



**Nutrition Update: Food
Allergies, Fads and
Special Needs Diets**

Tuesday
October 24, 2017
9 a.m. - 4 p.m.

Location:
TBA

Target Audience

Dietitians, nurses, and all healthcare professionals.

Program Description

Nutrition trends that were once popular tend to fade and there are emerging diets and nutrition topics that take the spotlight. We will explore a variety of diets that are accepted treatment for some diseases and we will evaluate some diets that are in the headlines of current magazines and social media. We will examine evidence-based research about diets that modify proteins and carbohydrates. We will also offer a tasting of new products and specialty products.

Objectives

Upon completion of this knowledge based program, the participant should be able to:

Discuss the impact of diets and nutritional trends on the body's health and disease processes.

Fee

\$99 if payment and registration is received by October 16, \$109 thereafter.

Speaker

Lesley Standord, MS, RD, CSP, LDN, Pediatric Nutritionist, Duke University Medical Center

Yen Lowder, RD, LDN, CNSC, Dietitian, Thoracic Transplant Clinic and Adult CF Clinic at Duke University Medical Center

Agenda

8:30 a.m.	Sign In
9 a.m.	Introduction- Review of Objectives
9:15 a.m.	Carbohydrate Modified Diets; FODMAP, SCD, Lactose-Modified
10:15 a.m.	Break
10:30 a.m.	Gluten-Free diets
12 p.m.	Lunch- on your own
1 p.m.	Fad Diets
2 p.m.	Break
2:15 p.m.	Food Allergies Milk Substitutes Tasting Station
4 p.m.	Adjourn

Credit

CEUs: 0.6 CEUs

Nursing Credit: 5.5 Contact Hours, CNE will be awarded to participants who attend 90% of this educational activity.

Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CPE: Application has been submitted to the Commission on Dietetic Registration (CDR), an approver of Continuing Professional Education (CPE) programs for Registered Dietitians.

At this time, speakers and planners have no conflicts or relevant relationships to disclose. If any are identified, they will be announced at the beginning of the activity.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.


Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Contact

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andrea.novak@sr-ahec.org.

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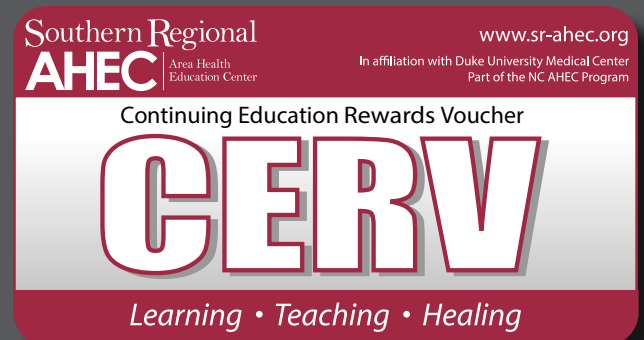
Upcoming Programs

Post-Op Care Update	November 7
Preparatory Course for Case Management	November 14-15
Stroke Care	December 5

for more upcoming programs, visit www.sr-ahec.org

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*Not redeemable for CME series or contract programs and must be initialed by SR-AHEC personnel at current program.

Registration Form

Form may be duplicated.

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CASCE #52605/ AH171024

Phone: 910-678-7226 **Fax:** 910-323-0674

Online: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=52605>

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name _____ Last 4 digits of SS# _____

Certifications/Degrees _____ Specialty Area _____ Are you an NCC? _____

Employer _____ Job Title _____

Work Address _____ City _____ State _____ Zip Code _____

Home Address _____ City _____ State _____ Zip Code _____

Phone (work) _____ (home) _____

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) _____ (secondary) _____

Do not send email announcements of upcoming SR-AHEC programs. Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies _____

Payment Information

Check (Make payable to SR-AHEC)

Mastercard / Visa # _____ Expiration Date (mm/yy) _____

Name on Card _____ Signature _____

The handouts for the program will be provided online through MyCE located on the SR-AHEC website: www.sr-ahec.org. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html>

Office Use Only: Check Auth # _____ Date _____ From _____ Amount \$ _____

SR-AHEC.org
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