



# Basic **Nursing** Skills Lab

Thursday, September 7, 2017  
8:30 a.m. - 4 p.m.

Location:  
TBD

## Target Audience

RN Refresher Students, nurses or other healthcare workers desiring a review of basic nursing skills.

## Program Description

Proficiency when performing basic nursing skills is an expectation for all nurses. This one day workshop will review and provide hands on opportunity to practice and demonstrate competency for the following nursing skills: sterile gloving; establishing and maintaining a sterile field; insertion and removal of a urinary catheter and nasogastric tube; proper technique for obtaining vital signs; administering intramuscular, subcutaneous, and intradermal injections; correct technique for setting up intravenous equipment (to include priming the intravenous tubing and saline lock), insertion of a peripheral intravenous catheter, and maintaining fluids, discontinuation of intravenous fluids; and applying sterile dressings.

## Outcomes

- Demonstrate appropriate technique for obtaining vital signs, to include temperature, blood pressure, pulse, respirations and pulse oximeter;
- Demonstrate correct technique for administering intramuscular, intradermal, and subcutaneous injections;
- Demonstrate proper technique for applying sterile bandages;
- Demonstrate correct procedure for insertion and removal of a urinary catheter (male and female.);
- Demonstrate correct procedure for insertion and removal of a nasogastric tube;
- Demonstrate correct technique for setting up intravenous equipment (to include priming the intravenous tubing and saline lock), insertion of a peripheral intravenous catheter, and maintaining fluids. Discontinuation of intravenous fluids;
- Identify correct injection sites;
- Identify and demonstrate correct technique for applying and removing sterile gloves;
- Identify and demonstrate correct technique for establishing and maintaining a sterile field; and
- Demonstrate and practice skills learned.

## Speakers

**Mary Ann Turner, MSN, RN**, has been a nurse educator for 15 years. Mary Ann is a Live NCLEX Review nurse educator for ATI Solutions, Inc., as well as serving as adjunct faculty for UNC-Pembroke and Bladen Community College. She has over 23 years experience as an AHA instructor for BLS, ACLS, and PALS.

## Agenda

8:30 a.m. - 9 a.m.	Sign In / Registration
9 a.m. - 9:30 a.m.	Vital Signs
9:30 a.m. - 10 a.m.	Intradermal, Intramuscular, Subcutaneous Injections
10 a.m. - 10:15 a.m.	Identify Correct Injections Sites
10:15 a.m. - 10:45 a.m.	Sterile Bandages
10:45 a.m. - 11 a.m.	Break
11 a.m. - 11:30 a.m.	Urinary Catheter
11:30 a.m. - 12 p.m.	Nasogastric Tubes
12 p.m. - 1 p.m.	Lunch (on your own)
1 p.m. - 2 p.m.	IV Fluids Set Up and Administration
2 p.m. - 2:15 p.m.	Sterile Gloves
2:15 p.m. - 2:45 p.m.	Sterile Field
2:45 p.m. - 3 p.m.	Break
3 p.m. - 4 p.m.	Practice Stations
4 p.m.	Adjourn

## Fee

\$110.00 Early Bird Fee – if registered by August 31, 2017.

\$120.00 Late Fee – after August 31, 2017.

*SR-AHEC requires full payment for all registrations prior to the program date. We no longer accept purchase orders or supervisor's approval signatures in lieu of payment. Access to workshop materials and handouts cannot be released until payment is received. Early and regular rates will be determined by the date of receipt.*

## Credit

CNE: 5.5 Contact Hours. CNE will be awarded to participants who attend 90% of this activity.

Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Any conflict of interest from the speaker will be announced at the beginning of the event.

CEU: 0.5 CEU's awarded to participants who attend 90% of both programs.

## Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

## Contact

Sherri Eubanks BSN, RN

Director of Nursing CE/RN Refresher Coordinator, SR-AHEC

910-678-7246 / sherri.eubanks@sr-ahec.org

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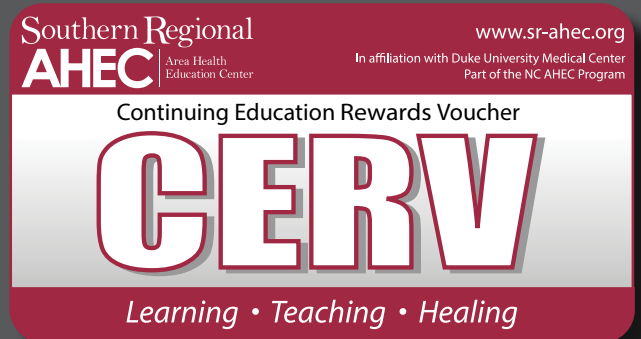
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Would you like \$35 toward one of our programs? It's yours with your Continuing Education Rewards Voucher (CERV). When you attend your next program with us, you will receive a CERV card. Bring it with you each time you attend a program and one of our continuing education staff members will initial it for you. After you have attended five programs, your card can be redeemed for \$35 toward a \*future program. It's just our way of saying, "thanks" to great customers, like you!



*\*Not redeemable for CME series or contract programs and must be initialed by SR-AHEC personnel at current program.*

# Registration Form

Form may be duplicated.

**Basic Nursing Skills Lab**  
CASCE #52784 / NU170907

**Phone:** 910-678-7226 **Fax:** 910-323-0674

**Online:** <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=52784>

**Mail:** SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name		Last 4 digits of SS#	
Certifications/Degrees	Specialty Area	Are you an NCC?	
Employer	Job Title		
Work Address	City	State	Zip Code
Home Address	City	State	Zip Code
Phone (work)	(home)		

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary)	(secondary)
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Do not send email announcements of upcoming SR-AHEC programs.  Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies

## Payment Information

Check (Make payable to SR-AHEC)

<input type="checkbox"/> Mastercard / Visa #	Expiration Date (mm/yy)
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Name on Card	Signature
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*The handouts for the program will be provided online through MyCE located on the SR-AHEC website: [www.sr-ahec.org](http://www.sr-ahec.org). Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.*

*For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html>*

**Office Use Only:** Check Auth # \_\_\_\_\_ Date \_\_\_\_\_ From \_\_\_\_\_ Amount \$ \_\_\_\_\_

SR-AHEC.org  
1601 Owen Drive • Fayetteville, NC 28304  
(910) 678-7226

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