



**Group Therapy: Keeping  
It Lively and Effective!**

Friday, October 13, 2017

9:30 a.m. - 4:30 p.m.

Location:

Cumberland County Partnership for Children  
351 Wagoner Drive  
Multi-Purpose Room  
Fayetteville NC 28303

## Target Audience

Mental health, substance abuse, human service professionals and private practitioners.

## Program Description

Most clinicians are working with clients in groups in some capacity. These groups may be insight-oriented, psychoeducational or support groups. How do we keep groups lively while effective and make the most of the power of the group format? How do we balance covering content and giving clients time to discuss and process the material? What are the best activities for groups and when should we use them? How do we help clients see that their interactions in group shed light on their tendencies in interpersonal relationships? How do we deal with challenging clients and situations in group settings?

Through didactic and experiential methods, this workshop will attempt to answer these questions. The workshop will help participants take a fresh look at group dynamics and therapeutic factors in order to best leverage the therapeutic power of the group format. The content will be relevant for all types of groups and all ages in various practice settings.

## Objectives

Upon completion of this workshop, participants will be able to:

- Identify and understand the importance of Yalom's therapeutic factors in group therapy;
- Discuss factors to consider when screening and preparing clients for group;
- Describe the leaders' tasks in various stages of group development and differentiate between interventions appropriate for various types of group purposes;
- Understand the purpose of activities in groupwork and describe various types of activities, including expressive arts;
- Describe at least one strategy for dealing with problematic clients in group, such as involuntary clients, silent clients, monopolizers and scapegoats; and
- Describe how to utilize the "here and now" approach in group therapy.

## Fee

\$109 if registration and payment are postmarked on or before October 6, 2017; \$119 thereafter.

## Speaker

**Marilyn Ghezzi, MSW, LCSW** is a clinical social worker who worked as a therapist and therapy supervisor in the public mental health system for over 20 years. She is currently a Clinical Assistant Professor at UNC -Chapel Hill School of Social Work and teaches courses on mental health theory and practice, group work, brief treatment, trauma and violence and many other mental health topics. Marilyn continues to practice as a clinical social worker including providing clinical supervision to mental health professionals. Marilyn also presents AHEC workshops on working with severe and persistently mentally ill adults, treating borderline personality disorder, clinical supervision and DSM-5.

This presenter is being supported through the partnership between UNC-CH, School of Social Work and the NCAHEC Program.

## Agenda

8:30 - 9 a.m.	Registration/Introduction
9:00 - 9:30 a.m.	Overview of group work and therapeutic factors in group
9:30 - 10 a.m.	Planning and preparing clients for group
10 - 10:30 a.m.	Group dynamics and group development
10:30 - 10:45 a.m.	Break
10:45 a.m. - 12 p.m.	Group dynamics and group development (continued)
12 - 1 p.m.	Lunch ( On Your Own)
1 - 2:30 p.m.	Overview of interventions, including use of activities
2:30 - 2:45 p.m.	Break
2:45 - 4:00 p.m.	Use of "here and now" approach in group
4 - 4:30 p.m.	Dealing with challenging members and conflict in groups
4:30 p.m.	Wrap-up

## Credit

C.E.U.: 0.6

Contact Hours: 6.0

Credit will be awarded to participants who attend 100% of the program. SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #843 (Substance Abuse Credit).

The program will provide 6.0 contact hours (category A) continuing education credit to NC Psychologists. Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5362.



Programs that do not qualify for NBCC credit are clearly identified. Southern Regional AHEC is solely responsible for all aspects of the programs. No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit.

## Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Please bring a light jacket or sweater for your own comfort; the temperature of the room is controlled by thermostat and we are unable to make any adjustments.

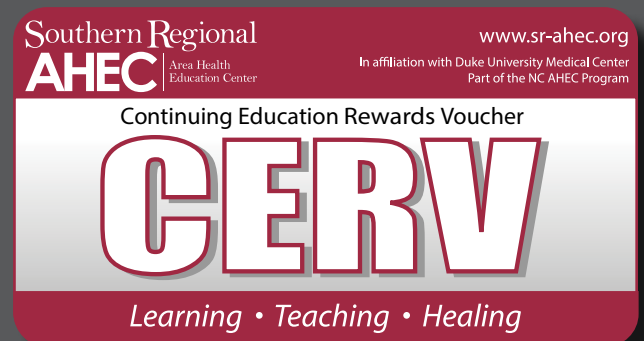
## Contacts

Bertina Parkins, Director Mental Health CE  
910-678-7032 / Bertina.Parkins@sr-ahec.org

Melanie Wheeler, Program Manager, SR-AHEC  
910-678-7209 / Melanie.Wheeler@sr-ahec.org

## Earn \$35 toward a future program... Get Your CERV Card Today!

Would you like \$35 toward one of our programs? It's yours with your Continuing Education Rewards Voucher (CERV). When you attend your next program with us, you will receive a CERV card. Bring it with you each time you attend a program and one of our continuing education staff members will initial it for you. After you have attended five programs, your card can be redeemed for \$35 toward a \*future program. It's just our way to saying, "thanks" to great customers, like you!



*\*Not redeemable for CME series or contract programs and must be initialed by SR-AHEC personnel at current program.*

# Registration Form

Form may be duplicated.

**Group Therapy: Keeping It Lively  
and Effective!**

CASCE #53056 / MH171013

**Phone:** 910-678-7226 **Fax:** 910-323-0674

**Online:** <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=53056>

**Mail:** SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name \_\_\_\_\_ Last 4 digits of SS# \_\_\_\_\_

Certifications/Degrees \_\_\_\_\_ Specialty Area \_\_\_\_\_ Are you an NCC? \_\_\_\_\_

Employer \_\_\_\_\_ Job Title \_\_\_\_\_

Work Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (work) \_\_\_\_\_ (home) \_\_\_\_\_

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) \_\_\_\_\_ (secondary) \_\_\_\_\_

Do not send email announcements of upcoming SR-AHEC programs.  Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies \_\_\_\_\_

## Payment Information

Check (Make payable to SR-AHEC)

Mastercard / Visa # \_\_\_\_\_ Expiration Date (mm/yy) \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature \_\_\_\_\_

*The handouts for the program will be provided online through MyCE located on the SR-AHEC website: [www.sr-ahec.org](http://www.sr-ahec.org). Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.*

*For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html>*

**Office Use Only:** Check Auth # \_\_\_\_\_ Date \_\_\_\_\_ From \_\_\_\_\_ Amount \$ \_\_\_\_\_

SR-AHEC.org  
1601 Owen Drive • Fayetteville, NC 28304  
(910) 678-7226

**Southern Regional**  
**AHEC** | Area Health  
Education Center