



# The Complicated Pelvis: Putting the Pieces of the Puzzle Together



Tuesday

**May 9, 2017**

6 - 9 p.m. (Dinner @ 5:30 p.m.)



Southern Regional AHEC  
Gerald A. Strand CE Auditorium  
1601 Owen Drive  
Fayetteville, NC 28304



In affiliation with Duke University Medical Center  
Part of the NC AHEC Program

## Target Audience

Physical Therapists, Assistants and any interested healthcare professional.

## Program Description

Male and female pelvic conditions are finally being recognized as serious and all too common issues, yet there are still large gaps in education regarding care of pelvic conditions. There is often a misunderstanding or incomplete understanding on how the pelvis, pelvic floor and overall core are integrated. With improved understanding of these regions there is better understanding of how to treat or refer patients suffering with pelvic conditions onto a pelvic physical therapy specialist.

This workshop will provide the therapist with improved knowledge of the entire pelvic structure, relationships of all the components of the pelvis to each other and how they can affect the patient's conditions. Improved knowledge in assessment and treatment as well as improved knowledge in referring to specialist. Their ultimate outcome is more effective and earlier successful treatment of patients with pelvic conditions.

## Outcome and Objectives

Upon completion of this knowledge-based program, participants should be able to:

- Integrate the knowledge of pelvic and core anatomy in their practice;
- Utilize basic assessment skills to improve accurate assessment of pelvic conditions;
- Discuss the role of the pelvic floor therapist in order to improve communication and coordinated care of pelvic health patients; and
- Utilize the skills learned in this course to assist in developing and then participating in an interdisciplinary team treating the pelvic health patient.

## Speaker

**Ingrid Harm-Ernandes, PT, WCS, BCB-PMD**, Senior physical therapist/Co-Director Women's Health PT Residency Program at Duke University Medical Center. Ingrid specializes in women's health and orthopedic physical therapy. She is Board Certified by the Biofeedback Certification Institute of America for Pelvic Muscle Dysfunction and also Board Certified by the American Physical Therapy Association (APTA) as a Women's Health Clinical Specialist.

## Agenda

5:30 p.m.	Registration Sign In/Dinner
6 p.m.	Pelvic Health Conditions and how they connect to common conditions that are treated
7 p.m.	Pelvic anatomy and assessment
8 p.m.	Break
8:10 p.m.	Pelvic Health Physical Therapy; specialists, roles, referrals
9 p.m.	Adjourn

## Fee

\$65 if registration and payment received by May 1, 2017; \$75 thereafter.

## Important Information

Early registration is encouraged, as full instructions will be sent with a registration confirmation via e-mail. For continuing education references concerning inclement weather, tobacco policy and ADA requirements, please go to: [sr-ahec.org/ContinuingEd/CE.html](http://sr-ahec.org/ContinuingEd/CE.html)

## Credit

0.3 CEUs

3.0 hours NCBPTE

2.8 Contact Hours CNE

Participants must attend 90% of this activity to be awarded continuing education credit.

As part of the NC AHEC system, SR-AHEC is an NCBPTE approved provider of continuing competence with regards to activities directly related to physical therapy.

Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

At this time, speakers and planners have no conflicts or relevant relationships to disclose. If any are identified, they will be announced at the beginning of the activity.

## Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

## Contact

Andrea.Novak, PhD, RN, BC, FAEN

Andrea.Novak@sr-ahec.org/910-678-7216

### **PLEASE NOTE:**

Construction at Southern Regional AHEC will limit parking availability, therefore, locations for continuing education programs will vary. Please check the communications you have received, including the front of this brochure, to ensure that you know the program's location.

For information on program registration, call 910-678-7226.

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*\*Not redeemable for CME series or contract programs and must be initialed by SR-AHEC personnel at current program.*

# Registration Form

Form may be duplicated.

**The Complicated Pelvis: Putting the Pieces of the Puzzle Together**

CASCE # 51763 / AH170509

**Phone:** 910-678-7226 **Fax:** 910-323-0674

**Mail:** SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

**Click here for online registration:** <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=51763>

Dr.  Mr.  Mrs.  Ms.

First Name Last Name Last 4 digits of SS#

Email (primary) (secondary - only used if primary is undeliverable)

Do not send email announcements of upcoming SR-AHEC programs.  Do not share my information with participants and/or exhibitors.

Home Address City State Zip Code

Employer Job Title

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Phone (work) (home) (cell)

Certifications/Degrees Specialty Area(s) Are you an NCC?

Special Needs / Food Allergies

How did you hear about this SR-AHEC program?

Printed Publication  Email  Fax  Word of Mouth  AHEC web site  MyAHEC  Facebook  Other \_\_\_\_\_

## Payment Information

SR-AHEC requires full payment for all registrations prior to the program date. We no longer accept purchase orders or supervisor's approval signatures in lieu of payment. Access to workshop materials and handouts cannot be released until payment is received. Early and regular rates will be determined by the date of receipt.

Check (Make payable to SR-AHEC)

Mastercard / Visa # Expiration Date (mm/yy)

Name on Card Signature

**Office Use Only:** Check Auth # \_\_\_\_\_ Date \_\_\_\_\_ From \_\_\_\_\_ Amount \$ \_\_\_\_\_

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