



Evidence-Based Services for ASD and Related Disorders Across the Lifespan

In Association With:
The Carolina Institute for Developmental Disabilities

Friday, April 07, 2017

9 a.m. - 4:30 p.m.

Location:

Cumberland County Partnership for Children
351 Wagoner Drive
Ste. 200, Charles Morris Room (Rm. 1256)
Fayetteville, NC 28303

Target Audience

Psychologists and other clinicians who work with individuals with autism.

Program Description

There is increasing recognition of the high prevalence of autism in our communities as well as the substantial costs to individuals, families, and communities. There is also widespread recognition of the inadequacy of autism services and research, and nowhere is this problem more apparent than in NC where the crisis in mental health is now widely recognized. This program is aimed primarily at clinical psychologist, but is also appropriate for other clinicians who work with individuals with autism. The program will feature leading researchers and clinicians from the Carolina Institute for Developmental Disabilities (CIDD) - Chapel Hill, NC who will discuss the latest developments in research and practice relevant to autism clinicians.

Objectives

Upon completion of this workshop, participants will be able to:

Interventions for ASD Beyond the Preschool Years (including online learning modules on EBPS for school professionals): *Ann Sam, Ph.D*

- Describe how 27 focused interventions were found to be evidence based practices;
- Identify 3 reasons why choosing to use EBPs is preferred treatment practice; and
- Discuss where to find accessible information about how to use these practices effectively and their research base.

School-based Interventions for Preschoolers with ASD (include ESDM): *Brian Boyd, Ph.D*

- To discuss with participants school-based comprehensive treatment models serving preschool-aged children with autism spectrum disorder, and
- Describe an in-depth model of one, Advancing Social-communication And Play (ASAP), using a case example.

Behavioral and Medication Management of ASD and Related Disorders: *Jean Mankowski, PhD & Rob Christian, MD*

- Discuss evidence based medication approaches,
- Discuss the state of the evidence in pharmacotherapy,
- Review why certain non-evidence based practices may occur, and
- Describe the risks of psychiatric polypharmacy within the context of ASD and related IDD;
- Discuss and gain familiarity with evidence based behavior management practices in individuals with ASD and related IDD.

Augmentative and Alternative Communication Strategies for Individuals with ASD and Related Disorders: *Debra Reinhartsen, Ph.D, CCC-SLP & Margaret DeRamus, MS, CCC-SLP*

- Review general knowledge about augmentative and alternative communication (AAC).
- Identify an individual with complex communication needs and when and how to refer the individual for an evaluation.
- Discuss some evidence-based AAC strategies that can be used by all practitioners to support individuals with ASD and other related disorders.

Social, Emotional and Cognitive Interventions for Individuals with ASD and Related Disorders: *Morgan Parlier, MSW, LCSW; Sherry Mergner, MSW, LCSW; and Margaret DeRamus, MS, CCC-SLP*

- Explain the emotional regulation and social challenges faced by individuals with ASD and related disorders;
- Describe the origins of social cognitive challenges in individuals with ASD and how these can affect behavior, relationships and academics.
- Discuss selected emotional regulation and social cognitive intervention strategies that can be taught to individuals with ASD and related disorders to help improve behavior and flexibility throughout their day.

Fee

\$125.00

Speakers

Brian A. Boyd, Ph.D. is an Associate Professor and Associate Chair for Research in the Department of Allied Health Sciences at UNC-Chapel Hill. He has over 20 years of clinical and research experience related to young children with autism spectrum and related developmental disorders. Dr. Boyd's research interests have primarily focused on the development and evaluation of evidence-based interventions for children with autism.

Robert Christian, MD is a native of Chapel Hill, NC and attended medical school at the UNC School of Medicine. He trained in General Pediatrics, Adult Psychiatry, and Child/Adolescent Psychiatry at the Brown University Triple Board residency program. Dr. Christian's clinical work has focused on the IDD population since coming to the Carolina Institute for Developmental Disabilities at UNC School of Medicine in 2009.

Margaret DeRamus, MS, CCC-SLP received her Master of science in speech language and hearing sciences from the University of North Carolina at Chapel Hill. She is currently a practicing licensed Speech and Language Pathologist at the Carolina Institute for Developmental Disabilities at the University of North Carolina at Chapel Hill.

Jean Mankowski, PhD. received her PhD in School Psychology from the University of North Carolina at Chapel Hill and did her post-doctoral fellowship in Developmental Disabilities and Leadership Education in Neurodevelopmental Disabilities at UNC's Clinical Center for the Study of Development and Learning. She is a Licensed Psychologist and Clinical Assistant Professor in the Department of Psychiatry within UNC's School of Medicine. Dr. Mankowski's specialty is in assessing and treating difficult behaviors in individuals with or at risk for intellectual and developmental disabilities.

Sherry Mergner, MSW, LCSW is a Clinical Assistant Professor and the AHEC Liaison at UNC-CH, School of Social Work, where she coordinates continuing education programs for mental health, substance abuse and developmental disability professionals. She is also clinical social work faculty for the Leadership Education in Neurodevelopmental Disorders (LEND) grant at the Carolina Institute for Developmental Disabilities, where she recruits social workers for this specialized training in Developmental Disabilities. In addition, Sherry provides clinical services to families at the CIDD. Her passion is working with individuals who have social cognitive challenges.

Morgan Parlier, MSW, LCSW joined the CIDD faculty in 2014. She completed her graduate degree through the Joint Master of Social Work program through UNCG and NCA&TSU in 2003. Morgan has more than a decade of experience as a research coordinator for several NIH funded projects exploring the genetic underpinnings of autism spectrum disorder under the supervision of Dr. Joe Piven. Over the last six years, she has been providing clinical services to individuals with developmental disabilities and their families through individual counseling, parent supportive counseling, psychoeducational groups, and interdisciplinary clinics at CIDD. Her clinical interests include: adolescents, adults and older adults with I/DD and their families/caregivers.

Debra Reinhartsen Ph.D, CCC-SLP is a speech-language pathologist (SLP) at the CIDD where she serves as the Speech-Language Pathology Section Head and Director of Dissemination. She has an appointment in the Division of Speech and Hearing Sciences at the Associate Professor level. Dr. Reinhartsen has over 30 years of experience working with individuals with a wide range of developmental and physical disabilities, particularly those with autism and augmentative and alternative communication needs.

Ann Sam, PhD. is a Research Scientist at the Frank Porter Graham Child Development Institute at UNC-Chapel Hill. Dr. Sam's work focuses on practitioners using evidence-based practices to support learners with ASD.

Agenda

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| 8 a.m. - 8:30 a.m. | Continental Breakfast, Registration |
| 8:30 a.m. - 8:40 a.m. | Welcome and Introductions
Gabriel Dichter, PhD Associate Professor, Departments of Psychiatry and Psychology & Neuroscience, University of North Carolina at Chapel Hill; Faculty, Carolina Institute for Developmental Disabilities (CIDD) |
| 8:40 a.m. - 9:45 a.m. | Interventions for ASD Beyond the Preschool Years
Ann Sam, PhD Investigator at the Frank Porter Graham Child Development Institute, University of North Carolina at Chapel Hill |
| 9:45 a.m. - 10:05 a.m. | Break |
| 10:05 a.m. - 11:15 a.m. | School-based Interventions for Preschoolers with ASD
Brian Boyd, PhD Faculty, Division of Occupational Science & Occupational Therapy, Department of Allied Health Sciences, University of North Carolina at Chapel Hill |
| 11:20 a.m. - 12:30 p.m. | Behavioral and Medication Management of ASD and Related Disorders
Rob Christian, MD Clinical Assistant Professor of Pediatrics and Child Psychiatry, School of Medicine, University of North Carolina at Chapel Hill
Jean Mankowski, PhD Clinical Assistant Professor, Department of Psychiatry, University of North Carolina at Chapel Hill; Director of Training, NC-LEND, Carolina Institute for Developmental Disabilities (CIDD) |

12:30 p.m. - 1:40 p.m.

Lunch

1:40 p.m. - 2:50 p.m.

Augmentative and Alternative Communication Strategies for Individuals with ASD and Related Disorders

Debra Reinhartsen, PhD, CCC-SLP Speech-Language Pathology Section Head and Faculty, Carolina Institute for Developmental Disabilities (CIDD); Associate Professor, Division of Speech and Hearing Sciences, University of North Carolina at Chapel Hill

Margaret DeRamus, MS, CCC-SLP Speech and Language Pathology Faculty, Carolina Institute for Developmental Disabilities (CIDD) Clinical Instructor, Department of Psychiatry, University of North Carolina at Chapel Hill

2:50 p.m. - 3:10 p.m.

Break

3:10 p.m. - 4:20 p.m.

Social, Emotional and Cognitive Interventions for Individuals with ASD and Related Disorders

Sherry Mergner, MSW, LCSW Clinical Assistant Professor/AHEC Liaison, School of Social Work, University of North Carolina at Chapel Hill; Social Work Faculty Mentor for the Leadership Education in Neurodevelopmental Disorders (LEND) training program, Carolina Institute for Developmental Disabilities (CIDD)

Morgan Parlier, MSW, LCSW Clinical Social Work Faculty; Research Coordinator; Carolina Institute for Developmental Disabilities (CIDD) University of North Carolina at Chapel Hill

Margaret DeRamus, MS, CCC-SLP Speech and Language Pathology Faculty, Carolina Institute for Developmental Disabilities (CIDD) Clinical Instructor, Department of Psychiatry, University of North Carolina at Chapel Hill

4:20 p.m. - 4:30 p.m.

Closing and Dismissal

Gabriel Dichter, PhD Associate Professor, Departments of Psychiatry and Psychology & Neuroscience, University of North Carolina at Chapel Hill; Faculty, Carolina Institute for Developmental Disabilities (CIDD)

Credit

C.E.U.: 0.6

C.N.E. Contact Hours: 6.0

Contact Hours: 6.0

NCBPTE Contact Hours: 6.0

Credit will be awarded to participants who attend 100% of the program. SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #843 (Substance Abuse Credit).

The program will provide 6.0 contact hours (category A) continuing education credit to NC Psychologists. Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5362.

Programs that do not qualify for NBNCC credit are clearly identified. Southern Regional AHEC is solely responsible for all aspects of the programs. No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit.



Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Participants must attend at least 90% of this activity to be awarded CNE credit.

6.0 NCBPTE Contact Hours Southern Regional AHEC, as a part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical activity.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Contacts

Bertina Parkins, Director Mental Health CE
910-678-7032 / Bertina.Parkins@sr-ahec.org

Melanie Wheeler, Program Assistant Mental Health CE, SR-AHEC
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Registration Form

Form may be duplicated.

Evidence-Based Services for ASD and Related Disorders Across the Lifespan

CASCE #51261/ MH170407

Phone: 910-678-7226 **Fax:** 910-323-0674

Online: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=51261>

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name _____ Last 4 digits of SS# _____

Certifications/Degrees _____ Specialty Area _____ Are you an NCC? _____

Employer _____ Job Title _____

Work Address _____ City _____ State _____ Zip Code _____

Home Address _____ City _____ State _____ Zip Code _____

Phone (work) _____ (home) _____

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) _____ (secondary) _____

Do not send email announcements of upcoming SR-AHEC programs. Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies _____

Payment Information

Check (Make payable to SR-AHEC)

Mastercard / Visa # _____ Expiration Date (mm/yy) _____

Name on Card _____ Signature _____

The handouts for the program will be provided online through MyCE located on the SR-AHEC website: www.sr-ahec.org. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html>

Office Use Only: Check Auth # _____ Date _____ From _____ Amount \$ _____

SR-AHEC.org
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(910) 678-7226

Southern Regional
AHEC | Area Health
Education Center