



A Relational Approach to **Clinical Supervision**

Tuesday, May 23, 2017

9 a.m. - 4:30 p.m.

Location:

Cumberland County Partnership for Children
351 Wagoner Drive
Ste. 200, Multi-Purpose Room (Rm. 2328)
Fayetteville, NC 28303

Target Audience

This program is appropriate for mental health professionals who want to deepen their skills in providing clinical supervision. This includes social workers, psychologists, counselors, marriage and family therapists, substance abuse professionals, and all interested others.

Program Description

Research has consistently highlighted the importance of the therapeutic relationship in psychotherapy and therefore it is crucial that clinical supervisors explore these key relationship aspects. Often supervision becomes focused on techniques and interventions in the client/therapist relationship and the alliance is taken as a given. One of the best ways a clinical supervisor can teach the importance of relationship and alliance is to model and explore key aspects of relationship in the supervisory dyad. This workshop will present a relational approach to supervision that discusses support for the supervisee, promoting safety in the relationship, exploration of countertransference, and parallel process. The workshop will also explore the line between personal therapy and supervision and the ethical implications of delving into supervisee countertransference. Numerous case examples will be used throughout the workshop to illustrate key points.

Objectives

Upon completion of this workshop, participants will:

- Identify barriers to supervisee disclosure and strategies to promote safety in the supervisory relationship;
- Describe the difference between administrative, supportive and educational supervision and the basics of providing good clinical supervision;
- Explain parallel process in the supervisory relationship and how to use it to improve client outcomes;
- Articulate a basic understanding of the Common Factors research and of attachment styles; and
- List the ethical issues involved in exploring supervisee countertransference and how to broach personal issues in supervision without crossing the line into personal therapy.

Agenda

8:30 a.m.	Registration
9 a.m.	Welcome and Introduction Review of Supervision Basics
10:30 a.m.	Break
10:45 a.m.	Review of "Common Factors" Model in Psychotherapy Research
11:15 a.m.	Relational Approach to Supervision – Beginning: Fostering Safety, Understanding, Supervisee Nondisclosure, Attachment Styles
12 p.m.	Lunch (on your own)
1 p.m.	Relational Approach to Supervision - Advanced: Parallel Process, Use of Supervisor Countertransference
2 p.m.	Exploring the Line Between Therapy and Supervision, Boundaries, Difficulties in the Supervisory Relationship
2:15 p.m.	Break
2:30 p.m.	(Continued) Exploring the Line Between Therapy and Supervision, Boundaries, Difficulties in the Supervisory Relationship
3:45 p.m.	Wrap up
4:30 p.m.	Adjourn

Fee

\$109.00 on or before 5/16/17; \$ 119.00 thereafter.

Speaker

Marilyn Ghezzi, LCSW is a clinical social worker who worked as a therapist and therapy supervisor in the public mental health system for 24 years. She is currently a Clinical Assistant Professor at UNC -Chapel Hill School of Social Work and teaches courses on mental health theory and practice, group work, brief treatment, trauma and violence and many other mental health topics. Marilyn continues to practice as a clinical social worker including providing clinical supervision to mental health professionals. Marilyn also presents AHEC workshops on group work, working with severe and persistently mentally ill and treating borderline personality disorder and DSM-5.

This presenter is being supported through the partnership between UNC CH, School of Social Work and the NCAHEC.

Credit

CEU: 0.6

Contact Hours: 6.0

Credit will be awarded to participants who attend 100% of the program.

SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #843 (Substance Abuse Credit).

The program will provide 6.0 contact hours (category A) continuing education credit to NC psychologists. Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5362. Programs that do not qualify for NBCC credit are clearly identified. Southern Regional AHEC is solely responsible for all aspects of the programs.



No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Contact(s)

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Registration Form

Form may be duplicated.

Ethics: A Relational Approach to Clinical Supervision

CASCE #51977/ MH170523

Phone: 910-678-7226 **Fax:** 910-323-0674

Online: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=51977>

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name _____ Last 4 digits of SS# _____

Certifications/Degrees _____ Specialty Area _____ Are you an NCC? _____

Employer _____ Job Title _____

Work Address _____ City _____ State _____ Zip Code _____

Home Address _____ City _____ State _____ Zip Code _____

Phone (work) _____ (home) _____

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) _____ (secondary) _____

Do not send email announcements of upcoming SR-AHEC programs. Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies _____

Payment Information

Check (Make payable to SR-AHEC)

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Name on Card _____ Signature _____

The handouts for the program will be provided online through MyCE located on the SR-AHEC website: www.sr-ahec.org. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html>

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