreasing morbidity and mortality related to prescription opioids and improving effective chronic pain management, thus promoting safer, rational approaches to opioid prescribing. Reviews of clinical data, mortality reviews and other data demonstrate continued opioid use issues, including deaths, with limited and/or ineffective treatment. The course will also discuss strategies over the course of treatment to maintain safety and effectiveness, while mitigating risks. Programming is consistent with NCMB initiative on safer opioid prescribing.

Agenda

Objectives:

- Discuss the nature of chronic pain and the role of opioids in its management;
- Describe elements of assessment and risk stratification for safe opioid use and contraindications;
- Review monitoring strategies to maintain safety and effectiveness, while mitigating risks; and
- Review the types and uses of adaptation strategies over the course of treatment, including intervention and discontinuation if needed.

C) Eligibility and Levels of Care for Mental Health Services Within a Managed Care Organization (MCO)

Dr. Ranota Hall

Managed Care Organizations (MCOs) are a key component of the MH/SA and IDD healthcare delivery system in North Carolina. This conference session will describe an overview of the MCO role, organizational structure, service array, and authorization process. MCOs work to promote a high quality provider network, individualized and person centered care and access to quality treatments and services consistent with best practice standard. Levels for care services and the roles of key members of the MCO such as peer reviewers, care coordinators, and care managers will be discussed.

Objectives:

- Describe an overview of MCO role and responsibilities;
- Discuss eligibility criteria and denial for services; and
- Discuss the levels for care for services and roles of clinical operations staff such as care coordinators and care managers.

D) Ethics: Client Centered HIPAA Security and Technology in Mental Health - Ethical and Legal Issues for Mental Health Practitioners

Roy Huggins, LPC NCC

(Need Ethics hours? In addition to this session, you may attend 2D and 3D for a total of four (4) hours. You must attend 1D, 2D, and 3D consecutively.)

The final installment for this training will provide a “complete package” for all the mental health clinicians that have participated in the first 2 sessions. We must continue to foster health in our clients wherever they are in the process, and we need the correct tools to help us do that. The attendees will complete the exploration of relationships with technology and “digital confidentiality,” along with a concrete demonstration of HIPAA Security Rules and how to perform the processes required for this compliance. Roy will continue to discuss myths that abound about legally and ethically appropriate ways to meet client desires for email, texting, and online video. He will discuss the growing pressure to switch to electronic records as many of us already see value in paperless practices.

Objectives:

- Learn how to communicate with clients using electronic tools in a manner that is compliant with legal and ethical standards, including HIPAA;

Agenda

- Identify how to protect computers and mobile devices for ethical practice and HIPAA compliance; and
- Review and conduct a HIPAA-compliant security risk analysis while creating a security risk management plan.

March 3, 2017

9:00 am – 10:30 am

Opening Plenary

Psychiatric Advance Directives: How They Can Improve Care

Dr. Marvin Swartz

Psychiatric Advance Directives (PADs) allow persons with mental illness to develop a crisis plan and appoint a person to make treatment decisions for them should they have an incapacitating crisis. Providers can greatly facilitate care by putting them into use during crises and are required by CMS to implement policies to use PADs. This presentation will highlight the features of PADs and a new statewide initiative to spread their use across the state.

Objectives:

- Discuss the legal features of PADs;
- Discuss the CMS requirements to implement PADs; and
- Review the statewide initiative to implement PADs.

10:45 am – 12:15 am

Breakout Session IV

A) Legal and Risk Management Considerations in the Age of Technology and Social Media

Kristin Lambert, Esq., MSW

Social media has infiltrated all areas of behavioral health. Social media and social networking as well as the use of smartphones have expanded the risk and legal issues that behavioral health providers may face. Some key issues when using social networking include: confidentiality, ethical concerns, professionalism and standard of care concerns.

This program will examine the issues presented by modern connectivity and will provide legal and risk considerations brought on by the ever-changing electronic medium.

Objectives:

- Identify patient confidentiality and boundary issues which can occur with the use of social media;
- Explain the behavioral health provider's duty of professionalism when engaging in social media;
- Discuss cases and case examples with social media as a central issue; and
- Review risk management and liability exposures pertaining to confidentiality, boundary issues, duties of professionalism and general standard of care issues as they apply to the use of social media.

B) Best Practices for Medication Management for Children, Adults and Seniors with Intellectual and Developmental Disabilities

Dr. Jerry McKee, Dr. Laurie Charlot. and Karen Luken, MS

Agenda

Children, adults and seniors with IDD are treated with psychiatric medications at disproportionately high rates, are often prescribed multi-drug regimens, and poly-pharmacy often results in health problems being missed. They are more likely to be treated for reduction of non-specific signs of agitation, such as aggression, self-injurious behaviors, and tantrums compared to the non-IDD population. Individuals with IDD and their families function best when offered a wide range of medical, behavioral and community support services to address complex health and disability issues. The Medical Health Homes for People with IDD initiative convened a multi-disciplinary medications work group to develop guidance on medication management for healthcare professionals that can be used in conjunction with sound clinical judgment, scientific evidence, and prescriber's experience. Members of the work group will share their professional experience and perspective while reviewing core components of medication management for this population.

Objectives:

- Identify elements of a comprehensive assessment or reassessment of challenging behaviors in the context of Intellectual and Developmental Disability
- Describe common medical issues that can cause irritability, altered mental status and externalizing behavior problems and may mimic acute mental illness
- Discuss "Red Flag" criteria that suggest the need for additional review of the clinical status of an individual with IDD
- Discuss potential questions that a patient and/or family members may wish to discuss with healthcare professional.

C) Trauma, Toxic Stress, and Implications for Learning

Dr. Kelly Graves

Research and clinical evidence documents that trauma exposure and toxic stress impact how individuals learn and process information. In this segment, we will discuss the concepts of trauma informed care and why these concepts are essential to effectively facilitate the learning process. We will learn alternative approaches and strategies to provide opportunities for children and adults to rebuild a sense of control, empowerment, and mastery in their environment to create successful and long-lasting change.

Objectives:

- Describe the prevalence and impact of trauma, including how trauma impacts the learning process;
- Review the core components of trauma informed care; and
- Identify tools and strategies for implementation of trauma informed care to facilitate learning and change.

D) The Opioid Crisis: Turning the Tide

Dr. Vera Reinstein

The program attendee will understand the impact of the opioid overdose epidemic in the United States and in North Carolina. The attendee will

Agenda

appreciate the added risk of coingestion of polysubstances, especially involving benzodiazepines, on the risk of opioid overdose and death. Multiple initiatives, from national to local, intended to stem the tide of this opioid overdose epidemic will be presented; the focus will be on the role, availability, and appropriate use of naloxone for those most at risk for overdose.

Objectives:

- Review the US and North Carolina trends on opioid overdose;
- Identify the risk of benzodiazepines especially in combination with opioids;
- Review recent North Carolina and national initiatives to reduce opioid overdose deaths, including the naloxone (NLX) statewide standing order;
- Review NLX pharmacology, product availability; and
- Identify patients at high risk of opioid overdose and thus NLX candidates.

12:15 pm – 1:30 pm

Lunch Provided - Visit Exhibitors

1:30 pm – 3:00 pm

Closing Plenary

The State of Mental Health Services in North Carolina

Dr. Venkata Jonnalagadda

This plenary will dive into the possible new changes for Mental Health Services in North Carolina, while also informing service providers of different resources that will be beneficial for their consumers.

Objectives:

- Describe the current service delivery system in North Carolina and prospective changes to occur in 2017; and
- Discuss how providers can be prepared for these changes to ensure the needs of consumers are met.

SPEAKER BIOGRAPHIES



Nancy Berson, LCSW, began her career as a DSS child welfare worker in Robeson and Durham counties. Since 1989 she's been with the Program on Childhood Trauma and Maltreatment at UNC Hospitals in Chapel Hill, which specializes in the assessment and treatment of abused, neglected, and psychologically traumatized children and adolescents.



Lauren Turner-Brown, PhD is the Assistant Director of the University of North Carolina at Chapel Hill TEACCH Autism Program and an Assistant Director in the Department of Psychiatry. She earned her Ph.D. in Clinical Psychology from Vanderbilt

University and completed postdoctoral clinical and research training at UNC- Chapel Hill with TEACCH and the Carolina Institute for Developmental Disabilities. She has extensive clinical and research experience with autism spectrum disorders across the lifespan. Her current research focuses on early identification of ASD and interventions for toddlers as well as adolescents and adults.



Lauren Charlot, LICSW, PhD is a Developmental Psychologist and is a licensed clinical social worker in North Carolina. She has been working with individuals with Intellectual and Developmental Disabilities (IDD) and severe co-occurring psychiatric disorders

and challenging behaviors, for over 30 years. Dr. Charlot is the Clinical Director of the NC START East team based out of New Bern, North Carolina and an assistant professor of psychiatry and Director of ID/ MH Services at the UMass Medical School/UMass Medical Center. She has published original research, and has lectured widely on a variety of topics related to the care of individuals with IDD and ASDs (Autism Spectrum Disorders) across the United States, Canada and in Europe. Dr. Charlot is a member of the Center for START Services National Consultation and

Training Team (Institute on Disabilities, University of New Hampshire) and provides expert consultation and training regarding issues of assessment and treatment of individuals with ID/MH. Dr. Charlot was a Co-PI with Dr. McIlvane, Dir. Of the E.K. Shriver Center on an NIH funded grant studying depression in children with ID and was the PI for a UMass Medical School Internal Initiatives Grant. She was the lead author on the NADD and APA sponsored DM-ID chapter on Mood Disorders and she is considered to be a national expert on differential diagnosis of psychiatric disorders in people with ID.



Mark Everson, PhD directs the Program on Childhood Trauma and Maltreatment (PCTM) within the UNC Department of Psychiatry, an outpatient clinical program specializing in the assessment and treatment of abused, neglected, and psychologically traumatized

children and adolescents. PCTM offers clinical and forensic services in the form of brief assessments, extended evaluations, brief and long-term treatment, case reviews, case consultations, and expert witness testimony. In addition, Dr. Everson and his staff offer training workshops to professionals from mental health, social services, law enforcement and law on a range of topics including child forensic interviewing, the assessment of allegations of child physical and sexual abuse, and the treatment of child and adolescent victims of maltreatment.



Kelly Graves, PhD is the Founder and Chief Executive Officer of Kellin, PLLC, and its non-profit arm, the Kellin Foundation, which is a community-based behavioral health counseling and consulting center in Greensboro, NC. Dr. Graves also serves as an Associate Professor

at North Carolina A&T State University, teaching classes mainly in the areas of Behavioral Health and Trauma. As a licensed clinical psychologist, Dr. Graves has almost 20 years of specialized experience in the field of child trauma and trauma-informed care and is the developer of the Greensboro Child Response

SPEAKER BIOGRAPHIES

Initiative model, which is a coordinated community response to children and families exposed to violence. Dr. Graves is an accomplished scholar with dozens of peer-reviewed publications, books, and book chapters. Dr. Graves recently won the national 2015 American Psychological Association Division 56 Trauma award for her expertise in the areas of children at risk and trauma, was identified by the Triad Business Journal as one of the Top 40 Leaders Under 40, and is a consultant with U.S. Department of Justice in the area of crime victim services.

This presenter is being supported through the partnership between UNC-CH, School of Social Work and the NCAHEC Program.



Ranota Hall, MD was named Chief Medical Officer for Cardinal Innovations Healthcare in August 2015. She is responsible for strategic planning and medical oversight of Cardinal Innovations' health plan to provide exceptional managed care for special

populations. Dr. Hall's clinical expertise in psychiatry, neurocognitive development, mental health and program development and implementation is advancing Cardinal Innovations' ability to serve individuals with complex needs.

Prior to joining Cardinal Innovations, Dr. Hall served as Vice President of Medical Affairs for the North Carolina Public Sector at ValueOptions. While there, she was the Medical Director for the North Carolina Medicaid account and Children's Health Insurance Program. Her Commercial Division responsibilities included provision of medical consultation during the implementation of the Center for Medicare and Medicaid Services approved demonstration of an integrated system of care for dually eligible members in Massachusetts, as well as medical oversight and strategic planning responsibilities for Employer Accounts and Health Plans.



Roy Huggins, LPC NCC, a counselor in private practice who also directs Person-Centered Tech. Roy worked as a professional Web developer for 7 years before changing paths, and makes it his mission to grow clinicians' understanding of the

Internet and other electronic communications mediums for the future of our practices and our professions.

Roy is an adjunct instructor at the Portland State University Counseling program where he teaches Ethics, and is a member of the Zur Institute advisory board. He has acted as a subject matter expert on HIPAA, security and clinical use of technology for Counseling licensure boards, and both state and national mental health professional organizations. He has co-authored or authored 2 book chapters, and he routinely consults with mental health colleagues on ethical and practical issues surrounding tech in clinical practice. He served for 5 years on the board of the Oregon Mental Health Counselors Association and then the Oregon Counseling Association as the Technology Committee Chair. He really likes this stuff.



Venkata Jonnalagadda, MD is the Medical Director for the NC Department of Health and Human Services' Division of Mental Health, Substance Use and Intellectual Developmental Disability. Dr. Jonnalagadda is a partner in private practice with Greenville

Psychiatric Association, P.A. She also serves on the adjunct teaching faculty in the Department of Pediatrics at East Carolina University's Brody School of Medicine. In addition, Jonnalagadda works as a clinical psychiatrist with the federal Veterans Administration. She is board certified in child, adolescent and adult psychiatry and is a Fellow of the American Psychiatric Association.



Kristen M. Lambert, Esq., MSW, LICSW, CPHRM, FASHRM, Vice President, Psychiatric and Professional Liability Risk Management Group. As a vice president of risk management, Kristen leads risk management services for professional liability

policyholders and specialty programs, helping them assess and manage the risks that they encounter.

SPEAKER BIOGRAPHIES

She specializes in providing risk management services to psychiatric providers and the behavioral health areas.

Kristen holds degrees from the University of Massachusetts at Amherst (B.A.), Springfield College (MSW) and Massachusetts School of Law (J.D.). She is admitted to the bars of the Commonwealth of Massachusetts, the United States District Court of Massachusetts and Connecticut. Kristen is a licensed independent clinical social worker in Massachusetts, is a Certified Professional Healthcare Risk Management, and a Fellow of the American Society for Healthcare Risk Management.

Prior to joining AWAC Services Company, Kristen practiced as an attorney in Massachusetts focusing on health law matters including medical malpractice defense representing hospitals, nursing homes and direct care providers, guardianships and conservatorships, and advance directives. As a direct care clinician, Kristen also has a background working in community and tertiary hospitals as well as community mental health settings.

Kristen serves as co-editor of “In Session with Allied World” for American Psychiatric Association members and “In Session with Allied World for AACAP” members. She has served on a number of local and national committees and is a frequent presenter and author in her field.



Karen Luken, MSRA is the project director of the North Carolina Office on Disability and Health (NCODH) that works to promote the health and wellness of persons with disabilities in North Carolina. The Office receives primary funding from the Centers for

Disease Control and Prevention and is a partnership between the NC Division of Public Health and the FPG Child Development Institute at the University of North Carolina at Chapel Hill. Karen is based at UNC-CH. NCODH has several areas of emphasis, including physical activity and obesity, healthy communities, women’s health, and surveillance.

NCODH is presently collaborating with the NC Dept of Public Instruction and NC AAHPERD to ensure that children with disabilities are fully included in the state initiative to implement quality, comprehensive physical education, and mandated fitness testing in the schools. Karen has served on a number of advisory groups including the NC MH-DD-SAS Practice Improvement Collaborative, NC Institute of Medicine Developmental Disabilities and Transition Task Force, NC Autism Alliance, and the Special Care Dentistry Advisory Work group. Karen has published articles on community design and active living, creating inclusive environments for people with disabilities, and cancer screening for women with disabilities. Prior to her work at NCODH, Ms. Luken was the Associate Director of the Center for Recreation and Disability Studies in the Dept of Recreation and Leisure Studies at UNC-CH.



Jerry McKee, PharmD, MS, BCPP

currently serves as Assistant Director-Pharmacy Operations and Payer Programs with Community Care of North Carolina. Previously he was Regional Dean and Associate Professor of Pharmacy with Wingate University-Hendersonville.

He is a past president of the College of Psychiatric and Neurologic Pharmacists and past member and chair of the BPS Psychiatric Pharmacy Specialty Council. His professional interests include psychiatry and mental health services.



Ashwin A. Patkar, MD, MRCPsych, DFASAM

is a Professor of Psychiatry and Community and Family Medicine at Duke University Medical Center, Durham, NC, USA. He is the Medical Director of Duke Addictions Programs and Center for Addictive Behavior and Change. He is certified in Psychiatry with the

American Board of Neurology and Psychiatry with subspecialty certification in Addiction Psychiatry, American Society of Addiction Medicine (ASAM) certification in Addiction Medicine and certification in Pain Medicine (American Board of Pain Medicine). Dr. Patkar has over 20 years of clinical and

SPEAKER BIOGRAPHIES

scientific experience with particular expertise in psychopharmacology, dual diagnoses, integration of medical care for addiction, and pain and addiction issues. He has been a Principal Investigator or Co-Investigator with several research projects that are supported by the NIDA, NIAAA and SAMHSA and industry-supported clinical trials. He has received numerous awards including the American Academy of Addiction Psychiatry Research Award, the Lilly Biological Psychiatry Fellowship Award, the American Society of Addiction Medicine-Millennium Research Award, and the Indian-American Psychiatric Association Academician of the Year award. He has been selected for inclusion in the Best Doctors in America each year from 2009-2015.

Dr. Patkar has published over 225 peer reviewed scientific articles, 6 book chapters, and has given over 300 presentations and invited lectures at national and international meetings. He serves on the Editorial Board of 3 journals and is a reviewer for over 20 national and international journals. He is a Distinguished Fellow of the American Psychiatry Association, a Distinguished Fellow of the American Society of Addiction Medicine, the President of the Indo-American Psychiatric Association, CME Course Director of the Triangle Indian American Physicians Society, and member of the American Academy of Addiction Psychiatry, American Medical Association, American Academy of Pain Medicine, Indian Psychiatric Society, Royal College of Psychiatrists and World Psychiatric Association. Dr. Patkar is married with 2 children and enjoys fishing, yoga, squash, and cricket.



Steven Prakken, MD is Board-Certified in both psychiatry and pain management. He attended medical school at the University of Oregon and completed a psychiatry residency at the University of California, San Francisco.

Dr. Prakken has a general psychiatry practice treating adolescents and adults for anxiety, mood, adjustment and personality disorders as well as ADD and relationship issues. He uses

psychopharmacology and does short-term as well as long-term psychotherapy.

Prior to becoming a pain management specialist, Dr. Prakken worked for 6 years as an emergency room physician and for 10 years in his own alternative medicine practice.

He was employed by Spine Care of San Francisco and Bay Area Pain Management prior to moving to North Carolina.

Dr. Prakken currently works in pain management and general psychiatry as the Chief of Medical Pain Service at Duke Pain Medicine. He has published in the fields of psychiatry and pain management and has extensive teaching experience.



Vera Reinstein, PharmD, BCPS

is the clinical pharmacist with Alliance Behavioral Healthcare, the behavioral health services managed care organization (MCO) for Medicaid and uninsured consumers in Wake, Johnston, Cumberland and Durham counties. Vera completed

her Doctor of Pharmacy degree at the University of Florida and then went on to complete a pharmacy residency at the Moses H. Cone Memorial Hospital in Greensboro. Vera has practices in various settings - academia (Campbell Univ) and industry (Glaxo), hospital, as well in Ambulatory Care (VA). Most recently, Vera worked with Community Care of North Carolina (CCNC) at Duke, where she became interested and involved with CCNC's Chronic Pain Initiative and Project Lazarus as well as the Community Pharmacy Enhanced Services Network, and developed an interest and passion to promote pharmacy awareness and support for the use of naloxone (a harm reduction strategy) to help save lives.



Allison G. Robertson, PhD, MPH

is Assistant Professor in the Department of Psychiatry and Behavioral Sciences and Assistant Professor in the Sanford School of Public Policy at Duke University. She received a PhD in Health Policy

SPEAKER BIOGRAPHIES

and Management from UNC-Chapel Hill and a MPH in Health Management and Policy from University of Michigan at Ann Arbor. Dr. Robertson conducts mental health and substance abuse law, policy, and services research, with a particular focus on the problem of criminal justice involvement among adults with serious mental illness, and especially those with co-occurring substance use disorders. Robertson is currently PI on a study of medication-assisted treatment for justice-involved adults with co-occurring disorders as part of a NIMH-funded Career Development Award; PI on a NIDA-funded study of gender differences in a statewide jail diversion program; and an investigator on two multi-site studies on gun control laws, mental illness, and prevention of violence. Dr. Robertson is also PI on a new feasibility/pilot study funded by the Laura and John Arnold Foundation of medication-assisted treatment in the drug court setting.



Neftali Serrano, PsyD. is the Lead Consultant for Primarycareshrink.com, an educational and consultation service aimed at increasing the proliferation of integrated primary care behavioral healthcare. Dr. Serrano has 16 years of experience as a provider

of integrated services and program developer. Most recently he served as the Director of Clinical Training at the Center of Excellence for Integrated Care in North Carolina. He has devoted the majority of his career working with federally qualified health centers (FQHC), starting integrated care programs and consulting with clinics in underserved settings. Dr. Serrano's research interests include program development evaluations and outcome studies related to PCBH, particularly in underserved settings. In 2014 Dr. Serrano edited an e-book, "The Implementer's Guide to Primary Care Behavioral Health," a practice management handbook.



Jeffrey Swanson, PhD. is Professor in Psychiatry and Behavioral Sciences at Duke University School of Medicine. He holds a PhD in sociology from Yale University. Dr. Swanson is a nationally recognized expert on policies to reduce firearm-related

violence and suicide among persons with mental illness. He received the 2011 Carl Taube Award from the American Public Health Association and the 2010 Eugene C. Hargrove, MD Award from the North Carolina Psychiatric Foundation, both for outstanding career contributions to mental health research. He is also the recipient of the 2013 NARSAD Distinguished Investigator grant from the Brain and Behavior Foundation. Dr. Swanson was a member of the MacArthur Foundation Research Network on Mandated Community Treatment and currently serves on the Methods Core of the Robert Wood Johnson Foundation Public Health Law Research Program.



Stephen Wyatt, DO is the newly appointed Medical Director of Addiction Medicine for the Carolinas HealthCare System.

Dr. Wyatt is a past president of the AOAAM. He is a co-director of the Providers Clinical Support System for Medication Assisted Treatment. Dr. Wyatt is a strong advocate of addiction medicine education in all levels of training and medical specialties.

CREDITS, FEES, AND STATEMENTS

Professional Credit

AMA PRA Category 1 Credits™: 10.0 hours

Credit Statement

Southern Regional AHEC designates this live activity, for a maximum of 10.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation

The activity has been planned and implemented in accordance with the Essentials and Standards of the North Carolina Medical Society through the joint sponsorship of Southern Regional AHEC and Duke Department of Psychiatry, UNC Department of Psychiatry, North Carolina Psychological Association North Carolina Psychiatric Association, North Carolina Division of MH/DD/SAS, and Governor's Institute on Substance Abuse. Southern Regional AHEC is accredited by the NCMS to provide continuing medical education for physicians.

Disclosure Statement

Southern Regional AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosure of faculty/planning committee members and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose any discussion of any off-label, experimental, or investigational use of drugs services in their presentations.

For Non-Physicians (Physician Assistants and Nurse Practitioners)

Additional Credit - Other health professionals will receive Southern Regional AHEC CEU and/or contact hours and a certificate of attendance from an AMA PRA Category 1 Credits™ activity. These certificates are accepted by the NC boards for physician assistants, nurse practitioners, nurses, physical therapists and athletic trainers. License requirements are subject to change. Southern Regional AHEC recommends that participants contact their licensing boards with specific questions. Southern Regional AHEC will provide 1.0 Continuing Education Units (10.0 contact hours) to participants upon completion of this activity.

CEU and Contact Hours

Southern Regional AHEC will award 1.0 CEUs and 10 Contact Hours to each person who attends 100% of the program.

Southern Regional AHEC will award 10.0 Category A contact hours for NC psychologists who attend 100% of the program. Attendance verification will be required.

NAADAC

SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #843 (Substance Abuse Credit).

NBCC

Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5362. Programs that do not qualify for NBCC credit are clearly identified. Southern Regional AHEC is solely responsible for all aspects of the programs.

Credit will be awarded to participants who attend 100% of the program.

Nursing

10.0 contact hours, CNE, will be awarded to participants who attend 100% of the activity; credit is awarded by day. Day 1: 5.75; Day 2: 4.25. Southern Regional AHEC is an approved provider of continuing nursing

education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

ACPE

5.75 hours - Day 1
ACPE# 0046-9999-17-102-L01-P

4.25 hours - Day 2
ACPE# 0046-9999-17-103-L01-P

In collaboration with UNC Eshelman School of Pharmacy.



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. To receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Statements of credit will be uploaded to CPE Monitor within 4-6 weeks of completion of program. Participants will have access to print CE certificates from their CPE Profile under CPE Monitor.

Disclosure: Southern Regional AHEC adheres to the ACPE policies regarding commercial support. Disclosure of faculty/planning committee members and commercial relationships will be made known of the activity. Speakers are expected to openly disclose a discussion of any off-label, experimental or investigational use of drugs or devices in their presentations.

Participants must attend 100% of program time to receive credit. Partial credit will not be rewarded.

Conference Registration Fee

\$189.00 for both days, if registration and payment are received by February 21, 2017; \$199 thereafter.

\$109 for one day, if registration and payment are received by February 21, 2017; \$119 thereafter.

Substitutes/Refunds/Transfers - Information

If you register for a program and are not able to attend, you may:

- Send a substitute;
- Cancel three business days before the program and obtain a refund for 70% of the registration fee; or
- Cancel three business days before the program and receive a voucher for 100% of the registration fee for use at one future Southern Regional AHEC Mental Health program.
- Cancellations less than three business days before the program are non-refundable. If you register for a program you don't attend and don't pay, you will be billed for the full amount of the program registration fee.

For questions regarding educational content or professional credit, please call:

La-Lisa Hewett-Robinson, MA, (910) 678-7293
Administrator of Mental Health Continuing Education Southern Regional AHEC

Hotel Information

To make reservations at Embassy Suites with a discounted hotel group rate, go to:

https://secure3.hilton.com/en_US/es/reservation/book.htm?execution=e1s1



Registration

Form may be duplicated.

Phone: 910-678-7226 **Fax:** 910-323-0674

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Click here for online registration: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=51323>

I will attend:

- Both Days - \$189.00 before February 21st; \$199 thereafter.
- March 2nd only - \$109 before February 21st; 2017; \$119 thereafter.
- March 3rd only - \$109 before February 21st; \$119 thereafter.

Circle one: Dr. Mr. Mrs. Ms.

Name _____ Last 4 digits of SS# _____

Certifications/Degrees _____ Specialty Area _____ Are you an NCC? _____

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Work Address _____ City _____ State _____ Zip Code _____

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A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

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- Do not send email announcements of upcoming SR-AHEC programs.
- Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies _____

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Mastercard / Visa # _____ Expiration Date (mm/yy) _____

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Registration

Please choose one Breakout Session from each time frame for the day(s) you are attending. You will automatically be registered for the plenary sessions.

Day 1 - March 2nd

10:45 am – 12:15 pm

- A. Policy and Interventions for Adults with Serious Mental Illness and Criminal Justice Involvement
- B. Medical Management of Substance Use Disorders
- C. Our Kids are not Broken: Working with Marginalized, Traumatized, and ALL Youth (Deeper Dive)
- D. Ethics: Client Centered HIPAA Security and Technology in Mental Health- Ethical and Legal Issues for Mental Health Practitioners

1:30 pm – 3:00 pm

- A. Differential Diagnosis and Comorbidities in Autism Spectrum Disorder
- B. Involuntary Outpatient Commitment (OPC) (aka Assisted Outpatient Treatment): The Data and the Controversy
- C. When A Child Client Discloses Sexual Abuse: Guidelines For Staying In Your Lane
- D. Ethics: Client Centered HIPAA Security and Technology in Mental Health- Ethical and Legal Issues for Mental Health Practitioners (Must have attended 1D)

3:30 pm – 5:00 pm

- A. The Current State of Integrated Care
- B. Chronic Pain Management and Addiction
- C. Eligibility and Levels of Care for Mental Health Services in MCO
- D. Ethics: Client Centered HIPAA Security and Technology in Mental Health- Ethical and Legal Issues for Mental Health Practitioners (Must have attended 1D/2D)

Day 2 - March 3rd

10:45 am – 12:15 pm

- A. Legal and Risk Management Considerations in the Age of Technology and Social Media
- B. Best Practices for Medication Management for Children, Adults and Seniors with Intellectual and Developmental Disabilities
- C. Trauma, Toxic Stress, and Implications for Learning
- D. The Opioid Crisis: Turning the Tide

Office Use Only: Check Auth # _____ Date _____ From _____ Amount \$ _____

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