



# OB Update for Nurses



Tuesday

**May 02, 2017**

8 a.m. - 4:15 p.m.



Cumberland County Health Department  
Third Floor Classroom  
1235 Ramsey St.  
Fayetteville, NC 28301



In affiliation with Duke University Medical Center  
Part of the NC AHEC Program

## Target Audience

Obstetrical Nurses or any health care worker wanting to increase their knowledge of obstetrical care

## Program Description

Obstetrical Nurses have to be on the cutting edge of the current trends in their specialty. Join us for this one day program to discuss what is trending in OB Nursing.

## Outcome

To provide evidence based education on obstetrical nursing topics.

## Objectives

- Discuss the ongoing Zika pandemic and provide updates on the transmission and occurrence in the US and abroad.
- Describe the public health response to Zika virus emergence in the US and abroad.
- Characterize the health effects and risks of Zika infection among pregnant women and other vulnerable populations.
- Understand the clinical and diagnostic guidance to healthcare providers.
- Discuss the indications and recommended dosing pattern for safe use of pitocin during labor.
- Identify risks to mother and child with pitocin use for augmentation or induction of labor.
- Recognize conditions in which pitocin use is no longer safe during labor.
- Identify alternatives to pitocin use during labor.
- Describe methods for implementing a successful lactation environment.
- Identify the components of a successful lactation program.
- Identify in-patient and out-patient behaviors that put the breastfeeding relationship at risk.
- Review the current trends of utilizing nitrous oxide for labor analgesia including risks, benefits, and safety concerns.
- Identify the 4 most common mental health problems of pregnant women.
- Recognize the impact of untreated or under treated mental illness on mortality and morbidity in pregnancy.
- List screening strategies to more accurately identify women with mental health problems.
- Identify available treatment regimens for pregnant women with mental health problems.

## Speakers

**John Wallace, PhD, MSPH**, NC Institute for Public Health, UNC Gillings School of Global Public Health, Chapel Hill, NC

**Jarrold Tom Johnston, MSN, CNM, IBCLC**, Assistant Professor of Nursing, Methodist University, Fayetteville, NC

**Laurey Tyson, CNM, MSN**, Chief, OB/GYN Ambulatory Services, Womack Army Medical Center, Ft. Bragg, NC

**Cheryl Carroll, CNM, PMHNP MSN**, Women's Health Alliance, Durham, NC

## Fee

\$120.00 if registration and payment received by April 18, 2017; \$130.00 thereafter

\$108.00 per person for groups of 3 or more registering together with one form of payment by April 18, 2017; \$117.00 thereafter.

*SR-AHEC requires full payment for all registrations prior to the program date. We no longer accept purchase orders or supervisor's approval signatures in lieu of payment. Access to workshop materials and handouts cannot be released until payment is received. Early and regular rates will be determined by the date of receipt.*

## **Agenda**

7:30 a.m. - 7:55 a.m.	Sign In
7:55 a.m. - 8 a.m.	Welcome
8 a.m. - 9:15 a.m.	Safe Use of Pitocin
9:15 a.m. - 9:30 a.m.	Break
9:30 a.m. - 11 a.m.	Strategies for Successful Lactation
11 a.m. - 11:15 a.m.	Break
11:15 a.m. - 12:15 p.m.	Nitrous Oxide Use in Labor
12:15 p.m. - 1:15 p.m.	Lunch (provided)
1:15 p.m. - 2:30 p.m.	Zika: What's the Latest Update
2:30 p.m. - 2:45 p.m.	Break
2:45 p.m. - 4:15 p.m.	Mental Health Challenges in Pregnancy
4:15 p.m.	Adjourn

## **Credit**

CNE: 6.5 CNE hours will be awarded to participants who attend 90% of this educational activity.

Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

At this time, speakers and planners have no conflicts or relevant relationships to disclose. If any are identified, they will be announced at the beginning of the activity.

## **Substitutes/Refunds/Transfers**

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

## **Contact**

Sherri G. Eubanks, BSN, RN  
sherri.eubanks@sr-ahec.org / 910-678-7246

For information on program  
registration, call 910-678-7226.

# Registration Form

Form may be duplicated.

**OB Update for Nurses**  
CASCE #51083 / NU170502

**Phone:** 910-678-7226 **Fax:** 910-323-0674

**Mail:** SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

**Click here for online registration:** <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=51083>

Circle one: Dr. Mr. Mrs. Ms.

Name \_\_\_\_\_ Last 4 digits of SS# \_\_\_\_\_

Certifications/Degrees \_\_\_\_\_ Specialty Area \_\_\_\_\_ Are you an NCC? \_\_\_\_\_

Employer \_\_\_\_\_ Job Title \_\_\_\_\_

Work Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (work) \_\_\_\_\_ (home) \_\_\_\_\_

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) \_\_\_\_\_ (secondary) \_\_\_\_\_

Do not send email announcements of upcoming SR-AHEC programs.  Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies \_\_\_\_\_

## Payment Information

Check (Make payable to SR-AHEC)

Mastercard / Visa # \_\_\_\_\_ Expiration Date (mm/yy) \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature \_\_\_\_\_

*The handouts for the program will be provided online through MyCE located on the SR-AHEC website: [www.sr-ahec.org](http://www.sr-ahec.org). Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail. For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html>*

**Office Use Only:** Check Auth # \_\_\_\_\_ Date \_\_\_\_\_ From \_\_\_\_\_ Amount \$ \_\_\_\_\_