



Cultural Differences: **Focus on Behavioral** **Health**

Thursday, May 11, 2017

9 a.m. - 4:30 p.m.

Location:

Cumberland County Partnership for Children
351 Wagoner Drive
Ste. 200, Charles Morris Room (Rm. 1256)
Fayetteville, NC 28303

Target Audience

This program has been planned for substance abuse professionals, counselors, social workers, psychologists, and other interested mental health professionals.

Program Description

According to former Surgeon General, David Satcher, "when it comes to mental health, culture counts." [Mental Health: Culture, Race and Ethnicity, 1999] For years now, cultural competency and diversity training has been required in many agencies, but what does culture have to do with our practice in behavioral health? In this experiential presentation, we will examine our own culture as a beginning place to understanding other cultures we face in our practice settings. We will also discuss the impact of culture on our assessments and treatments.

Objectives

Upon completion of this workshop, participants will be able to:

- Recognize own cultural values and beliefs;
- Identify areas where own cultural beliefs differ from another's;
- Discuss mental health/psychiatric theories underlying cultural biases; and
- Apply and integrate cultural understanding into therapeutic practice with clients.

Fee

\$109.00 if registration and payment are postmarked on or before May 4, 2017; \$119.00 thereafter.

Speakers

Alicia M. Gonzalez, MSN, RN, CS has worked in inpatient and outpatient psychiatry for over 35 years. Currently she has a part-time private practice in psychotherapy in Durham and work with the Duke AHEC Program. Through her work with AHEC, she has developed and presented several courses for healthcare providers on the topic of culture.

Alicia was born in Honduras and raised in New Orleans, spending summers in Honduras with her aunts and grandmother. English and Spanish were both spoken in her home and in the homes of her aunts. As an adult, she has traveled to Honduras on medical mission trips in conjunction with the Duke School of Medicine and a Honduran organization, The Christian Commission for Development.

Monica Taylor, MSL, MSW has over 15 years of experience in Clinical Education and Professional Development at Duke Health. Her career at Duke Health has allowed her the opportunity to work in management in an outpatient clinic, serve as a coordinator of new employee orientation for the health system, and develop as a Cultural Competency and Diversity facilitator. She volunteers as a Mediator throughout the hospital and university. She has had the opportunity to present nationally for the Nursing Staff and Development Conference in relation to incorporating cultural awareness, inclusion and belonging in the workplace.

Agenda

8:30 a.m. - 9 a.m.

Registration/Introduction

9 a.m. - 10 a.m.

Introduction

- Objectives
- Reasons for Attending

What is Culture?

- Definitions
- Myths
- Key Aspects

10 a.m. - 10:30 a.m.	Understanding Own Culture Culture Groups Activity
10:30 a.m. - 10:45 a.m.	Break
10:45 a.m. - 12 p.m.	Understanding Own Culture Culture Groups Activity (con't)
12 p.m. - 1 p.m.	Lunch (On Your Own)
1 p.m. - 2 p.m.	Mental Health/Psychiatric Culture
2 p.m. - 2:30 p.m.	Culture Impacts in Treatment <ul style="list-style-type: none"> • From the Client's Perspective • From the Clinician's Perspective
2:30 p.m. - 2:45 p.m.	Break
2:45 p.m. - 3:15 p.m.	Culture Impacts in Treatment (con't) <ul style="list-style-type: none"> • From the Client's Perspective • From the Clinician's Perspective
3:15 p.m. - 4:15 p.m.	Implementing Cultural Competent Care
4:15 p.m. - 4:30 p.m.	Summary and Evaluations
4:30 p.m.	Wrap-up

Credit

C.E.U.: 0.6

Contact Hours: 6.0

Credit will be awarded to participants who attend 100% of the program. SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #843 (Substance Abuse Credit).

The program will provide 6.0 contact hours (category A) continuing education credit to NC Psychologists. Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5362.



Programs that do not qualify for NBNCC credit are clearly identified. Southern Regional AHEC is solely responsible for all aspects of the programs. No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Contacts

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Kate Smith, Program Assistant Mental Health CE, SR-AHEC
910-678-7305 / Kate.Smith@sr-ahec.org

Registration Form

Form may be duplicated.

**Cultural Differences: Focus
on Behavioral Health**

CASCE #52253 / MH170511

Phone: 910-678-7226 **Fax:** 910-323-0674

Online: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=52253>

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name _____ Last 4 digits of SS# _____

Certifications/Degrees _____ Specialty Area _____ Are you an NCC? _____

Employer _____ Job Title _____

Work Address _____ City _____ State _____ Zip Code _____

Home Address _____ City _____ State _____ Zip Code _____

Phone (work) _____ (home) _____

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) _____ (secondary) _____

Do not send email announcements of upcoming SR-AHEC programs. Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies _____

Payment Information

Check (Make payable to SR-AHEC)

Mastercard / Visa # _____ Expiration Date (mm/yy) _____

Name on Card _____ Signature _____

The handouts for the program will be provided online through MyCE located on the SR-AHEC website: www.sr-ahec.org. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html>

Office Use Only: Check Auth # _____ Date _____ From _____ Amount \$ _____

SR-AHEC.org
1601 Owen Drive • Fayetteville, NC 28304
(910) 678-7226

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