## Southern Regional AFEC Area Health Education Center

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Sex Addiction Assessment and Intervention Skills for Clinicians

### Thursday, September 28, 2017 9 a.m. - 4:30 p.m.

#### Location:

Cumberland County Partnership for Children 351 Wagoner Drive Multi-Purpose Room Fayetteville, NC 28303

n affiliation with Duke University Medical Center Part of the NC AHEC Program

#### **Target Audience**

Social workers, licensed professional counselors, addiction professionals, psychologists, mental health clinicians, health and human service practitioners, and other health care professionals.

#### **Program Description**

Sex addiction remains a controversial clinical topic, with some researchers and practitioners in disagreement regarding consistent diagnostic criteria or an effective treatment approach. This workshop is designed for mental health professionals as an introduction to the latest information (and debate) regarding compulsive sexual behaviors and a clinical overview of the current research and therapeutic interventions. The goal is to move beyond "sex addiction 101" and provide clinicians with the practical tools to appropriately identify and assess the behaviors that may be causing distress for clients.

This program will incorporate lecture, case studies, and treatment demonstrations to help participants build a clinical competence for approaching addictive behaviors related to sex, pornography, or love. With an increasing number of clients reporting difficulty related to these behaviors, it is important for mental health professionals to be comfortable discussing these topics and able to identify the appropriate resources and referral options.

#### Objectives

Upon completion of this workshop, participants will be able to:

- · Identify and clinically assess compulsive sexual behaviors;
- Demonstrate the use of appropriate screening and measurement tools to determine required level of care;
- Discuss the controversies and debate around diagnostic criteria for sex, love, and pornography addictions;
- Explain the neuroscientific perspectives of problematic sexual behaviors;
- Describe the current research related to sex and porn addiction;
- Outline the recovery process from sex addiction;
- · List the most common therapeutic approaches to sex addiction treatment;
- Explain state and federal clinical reporting requirements with regard to sexual offending behaviors; and
- Identify appropriate resources and referral options.

#### Fee

\$109.00 if registration and payment are postmarked on or before September 22, 2017; \$119.00 thereafter.

#### Speaker

**Michael Lazar, MSW, LCSWA, LCASA,** is a clinical social worker specializing in the assessment and treatment of sex and pornography addiction, and currently works with clients in the Raleigh/Durham/Chapel Hill area. In addition to his clinical work, Michael is a doctoral student at the University of North Carolina at Chapel Hill (UNC) with a research focus on the prevention and treatment of behavioral addictions (e.g., sex, gambling, internet use, video gaming). Previously, he earned a Master of Social Work degree from UNC with a Certificate in Substance Abuse Studies and a Bachelor of Science degree in Substance Abuse Counseling from the University of Cincinnati.

Michael is licensed in North Carolina as a Clinical Social Work Associate and a Clinical Addiction Specialist Associate and is credentialed as a Certified Sex Addiction Therapist (CSAT) having worked with Dr. Patrick Carnes. He is a member of the International Institute for Trauma and Addiction Professionals (IITAP), the Society for the Advancement of Sexual Health (SASH), the National Council on Association of Social Workers Problem Gambling (NCPG), and the National (NASW).

This presenter is being supported through the partnership between UNC-CH, School of Social Work and the NCAHEC Program .

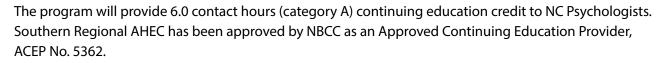
#### Agenda

8:30 a.m 9 a.m.	Registration/Introduction	
9 a.m 10:15 a.m.	Sex addiction: Definitions and debate	
	Current research and neuroscientific perspectives	
10:15 a.m 10:30 a.m.	Break	
10:30 a.m. – 12 p.m.	Assessment and Diagnosis	
12 p.m - 1 p.m.	Lunch (on your own)	
1 p.m 2:45 p.m.	Understanding treatment	
	Additional support (12-step, technology options, third-party tools)	
	Exercise #1	
2:45 p.m 3 p.m.	Break	
3 p.m 4:30 p.m.	Case study #2 / discussion	
	Offending behaviors (i.e., sex addiction and the law)	
	Referral options	
4:30 p.m.	Adjourn	

#### Credit

<u>C.E.U.</u>: 0.6 <u>Contact Hours:</u> 6.0

Credit will be awarded to participants who attend 100% of the program. SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #843 (Substance Abuse Credit).



Programs that do not qualify for NBCC credit are clearly identified. Southern Regional AHEC is solely responsible for all aspects of the programs. No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit.

#### Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Please bring a light jacket or sweater for your own comfort; the temperature of the room is controlled by thermostat and we are unable to make any adjustments.

#### Contacts

Bertina Parkins, Director Mental Health CE 910-678-7032 / Bertina.Parkins@sr-ahec.org

Kate Smith, Program Assistant Mental Health CE, SR-AHEC 910-678-7305 / Kate.Smith@sr-ahec.org



# **Registration Form** Form may be duplicated.

#### Phone: 910-678-7226 Fax: 910-323-0674

**Online:** http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=52942

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name		Last 4 digits of SS#
Certifications/Degrees	Specialty Area	Are you an NCC?
Employer	Job Title	
Work Address	City	State Zip Code
Home Address	City	State Zip Code
Phone (work)	(home)	
A valid email address is needed for program	n communications. The secondary email will only be used if y	our primary email replies as "undeliverable."
Email (primary)	(secondary)	
□ <u>Do not</u> send email announcements of up	ocoming SR-AHEC programs.	on with participants and/or exhibitors.
Special Needs / Food Allergies		
Payment Information		
Check (Make payable to SR-AHEC)		
□ Mastercard / Visa #		Expiration Date (mm/yy)
Name on Card	Signature	
is encouraged, as full access instruction	provided online through MyCE located on the SR-AHEC w ns will be sent with registration confirmation via e-mail.	
For Continuing Education References c sr-ahec.org/ContinuingEd/CE.html	concerning inclement weather, tobacco-free campus and	ADA requirements, please go to: http://
Office Use Only: Check Auth #_	DateFrom	Amount \$
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