

# The Biopsychosocial Approach to Chronic Pain Management: Interdisciplinary Considerations for Veterans

**Wednesday, May 24, 2017 (12 - 1 p.m.)**

## Target Audience

Physicians, physician assistants, nurse practitioners, nurses, social workers, counselors, psychologists, and other health care professionals.

## Description

This presentation will review the prevalence of chronic non-cancer pain conditions and common physical and psychiatric comorbidities in U.S. Military Veterans. The impact of chronic pain and co-occurring conditions will be discussed in the context of effective treatment approaches. Targeted treatment approaches to be presented are consistent with National and Veterans Affairs chronic pain treatment guidelines and recommendations which include multimodal pain care and implementation of the biopsychosocial model. This presentation will also address common barriers to successful integration of effective pain care strategies and will provide information on how community providers can more successfully engage as a member of their interdisciplinary pain team.

## Objectives

- Describe the impact and prevalence of chronic pain conditions and commonly co-occurring comorbidities in Veterans;
- Describe the National (including VA) response to the challenges of effective chronic pain management; and
- Increase understanding of how to more effectively engage as a member of an interdisciplinary chronic pain management team.

## Fee

There is no fee for this web conference.

## Agenda

|            |                             |
|------------|-----------------------------|
| 11:55 a.m. | Log-on and Dial-in          |
| 12 noon    | Web Conference              |
| 12:55 p.m. | Question and Answer Session |
| 1 p.m.     | Evaluation and Adjournment  |

## Credit

CEU – 0.1 hour will be awarded for those who attend 100% of the webinar and complete an evaluation at the conclusion. Evaluation and certification information will be sent via e-mail after the program. If you would like credit please use the Webex registration form prior to the webinar to make the request.

## Speaker

**Jennifer C. Naylor, PhD** received her Ph.D. in Experimental Psychology (Brain & Cognitive Sciences) from Miami University, and a Clinical Psychology Respecialization from Duke University. She completed her APA-approved Clinical Psychology Internship at the Charleston Consortium (Medical University of South Carolina and Ralph H. Johnson VA Medical Center). Dr. Naylor is currently an Assistant Professor in the Department of Psychiatry and Behavioral Sciences at Duke University Medical Center. She is also the VISN 6 Mid-Atlantic Mental Illness, Research, Education, and Clinical Center (MIRECC) Clinical Core Assistant Director of Translational Science, and the VISN 6 MIRECC Associate Director of the Interventions and Metabolomics Core. Dr. Naylor's primary research interests include investigating the use of neurosteroids and other small molecules as novel pharmacological interventions for chronic pain disorders. Dr. Naylor is an active member of the Durham VA's Interdisciplinary Pain Team, providing direct clinical care to Veterans and is actively engaged in the development and implementation of a variety of educational initiatives to improve chronic pain management.

## Contact

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## LOG ON AND REGISTRATION INFORMATION

*Part of the Duke Psychiatry Web Conference Series*

Use Internet Explorer and confirm Java is up-to-date. Multiple participants at a single site must inform the conference operator of all participants' names. Participants must be logged on and dialed in to fully participate in the web-conference. Five minutes prior to the start of the program, please log-on using the following instructions:

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- \*A new link is used for each web conference, so be sure the use the one provided. **You may also use this link to register.**

- First register for the event and then log-in. The password will be 1234.
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