Sixth Annual
Forward March
Training Seminar
and Symposium
Moving Families Forward
During Challenging Times

November 19-20, 2015
November 19-20, 2015
8 a.m. - 4:30 p.m. both days

Location
Snyder Memorial Baptist Church
701 Westmont Drive • Fayetteville, NC 28305

Fee
Student (w/ current ID): $64 when registration and payment are received before November 7; $74.50 thereafter.
Individual: $129 when registration and payment are received before November 7; $149 thereafter.

Description
We would like to welcome you to the Forward March Training Seminar and Symposium. Over the past five years, the Forward March Training Seminar and Symposium has been instrumental in increasing public awareness of the unique challenges experienced by military families, especially in times of various changes and multiple conflicts.
The Training Seminar and Symposium has been a model of collaboration between local, state, and national organizations. The forum promotes and fosters outcomes by building effective lines of communication through collaboration between military and civilian professionals who serve military members and their families. There are many challenges that military members and their families face on a daily basis. Identifying the tools and resources in the community is necessary to effectively address their needs. This Training Seminar and Symposium continues to be a major catalyst for providing military and civilian resources in working with military families.
We must not forget our service men and women as well as their families. These individuals continue to make sacrifices for our great nation. As Americans, we need to remember that military families may continue to face adversity after transitioning out of their service roles. We will continue to promote resiliency by providing support to service members and their families.

For more information about Forward March please contact:
La-Lisa Hewett-Robinson, MA, Southern Regional AHEC
(910) 678-7293 or la-lisa.hewett-robinson@sr-ahec.org

For additional information about Forward March or our military initiatives committee, Living in the New Normal, please contact: John Freudenberg, MBA, Government & Military Affairs Liaison with the Partnership for Children
(910) 826-3122 or Jfreudenberg@ccpfc.org

Target Audience
This Training Seminar and Symposium will be beneficial to substance abuse professionals, psychologists, social workers, case managers, counselors, school personnel, clergy, military personnel, groups working in or around military communities, veteran services, government, school systems, faith-based and community resources, non-profit, and private organizations. Other interested mental health or human service professionals are welcome to attend.

Credits/Refunds

CEU: 1.2
Contact Hours: 12.0

Credit will be awarded to participants who attend 100% of the program. SR-AHEC adheres to NAADAC Education Guidelines Provider #843 (Substance Abuse Credit). The program will provide 12.0 contact hours (category A) continuing education credit to NC Psychologists. This program does not provide specific NBCC Credits. However, per LPC licensure guidelines, you may submit up to 15.0 contact hours of continuing education per renewal period, by attending programs by affiliates of the National Area Health Education Center Education (NAO). NBCC credit will not be offered at this Training Seminar and Symposium.

As part of the NC AHEC system, SR-AHEC is an NCBPTE approved provider of continuing competence with regards to activities directly related to physical therapy. The program will award 12.0 contact hours for NCBPTE.

No partial credit will be given. Individuals arriving 15 minutes or more after the program has started will not receive credit.

Participants who register for the program and are not able to attend, may:
• Send a substitute;
• Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
• Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.
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Army Community Service
www.fortbraggmwr.com/acs
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4-2843 Normandy Dr, Fort Bragg, NC

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www.barryrobinson.org
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Fayetteville VA Medical Center
www.fayettevillenc.va.gov
2300 Ramsey Street
Fayetteville, NC 28301

Fayetteville Vet Center
www.va.gov/directory/guide/facility.asp?ID=486
4140 Ramsey St. Suite 110
Fayetteville, NC 28311

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Hope-Thru-Horses, Inc.
www.hope-thru-horses.com
162 Schmidt Lane
Lumber Bridge, NC 28357

Institute for Veterans and Military Families
vets.syr.edu
(315) 443-5437
IVMF at Barclay, 150 Crouse Dr
Syracuse, New York 13244

Junior League of Fayetteville
https://www.jlfay.org
2605 Fort Bragg Road
Fayetteville, NC 28303

National Association of Social Workers - North Carolina Chapter
http://www.naswnc.org

National Military Family Association
www.militaryfamily.org
3601 Eisenhower Avenue, Suite 425
Alexandria, VA 22304

Old Vineyard Behavioral Health Services
http://oldvineyardbhs.com
3637 Old Vineyard Road
Winston-Salem, NC 27104

Partnership for Children Cumberland County
https://ccpfc.org
351 Wagoner Drive
Fayetteville, NC 28303

Relay NC - Dial 711
http://www.relaync.com/
(919) 518-9174
4030 Wake Forest Rd., Suite 300
Raleigh, NC 27609

Southern Regional AHEC
www.sr-ahec.org
(910) 323-1152
1601 Owen Drive
Fayetteville, NC 28304

Strategic Behavioral Center: Psychiatric Behavioral Hospital
http://www.sbcraleigh.com
(919) 800-4400
3200 Waterfield Dr
Garner, NC 27529
**Program Information**

**Hotel Accommodations**
Wingate by Wyndham  
4182 Sycamore Dairy Road  
Fayetteville, NC 28303  
Tel: (910) 826-9200  
Fax: (910) 826-9202  
Email: wingatebywyndham1388@gmail.com

A block of rooms have been reserved at a discount rate of $93 per night. The hotel offers several amenities for guests such as: 24-hour fitness facility, complimentary wireless internet access and continental breakfast. Please contact the reservation desk at (910) 826-9200 or online at: http://wingatehotels.com/hotel/01388 and use the corporate code “Forward March”.

**Contact**
For information regarding program registration, please call (910) 678-7226. For questions regarding educational content or professional credit, please contact:

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For continuing education references concerning inclement weather, tobacco-free campus, and ADA requirements, please go to: http://sr-ahec.org/ContinuingEd/CE.html

**Featured Speaker**

Dr. Kelly Posner is the founder and principal investigator of the Center for Suicide Risk Assessment at Columbia University, and a member of the board of the American Foundation for Suicide Prevention. She was commissioned by the FDA to lead a study to develop improved methods of suicide risk assessment which have been recommended or mandated across many areas of medicine. The New York Times called this work, “one of the most profound changes of the past 16 years to regulations governing drug development,” and the FDA has characterized this work on suicide prevention as, “setting a standard in the field.” This work is part of a national and international public health initiative across health care, surveillance, and research. Of note, numerous states, countries, and branches of the military have moved towards system-wide implementation. Named one of New York Magazine’s “Most Influential” people, Dr. Posner continues to work with the FDA, CDC, NIMH, military health care agencies, the U.S. Department of Education and other agencies on suicide assessment and surveillance. In 2007, Dr. Posner was recognized as the most distinguished alumna of her graduate school at Yeshiva University in the past 50 years and in June 2008 she gave the invited presentation on tackling depression and suicide at the first European Union high level conference on mental health. She received the New York State Suicide Prevention Award in 2013.

Dr. Kelly Posner has been a long-standing advocate of education reform. She is the founding chairman of the Board of Turnaround for Children, the groundbreaking model that is the first to fix failing schools in high-poverty communities, often referred to as “a missing link” of the education reform challenge. She is also founder of the first independent school and institute for advanced learners and for her work in her innovative educational initiatives; she was named Education Philanthropist of the Year. In 2011, she was also granted The Turnaround Impact Award. Dr. Posner was recently honored by The Lincoln Center/The Kaufman Music Center with their annual Educational Leadership Award.

The President of the American Psychiatric Association has stated that because of her work, “we may actually be able to make a dent in the rates of suicide that have existed in our population and have remained constant over time...that would be an enormous achievement in terms of public health care and preventing loss of life.” - Jeffrey Lieberman, M.D., President of American Psychiatric Association (APA)
Thursday, November 19, 2015

8 a.m.  Welcome and Housekeeping (To include recognition of dignitaries)
   Dr. Deborah Teasley, president and CEO, Southern Regional AHEC
   John Bigger, M.S., LPC, administrative director, Clinical Services & Sleep Center, Cape Fear Valley

   Presentation of Colors
   E. E. Smith High School

   National Anthem
   Danita McDuffie, Terry Sanford High School

8:05 a.m.  Welcome to Snyder Memorial Baptist Church
   Rev. John Cook, M.Div., MS, Pastor

8:10 a.m.  Fort Bragg Community Welcome
   COL Brett Funk, Fort Bragg Garrison Commander

8:20 a.m.  Introduction of Opening Plenary

   Opening Plenary - Beyond the ABCs of Child and Adolescent Behavioral Health
   COL (Dr.) Marla Hemphill, child and adolescent psychiatrist, Behavioral Health, Womack Army Medical Center
   Dr. John Lesica, child and adolescent psychiatrist, Behavioral Health, Womack Army Medical Center

   Objectives:
   • Discuss the common child and adolescent behavioral health disorders that are affecting military families; and
   • Identify strategies to support building resiliency.

9:20 a.m.  Defining Moments: Video presentation of “What It’s Like to Be a Military Kid”

9:25 a.m.  Break

9:35 a.m.  Breakout Sessions

   A) R2T - Responses to Trauma: An Experiential Workshop
   Dr. Elizabeth Snyder, Applied Culture Group, LLC

   Objectives:
   • Identify types of trauma and responses to trauma;
   • Examine impacts of trauma on individuals, families and communities;
   • Explore links between unhealed trauma and personal/collective harm; and
   • Introduce holistic modalities for trauma healing and resilience.

   B) Transitions: Military Families on the Move
   Dr. Mark Marquez & Dr. Greg Perkins, Fayetteville State University

   Objectives:
   • Discuss relocations, reintegration after deployment and other separations that impact families; and
   • Describe special needs such as behavioral health, addressing care and resources.

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C) Understanding the Claims Process and VHA Healthcare Services for Women Veterans  
Shenokia Williams-Johnson, RN, BSN, MAOM, VISN 6 Lead, Women Veterans Program Manager, Department of Veterans Affairs  
Alohalani Pickett, BS, MPA, Women Veteran Outreach Coordinator, Department of Veterans Affairs Benefits Administration  
Objectives:  
• Explain the Compensation and Benefits process, particularly as it relates to PTSD and Military Sexual Trauma; and  
• Discuss specific health care benefits and services available to female Veterans at VA Medical Centers and Community Based Outpatient Clinics.

D) Supporting Military Children with Special Needs  
Dana Garner, Penn State ABA  
Objectives:  
• Discuss an overview of developmental disabilities in children; and  
• Identify resources to assist in supporting military children with special needs.

E) Long-term Consequences of Combat Stress  
LT COL Jim Johnson, Ret.  
Diana Rabe-Taylor  
Objectives:  
• Discuss the long-term effects of combat stress from a personal and clinical perspective; and  
• Identify strengths and challenges in working with veterans affected by combat stress.

11:05 a.m. Networking Break, Visit Exhibitors and Lunch (provided)  
11:50 a.m. Lunch Plenary - A Strengths-based Approach for Supporting Women Veterans  
Mea Williams, MBA, executive director, Grace After Fire  
Objective:  
• Describe the strengths of women veterans and ways in which to help them thrive.

1 p.m. Break  
1:15 p.m. Breakout Sessions  
A) Supporting Women Veterans  
Mea Williams, MBA, executive director, Grace After Fire  
Objectives:  
• Discuss and overview of Grace After Fire, the evolving role of women in the military and their strengths and challenges; and  
• Identify methods that organizations, professionals and communities can use to support women veterans.
### B) The Nature, Cause and Treatment of Unresolved Traumatic Brain Injury
*Dr. Wesley Cole, Defense and Veterans Brain Injury Center at Fort Bragg*

Objectives:
- Describe the types of persistent issues commonly experienced after TBI;
- Discuss the causes of persistent problems after TBI; and
- Describe the biopsychosocial approach to understanding and treating persistent TBI symptoms.

### C) Journey through Grief and Trauma: A Gold Star Family’s Dialogue
*Dr. Mark Marquez & Daniele Malvesti, B.S.*

Objectives:
- Describe the impact of living with the loss of a military family member; and
- Discuss family, holistic and community supports for bereaved family members.

### D) Combat Trauma: A Spousal Response
*Lt. Col. (Dr.) James Johnson, (Ret.)*
*Diana Rabe-Taylor*

Objective:
- Discuss the long-term effects of combat stress from a spouse/family perspective; and
- Identify supports and resources for family members.

### E) Empathy Fatigue
*James Gierke, director of victim services, National Organization on Victim Assistance*

Objectives:
- Identify signs and symptoms of empathy fatigue; and
- Discuss three methods to practice self-compassion.

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**2:45 p.m.**  Break

**3 p.m.**  **Introduction of Closing Plenary**
*Ron Buryk, Womack Army Medical Center*

**Closing Plenary - Ready to Serve: Community-based Provider Capacity to Deliver Culturally Competent, Quality Mental Health Care to Veterans and their Families**
*Terri Tanielian, senior social research analyst, RAND Corporation*

Objectives:
- Discuss the workforce addressing veterans’ mental health needs; and
- Describe the capacity of the civilian health care sector to deliver culturally competent, quality services to veterans and their families.

**4:30 p.m.**  **Closing Remarks/Adjourn Day 1**

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Friday, November 20, 2015

8 a.m.  Welcome & Housekeeping
Eva Hansen, Partnership for Children of Cumberland County, Inc.

8:05 a.m.  United States Army Forces Command Welcome - General Robert "Abe" Abrams, Commander

8:15 a.m.  Opening Plenary - Overview Veterans Career Transition Program
Laura Cooper, program manager, Veterans Career Transition Program, Institute for Veterans/Military Families, Syracuse University

Objective:
• Describe an interdisciplinary national institute in higher education focused on the social, economic, education and policy issues impacting veterans and their families post-service.

9:15 a.m.  Defining Moments: Video presentation of “What It’s Like to Be a Military Kid”

9:20 a.m.  Break

9:30 a.m.  Breakout Sessions
A) The “Reaching Teens” Model: A Community Collaborative Approach to Building Resiliency
Virginia Hofit, executive director, Santa Fe Youth Services
Vicki Warren, director, Intervention Services, Fort Worth Independent School District

Objectives:
• Discuss an overview of how to implement the “Reaching Teens” model; and
• Describe a broad-based community collaboration in building competencies in working with youth.

B) Hidden Heroes: America’s Military Caregivers
Terri Tanielian, senior social research analyst, RAND Corporation

Objectives:
• Describe the role and effects of caregiving on military family caregivers; and
• Discuss the unique challenges and strengths of military caregivers.

C) Military Sexual Assault: The Impact of Families
CPT Jesse Sommer, Brigade Trial Counsel, JAG
Mike Kontio, CMD program manager and sexual assault response coordinator (SARC), Joint Special Operations Command
Kelly Taylor, RN, sexual assault nurse examiner, Womack Army Medical Center
James Boerner, special agent, CID

Objectives:
• Describe the sexual assault reporting process; and
• Discuss the roles of the sexual assault medical forensic examiner, victim advocate, CID special victim unit, special victim counsel and Army prosecutor.

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D) Strength through Support: Cumberland and Harnett Counties Veterans Treatment Courts
Judge Lou Olivera, 12th District Veterans Treatment Court
Craig Shore, program coordinator, Cumberland County Veterans Treatment Court
Mark Teachey, Harnett County Veterans Treatment Court
Jenae Hebb, LCSW, LCAS-A, substance abuse team leader, Carolina Outreach

Objectives:
• Discuss an overview of veterans treatment court justice system; and
• Describe ways in which veterans receive support through the veterans’ treatment court justice system.

E) Are we Ready for Some TRICARE Reform?
Joyce Raezer, M.A., executive director of the National Military Family Association

Objectives:
• Identify current issues affecting military families’ TRICARE benefits;
• Describe how changes in health care at national level under Affordable Care Act and private sector innovations in health care might affect care offered to military families and transitioning veteran families; and
• Discuss health care access and quality challenges experienced by military families.

11 a.m. Networking Break, Visit Exhibitors and Lunch (provided)

11:45 a.m. Lunch Plenary - Columbia Suicide Risk Severity Scale
Dr. Kelly Ponsen, director, Center for Suicide Risk Assessment, Columbia University

Objective:
• Discuss how to identify and prove methods of suicide risk identification.

1:15 p.m. Defining Moments: Video presentation of “What It’s Like to Be a Military Kid”

1:20 p.m. Break

1:30 p.m. Breakout Sessions
A) Traumatic Brain Injury and Polytrauma Program Overview
Tenia Morrison, RN, support group coordinator, Fayetteville VA Medical Center
Katherine Mitchell, LCSW, Fayetteville VA Medical Center

Objectives:
• Discuss the TBI and polytrauma program; and
• Identify community resources and supports for veterans.

B) Getting through the Maze: Unique Challenges of Military Members and their Families
Jerry Powell, D.Min., LPC, LMFT, NCC, mental health counselor, Banner Consulting

Objectives:
• Discuss the unique issues directly related to military families that are not present in non-military families;
• Describe how the presenter’s concept of the “Three Prime Directives” in combat contribute to emotional disconnection and relationship difficulties in family dynamics and how that disconnection ripples into the community; and
• Discuss the differences between post-traumatic stress in the family and mild traumatic brain injury and how they vary from post-combat reintegration.

C) Establishing Trauma-Informed Schools in a Military Community
Nichole Johnson, MSW, LCSW, LCAS, LISW-CP, military social worker, Fort Bragg
Tanisha R. James, LCSW, Fayetteville NASW

Objectives:
• Discuss the impact of trauma;
• Describe the term “trauma-informed;” and
• Discuss and explain methods to incorporate trauma-sensitive approaches.

D) An Overview of Cognitive Behavioral Couples Therapy (CBCT) for Depression
Dr. Sara Boeding, Durham VA Medical Center

Objectives:
• Describe the framework and principles of CBCT for depression; and
• Identify methods to increase knowledge and skills in couples domain.

E) Moral Injury: Supporting and Ministering to our Service Members and Veterans
Lynn Newsom, MA, Quaker House Military Counseling Center
Joanna Nunez, MSW, LCAS, LCSW, Square One Counseling PLLC

Objectives:
• Discuss the history and definitions of the term “moral injury;”
• Describe how differentiate between the symptoms of PTSD and moral injury;
• Identify treatments and techniques for helping those who suffer from moral injury; and
• Discuss resources and information about moral injury.

3 p.m. Break

3:10 p.m. Closing Plenary - Wounded Marine Warrior
SGT Carlos Evans (Ret.), U.S. Marine Corps

Objectives:
• Describe the strengths and challenges of being a wounded warrior; and
• Identify resources and approaches for working with wounded warriors.

4:25 p.m. Closing Remarks

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Maureen McNeill  
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Amy Quinn  
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Heather Wilkerson  
Hope-Thru-Horse, Inc.

Meg Wilkins  
Community Volunteer, Moore County NC

Shadia Young  
XVIII Corps Fort Bragg
General Robert B. “Abe” Abrams, became the 22nd commander of U.S. Army Forces Command, August 10, 2015. He is a 1982 graduate of the United States Military Academy where he was commissioned as an armor officer. General Abrams holds a bachelor of science degree from the United States Military Academy; a master of science in administration from Central Michigan University; and a master's degree in strategic studies from the United States Army War College. His military schooling includes the Armor Basic and Advanced Courses, the Combined Arms and Services Staff School, the U.S. Army Command and General Staff College, and the U.S. Army War College. During his 33 years of service he has served in command and staff positions across the Army, Joint and Department of Defense community in Germany, the United States, and Southwest Asia. General, U.S. Army Europe and 7th Army.

His other general officer assignments include service as Deputy Commanding General, Combined Arms Center-Training, Fort Leavenworth, Kansas, and most recently as Senior Military Assistant to the Secretary of Defense.

His tours of duty with warfighting units include 3rd Armored Division; 1st Cavalry Division (three tours); the 3rd Infantry Division; and 3rd Armored Cavalry Regiment. His joint experience includes serving as a strategic war planner for the Chairman, Joint Chiefs of Staff, with responsibility for CENTCOM Area of Operations; and as Director of the Joint Center of Excellence for Improvised Explosive Device Defeat/Deputy Director for Training for Joint IED Defeat Organization (JIEDDO).

General Abrams has commanded at every level from company through division, including command of D Company and Headquarters and Headquarters Company, 1st Battalion, 8th Cavalry Regiment where he deployed the HHIC in support of Operations DESERT SHIELD and DESERT STORM; Commander, 1st Battalion, 8th Cavalry Regiment; Commander, 1st Brigade Combat Team, 1st Cavalry Division where he deployed the BCT to Sadr City and nine Nissan Districts of Baghdad, Iraq in support of Operation IRAQI FREEDOM II; Commanding General, National Training Center and Fort Irwin; Commanding General, 3rd Infantry Division and Fort Stewart/Hunter Army Airfield where he deployed the division headquarters and commanded Combined Joint Task Force-3 and Regional Command-South, International Security Assistance Force (ISAF), Kandahar, Afghanistan. He has extensive operations experience having served as an operations officer at squadron, regimental and division level and as a division chief of staff. General Abrams has also served as an instructor, doctrine writer, and training developer at the U.S. Army Armor School, and as the Executive Officer to the Commanding General, U.S. Army Europe and 7th Army.

John Bigger, M.S., LPC, received his undergraduate degree in psychology from the University of Alabama and his Master's in Clinical Psychology in 1985. He has worked in a variety of clinical settings ranging from an outpatient state mental health program to a private in-patient treatment center. John's specialty areas include the treatment of chemical dependency, identification and treatment of eating disorders, and crises intervention. He is also a Licensed Professional Counselor. John is currently the administrative director, Clinical Services & Sleep Center, Cape Fear Valley.

Sara Boeding, Ph.D., is a clinical psychologist working in the Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF) Clinic at the Durham, NC, Veteran's Affairs Medical Center. There she provides empirically-supported individual, group and couple-based treatments for common post-deployment concerns such as PTSD, depression, and anxiety disorders. She has treated couples using Cognitive-Behavioural Couples Therapy (CBCT) for eight years, including treating relationally distressed couples, enhancing relationship satisfaction for couples preparing for marriage, and assisting couples in which one individual has a mental health concern (e.g., depression, OCD, PTSD).

Wesley R. Cole, Ph.D., received a bachelor's degree in psychology from James Madison University. He earned a master's degree and doctorate in clinical psychology from the University of South Carolina. After moving to Baltimore, Cole completed predoctoral internships and postdoctoral fellowships in pediatric psychology and neuropsychology at the Kennedy Krieger Institute, an affiliate of the Johns Hopkins School of Medicine. He worked for a year at the Kennedy Krieger Institute’s Department of Neuropsychology. In 2008, he accepted a job at the Womack Army Medical Center's Concussion Care Clinic. Looking to expand his roles into research activities, he joined the DVBIC at Fort Bragg in 2009.

Laura Cooper, is responsible for the management, coordination and administration of the IVMF's Veterans Career Transition Program (VCTP). Joining the VCTP team in 2012, she served as an Academic Advisor for two years prior to beginning her role as Program Manager in 2014. She has previous experience within the education industry, including a four-year role as an academic advisor and later advisor team lead for an online nursing program. She holds a bachelor's degree in English and education, and a minor in Spanish language, from Wingate University, North Carolina. Her passion is connecting learners with continuing education opportunities and aiding in personal and professional growth through advanced degrees, certificates, formal training or any means of learning.

SGT Carlos Evans (Ret.) was born in Puerto Rico, and was an avid athlete through his high school and college years. When the tragic events of September 11, 2001 occurred, he felt compelled
COL Brett Funck, M.S., has earned a Bachelor's of Science Degree, a Master's Degree and is a graduate of the National Security Program of Canada. COL Funck grew up in New York and was commissioned into the Infantry in 1994 upon graduating from the United States Military Academy at West Point. In his career, COL Funck has been stationed at Fort Carson, CO, Baumholder, Germany, Darmstadt, Germany, and Hawaii. Following the Command and General Staff College at Fort Leavenworth, Kansas, COL Funck served as the Operations Officer and later as the Executive Officer of 1st Battalion, 508th Parachute Infantry Regiment, within 4th Brigade, 82nd Airborne Division. Upon completing his time as Executive Officer, he moved to the Joint Special Operations Command, later assuming command of 2nd Battalion, 22nd Infantry at Fort Drum, and held that position until returning from Afghanistan in 2013. Most recently, he served as the Division Operations Officer, 10th Mountain Division. His combat deployments include Kosovo, Afghanistan and Iraq.

Eva Hansen, B.S., has 38 years of experience as a professional and volunteer working to improve the lives of children and their families. She has been involved with Smart Start since 1995 and has lead the Partnership for Children as the president for over 15 years. Ms. Hansen earned a B.S. degree in Family Services from Northern Illinois University. Ms. Hansen is a past recipient of the Fayetteville-Cumberland Chamber of Commerce Athena Award and the North Carolina Partnership for Children’s Karen W. Ponder Leadership Award.

COL Marla Hemphill, M.D., currently serves as chief, Department of Behavioral Health, Womack Army Medical Center and as the installation director of Psychological Health, at Ft. Bragg. She earned her Doctor of Medicine degree from the University of North Dakota School of Medicine, Grand Forks, ND. Upon graduation she was commissioned as a captain in the United States Army. COL Hemphill completed internship and residency in psychiatry at Walter Reed Army Medical Center, Washington D.C., followed by a fellowship in child and adolescent psychiatry at Eisenhower Army Medical Center, Ft. Gordon, GA. She served in a variety of positions at Walter Reed Army Medical Center and Womack Army Medical Center before leaving the Army in 2003. After practicing for four years in the civilian sector as a child and adolescent psychiatrist, COL Hemphill returned to the Army in 2007. Since then she has served at Brooke Army Medical Center, Ft. Sam Houston, Texas and Blanchfield Army Community Hospital, Ft. Campbell, Kentucky. She also completed a fellowship in Forensic Psychiatry at WRAMC. COL Hemphill deployed to Iraq in 2008 and Afghanistan in 2012, where she served as the Theater Behavioral Health Consultant. She is board certified in both general psychiatry and child/adolescent psychiatry.

Virginia Hoft, B.S., LCDC, is the founding executive director of Santa Fe Youth Services which is a non-profit agency that has provided substance abuse prevention, intervention and counseling services to Fort Worth and Tarrant County youth and families since 1996. In 2015, the agency was acquired by Youth Advocate Programs, Inc. where she continues to provide leadership to the Santa Fe Youth Services division as the vice president of U.S. Southwest Region. Virginia earned Bachelor of Science degrees in both Business Administration and Education from University of Louisiana at Lafayette.

MSG Mike Kontio, CMD Program Manager/Sexual Assault Response Coordinator (SARC), Joint Special Operations Command. MSG Kontio is currently serving on active duty in the Army. He has had a wide array of experience in the field of communications; working on the ground in tactical environments, managed entire theatre communication operations and research and development for emerging technology. For the past three years, Mike has been serving as the Sexual Harassment/Assault Program Manager for Joint Special Operations Command.

Tanisha R. James, LCSW, holds a bachelor's degree in psychology from Queens University of Charlotte and a master's in social work from UNC-Charlotte. She is currently obtaining trauma certification in Cognitive Processing Therapy with the Duke Learning Collaborative. Her other work includes individual therapy with adults; enhancing communication and intimacy with couples; providing clinical supervision for new clinicians; and conducting trainings on ethical decision-making and effective work with
military populations. Ms. James is active in several local and state organizations, including the North Carolina Society for Clinical Social Work and the National Association of Social Workers - North Carolina Chapter, where she serves as vice president of the Board of Directors and has served as the chair of the Fayetteville NASW-NC Local Program Unit since 2011.

James D. (Jim) Johnson, Ph.D., is a Vietnam veteran with a 100% disability rating, with four service-connected disabilities including PTSD, and survived twenty-two firefights in Vietnam. Now, Dr. Johnson is a resource for those with PTSD or those who wish to understand PTSD. He has had four books published, including *Combat Trauma: A Personal Look at Long Term Consequences*. This book has become a resource for providers nationwide. Dr. Johnson’s first book was *Combat Chaplain: A Thirty Year Vietnam Battle*, which received a nomination for historical book of the year in 2001. He is a retired Army chaplain and a retired marriage and family/pastoral counselor. Dr. Johnson has a Bachelors, two Masters, and a Doctorate; and was awarded three Bronze Stars, the Air Medal, five Meritorious Service Medals, two Army Commendation Medals, and nine other American and foreign awards.

Nichole Johnson, LCSW, LCAS, LISW-C, Johnson holds a bachelor and master’s degree in social work from Winthrop University and is licensed in both North Carolina and South Carolina. Ms. Johnson has provided military behavioral health within Special Forces Command, the Army, Navy, Air-Force, and Marines, both CONUS and OCONUS. She is trained in many evidence-based treatments for trauma and is a part of a Cognitive Processing Therapy Learning Collaborative with Duke University. Ms. Johnson is the Co-Chair of the Fayetteville Local Program Unit for the North Carolina Chapter of the National Association of Social Workers, and a board member on the NASW-NC Ethics Committee.

John J. Lesica, M.D., serves as a child and adolescent psychiatrist at Womack Army Medical Center. He conducts outpatient assessment and treatment of children and adolescents. He is also an active participant in community education and is the director of the Child Psychiatric Program. He received his M.D. from Georgetown University School of Medicine in Washington D.C. and is Board Certified by the American Board of Pediatrics, the American Board of Psychiatry and Neurology and American Board of Psychiatry and Neurology in Child Psychiatry.

Daniele Malvesti, B.S., is a Fayetteville native, Gold Star daughter, and serves on the LINN/Forward March planning committee in her role with the Partnership for Children of Cumberland County as a data management technician and the Reach Out and Read Literacy program coordinator. After earning a Bachelor of Science in Criminal Justice from Methodist University in 1998 with minors in Psychology and Sociology, she served for over 15 years as an advocate for the victims of domestic violence, sexual assault and child abuse.

Mark Marquez, Ed.D., is an assistant professor of social work at Fayetteville State University and has been a Licensed Clinical Social Worker (LCSW) in North Carolina for over 25 years. He presents locally, regionally and nationally on a variety of subjects including the military, disasters and ethics related. His recent publications include a collaborative publication entitled, *The Military and Intimate Partner Violence—A Call for Open Discussion*, as well as a sole author publication entitled, “A Perspective on Global Disaster Behavioral Health,” in the *International Journal of Science, Commerce and Humanities*.

Katherine Mitchell, M.S., LCSW, is a native of Fayetteville as she was an Army brat. She was educated in the Cumberland County School System and graduated from E. E. Smith High School in 1997. She went on to East Carolina University graduating Magna Cum Laude majoring in Social Work in 2002. She went on to work at Pitt County Memorial Hospital as a social worker and with a 16 bed severe MR/DD adult facility. She returned to Fayetteville in 2003 to continue her career. She returned to East Carolina University in 2006 to get her Masters in Social Work. She graduated in 2009 Summa Cum Laude along with a certification in Substance Abuse Studies. She obtained her Licensed Clinical Social Worker in 2011 in North Carolina and South Carolina. She has also continued to work on the Mental Health side as well, being the Clinical Director for several agencies, Team Lead and Outpatient Therapist. At the Fayetteville VA Medical Center she is a Social Work Case Manager in the TBI (Traumatic Brain Injury)/Polytrauma Clinic.

TeNia Morrison, BSN, RN, CCM, is a Polytrauma/Traumatic Brain Injury registered nurse case manager and TBI support group coordinator at the Fayetteville VA Medical Center. Ms. Morrison has over 14 years of nursing experience in the areas of case management, medical-surgical, community health, geriatric and correctional nursing. Her current position has allowed her to identify resources and educational needs of Veterans that have sustained a TBI. Earning her Bachelor’s Degree in Nursing from Winston-Salem State University, Ms. Morrison holds a professional certification in Case Management and is a member of the North Carolina Nurses Association (NCNA) and the American Nurses Association (ANA).

Lynn Newsom and her husband Steve are the directors of Quaker House Military Counseling Center, a mission of the Religious Society of Friends to provide counseling and support to service members, veterans, and their families. Quaker House provides counseling on issues concerning discharges and service member rights through the GI Rights Hotline, free and confidential domestic violence, sexual assault and moral injury therapy, Mindfulness classes, conflict resolution, Alternatives to Violence Project Training, and more. Lynn is a retired educator and Conflict Resolution and Alternatives to Violence Project trainer. After training with Rev. Rita Nakushima Brock, she and Steve have travelled extensively.
Joanna Nunez, LCSW, LCAS, has a private practice near Ft. Bragg, NC. She earned her Masters of Social Work from East Carolina University in 2007 and has previously worked with soldiers while working for the Department of the Army, and Service Members and their families as a Department of Defense contractor. Her practice specialties are trauma, grief and mood disorders. In 2013 she began working with the Quaker House of Fayetteville, treating victims of Domestic Violence and Sexual Assault, including Military Sexual Traumas. In 2014, their program expanded to include treating Service Members and Veterans with Moral Injury. Her first book, Finding Peace with PTSD, is expected to be released December 2015.

Luis “Lou” Olivera, J.D., is currently a district court judge in Cumberland County, North Carolina. Elected in November 2012, Judge Olivera is the first Hispanic to be elected to any judgeship (not appointed) in North Carolina history, and the first Hispanic to be elected to any elected office in Cumberland County history. He is a US Army combat veteran. He received his BS from UNC Pembroke, and his JD from Campbell University. Judge Olivera has served as a Prosecutor in the Cumberland County District Attorney’s Office and as a private attorney. Judge Olivera has also been an adjunct professor at Methodist College and Fayetteville Technical Community College, teaching in the areas of civil and criminal law. Judge Olivera presides in district court which includes criminal, traffic and juvenile courts. One of the courts over which he presides is the Cumberland County Veteran’s Treatment Court (VTC). It is the first VTC in Cumberland County and only the second of its kind in the state of NC. It serves the nation’s largest veteran community (both of active duty personnel and veterans per capita) which includes Ft. Bragg and Pope Air Field communities.

Gregory E. Perkins, Ed.D., has more than 15 years of experience as a mental health practitioner, program services manager and quality assurance and community integration specialist in the field of mental health, intellectual developmental disabilities and substance abuse services. He is a veteran having served more than 22 years in the U.S. Army. As a social work educator, his research has focused on military families and secondary trauma, ethics in social work practice, and as an advocate for behavioral health services for veterans. Dr. Perkins is a community relations specialist with Alliance Behavioral Healthcare and currently serves as an assistant professor and the assistant department chair for the Department of Social Work at Fayetteville State University. He is also a faculty scholar to the Center for Defense and Homeland Security.

Jerry Powell, D.Min., LPC, has been an ordained minister for 36 years and is a retired Army chaplain with 20 years of service in military ministry with a deployment to Iraq in 2005. Dr. Powell is a licensed marriage and family therapist and a Licensed Professional Counselor and national certified counselor. He is an approved clinical supervisor and on the counseling teaching faculty of Webster University on Fort Bragg. His practice specializes in working with military personnel and families, and he has extensive experience serving soldiers and families when the soldier has returned from deployment. Dr. Powell holds a Master of Divinity degree, an MS in Community Counseling, and a Doctor of Ministry degree. He is in private practice as a mental health counselor in Fayetteville at Banner Consulting.

Alohalani Pickett, B.S., M.P.A., is the Women Veteran Outreach coordinator at the Department of Veteran Affairs Benefit Administration in Winston-Salem, NC, with expertise in Homeless Veteran Outreach and Women Veteran Advocacy. She holds degrees in Paralegal Studies and Justice Administration from the University of Hawaii and Hawaii Pacific University. She was selected as an Overseas Military Service coordinator to represent the Department of Veteran Affairs in collaboration with the Department of Defense to serve in Okinawa, Japan. She independently provided VA benefit information to service members and their families ensuring a smooth transition to civilian life. She was also a member of an eleven-person delegation that travelled to Liberia, Africa to provide consultation expertise to the Republic of Liberia Government Ministries. Assigned to the Bureau of Veteran Affairs, she developed Veteran Benefit Policies and Regulations and presented completed proposals to the Government’s Legislature for approval and implementation. As a proud Veteran of the U.S. Navy, Alohalani honorably served for 9 years and was a recipient of the Navy Achievement Medal.

Joyce Wessel Raezer, M.A., became the executive director of the National Military Family Association in 2007 after serving in various staff positions in the Government Relations Department since 1995. She guides the management of the Association’s programs and initiatives that serve the families of the seven Uniformed Services and that promote improvements in their quality of life. Joyce has represented military families on several committees and task forces for Department of Defense (DoD) agencies and currently serves on the DoD Millennium Cohort Program Strategic Board. In 2004, she authored a chapter on “Transforming Support to Military Families and Communities” in a book published by the MIT Press, Filling the Ranks: Transforming the U.S. Military Personnel System. On May 29, 2012, she was honored as a Daily Point of Light by the Points of Light Foundation and in 2014 received the Community Hero Award from the PenFed Foundation. The spouse of an Army retiree and long-time military family advocate, Joyce earned a B.A. in History from Gettysburg College, and a M.A. in History from the University of Virginia. She is a former teacher and served on the Fort Knox Community

Throughout the country to provide education on moral injury. Quaker House co-sponsored the conference “North Carolina Soul Repair Journey: Recovering from Moral Injury after War” in Raleigh, NC, in March, 2014.
SPEAKER BIOGRAPHIES

Diana Rahe-Taylor, B.A., is the wife of Charlie Taylor, a decorated infantry officer who served in Vietnam. She is the author of *Combat Trauma: The Spousal Response to PTSD*. Mrs. Taylor has a BA in Psychology and a master’s degree in Education. She is a 20 year Army veteran, Ret. LTC Mark Teachey was born in Wilmington, NC. Starting as an EMT, Mark joined the National Guard, then became a Deputy Sheriff in New Hanover County. In 1990, he became a commissioned officer in the US Army, where he served in many missions, from Operation Iraqi Freedom in 2003 to Operation Enduring Freedom in 2010. After 22 years of service, he retired as a Lieutenant Colonel. Since that time, he has served as Deputy Chief of Police for the Capitol Special Police, a deputy program manager for Embassy Security and the first Special Victim Counsel. CPT Jesse Sommer, LPA, is a military prosecutor in the 82d Airborne Division’s Office of the Staff Judge Advocate. Previously, CPT Sommer was tasked with providing legal representation to victims of rape and sexual assault in his capacity as the Division’s first Special Victim Counsel. CPT Sommer was raised outside Albany, New York. He received a BA in Government from Wesleyan University, CT and obtained a BA in Business Administration, and was a Certified Financial Planner for 12 years. She retired after a close-to-death experience with cancer. She is also a chaplain with the International Fellowship of Chaplains, a member of International Critical Incident Stress Foundation. She is currently enrolled in a Masters of Pastoral Counseling degree program at Liberty University.

Craig Shore is currently serving as the coordinator of the Cumberland County Veterans Treatment Court. This specialty court is designed to assist veterans with legal issues and address life complications as well. The program combines advocacy and accountability. Craig is a 20 year Air Force Veteran and has 32 years of experience as a Substance Abuse Counselor. He designed substance abuse and human relation curricula for both military and civilian agencies. Craig also worked as a Disabled Veterans Outreach Specialist with the state of North Carolina’s NC Works program. He believes all helping agencies should, “inspire those to aspire to positive change”.

Elizabeth Snyder, Ph.D., is founding director of Applied Culture Group LLC. She has over 25 years combined experience in civilian and military education. Elizabeth is a certified Spouse Master Resiliency Trainer (SMRT) for the JFK Special Warfare Center and School. She is also a certified STAR trainer (Strategies for Trauma Awareness and Resilience) and currently facilitates trainings for USASOC personnel and their families. Elizabeth divides her time between Fort Bragg, NC and Torii Station, Okinawa, where she lives with her husband who is active duty.

CPT Jesse Sommer, LPA, is a military prosecutor in the 82d Airborne Division’s Office of the Staff Judge Advocate. Previously, CPT Sommer was tasked with providing legal representation to victims of rape and sexual assault in his capacity as the Division’s first Special Victim Counsel. CPT Sommer was raised outside Albany, New York. He received a BA in Government from Wesleyan University, CT and obtained a BA in Business Administration, and was a Certified Financial Planner for 12 years. She retired after a close-to-death experience with cancer. She is also a chaplain with the International Fellowship of Chaplains, a member of International Critical Incident Stress Foundation. She is currently enrolled in a Masters of Pastoral Counseling degree program at Liberty University.

Kelly Taylor, RN, is a sexual assault nurse examiner at Womack Army Medical Center. Since 2011, she has been the manager for the Sexual Assault Medical Forensic Examiner Program and is responsible for 23 examiners, all medical and forensic training and program sustainment. She has been an emergency and trauma nurse since 2002 and her experience with both assault and non-assault related injuries have built her expertise in forensic injury identification and mechanism of injury. Ms. Taylor serves as an expert witness and consultant for both the prosecution and defense in sexual assault cases for the Army, Air Force and local district attorney’s office. She instructs regularly at the Staff Judge Advocate’s School at the University of Virginia for the Special Victim Counsel course and the Intermediate Trial Advocacy course. Her areas of expertise include medical and forensic evidence collection, drug facilitated assault and the neurobiology of trauma, fragmented memory and tonic immobility in sexual assault. She is also a faculty preceptor with the United States Medical Command for the Sexual Assault Medical Forensic Examiner course, San Antonio, TX; training over 300 DoD medical providers to become forensic examiners within the United States and a deployed environment. Ms. Taylor attended the University of North Carolina at Charlotte and studied a pre-nursing curriculum, and graduated from Presbyterian Hospital School of Nursing in Charlotte, NC in December 2001.

LTC Mark Teachey was born in Wilmington, NC. Starting as an EMT, Mark joined the National Guard, then became a Deputy Sheriff in New Hanover County. In 1990, he became a commissioned officer in the US Army, where he served in many missions, from Operation Iraqi Freedom in 2003 to Operation Enduring Freedom in 2010. After 22 years of service, he retired as a Lieutenant Colonel. Since that time, he has served as Deputy Chief of Police for the Capitol Special Police, a deputy program manager for Embassy Security

Terri Tanielian, M.A., is a senior social research analyst at the RAND Corporation. Her research interests include military and veteran health policy; military suicide; military sexual assault; and psychological and behavioral effects of combat, terrorism, and disasters. She formerly directed RAND’s Center for Military Health Policy Research, overseeing RAND’s diverse military health research portfolio. Ms. Tanielian was co-study director for RAND’s seminal study “Invisible Wounds of War: Psychological and Cognitive Injuries, Their Consequences, and Services to Assist Recovery” (2008: RAND), the first non-governmental assessment of the psychological, emotional, and cognitive consequences of deployment to Iraq and Afghanistan. She was also the principal investigator for RAND’s comprehensive study of military and veteran caregivers titled Hidden Heroes: America’s Military Caregivers. She leads several other RAND studies including the Deployment Life Study, a prospective longitudinal study of military families across the deployment cycle. She also leads a study examining community based models for expanding mental health care for returning veterans and their families under the Welcome Back Veterans Initiative. Ms. Tanielian has published numerous peer-reviewed articles and serves as an associate editor for Psychiatric Services. She has served on many advisory committees related to veteran mental health policy. Ms. Tanielian has an M.A. in psychology from the American University.
In this key role, she is responsible for monitoring health care delivery and supporting the initiation of epidemiological and prevalence studies to improve health promotion, preventive health and medical care for women veterans in North Carolina, Virginia and West Virginia. Her previous assignments include: Lebanon VAMC, ICU and urgent care nurse manager; North Florida/South Georgia VA Healthcare System, evening night supervisor at Fayetteville VAMC, nurse manager at Jacksonville CBOC; VA Pacific Islands Healthcare System in Honolulu, HI, where she served as acting chief of Quality Management Services and the clinical practice guidelines coordinator. Shenekia earned her a Master’s Degree in Organizational Management at University of Phoenix, Jacksonville Campus and a Bachelor's of Nursing Degree from Florida A&M University, Tallahassee, Florida.

Deborah Teasley, Ph.D., FACHE holds a doctorate in Health Administration from Texas A&M University and Bachelor’s and Master’s degrees in nursing from The University of Texas Medical Branch in Galveston, TX. She is president and CEO of Southern Regional Area Health Education Center and adjunct assistant dean at Duke University Medical Center. Dr. Teasley is a fellow in the American College of Healthcare Executives and has served as a regent for the college.

Vicki Warren, LMSW, a licensed social worker since 1993, Mrs. Warren has occupied a variety of positions within the field of human services, public health and education. From direct client services to program administration to community development, Mrs. Warren has valuable experience working with a variety of populations. Mrs. Warren worked for ten years at Catholic Charities, Fort Worth, first providing direct client services to families impacted by abuse and neglect to managing several case management and community outreach programs. From there she transitioned to the Fort Worth Public Health Department, serving as clinical director for a six-year system of care grant from SAMHSA. Currently Mrs. Warren works for the Fort Worth Independent School District as the director of Intervention Services, overseeing a department of licensed counselors and social workers who address the social, emotional and behavioral needs of students to support their academic success. Mrs. Warren participates in a variety of community groups, co-chairs a county-wide collaboration, and serves on the Tarrant County Crime Stoppers Board of Directors.

Mea Williams, M.B.A., was born in Cambridge, OH, is a Navy veteran and the president and CEO of Grace After Fire, where she directs and oversees all efforts and activities related to developing and implementing an innovative peer-to-peer program: Table Talk™ Color Me Camo. Grace After Fire assists in the transition process of women Veterans in reintegrating into the civilian sector after their military service. After serving her country for six years, Mea earned both her Bachelor’s degree in Business Management and her MBA with a specialization in Healthcare Administration from Ashford University. Mea was recognized by her peers and mentors for her nonstop determination, passion to see others reach their full potential, and strong people skills. She was nominated and selected as part of Leadership Texas 2015. Now a resident of Katy, Texas, Mea spends her days on purpose effecting change in the lives of many in and around her community.

Shenekia Williams-Johnson, RN, BSN, MAOM, is the VISN 6 Lead, Women Veterans Program manager, with the Department of Veterans Affairs Mid-Atlantic Healthcare Network. After being honorably discharged from the U.S. Navy Nurse Corps, she joined the VA family in July 2001.
SESSION LOCATIONS

All plenary sessions will be in the Fellowship Hall

**Session 1 - November 19 at 9:35 a.m.**

1A R2T - Responses to Trauma: An Experiential Workshop  
Chapel

1B Transitions: Military Families on the Move  
Classroom B1044

1C Understanding the Claims Process and VHA for Women Veterans  
Fellowship Hall

1D Supporting Military Children with Special Needs  
Classroom B1045

1E Long-term Consequences of Combat Stress  
Parlor

**Session 2 - November 19 at 1:15 p.m.**

2A Supporting Women Veterans  
Chapel

2B Nature, Cause and Treatment of Unresolved TBI  
Fellowship Hall

2C Journey through Grief and Trauma: A Gold Star Family’s Dialogue  
Classroom B1044

2D Combat Trauma: A Spousal Response  
Parlor

2E Empathy Fatigue  
Classroom B1045

**Session 3 - November 20 at 9:30 a.m.**

3A The “Reaching Teens” Model  
Classroom B1044

3B Hidden Heroes: America’s Military Caregivers  
Fellowship Hall

3C Military Sexual Assault: The Impact on Families  
Classroom B1045

3D Strength through Support: Veterans Treatment Courts  
Chapel

3E Are We Ready for some TRICARE Reform  
Parlor

**Session 4 - November 20 at 1:30 p.m.**

4A Traumatic Brain Injury and Polytrauma Program Overview  
Fellowship Hall

4B Getting through the Maze: Unique Challenges of Military Members and their Families  
Classroom B1044

4C Establishing Trauma-Informed Schools in a Military Community  
The Chapel

4D An Overview of CBCT for Depression  
Parlor

4E Moral Injury: Supporting/Ministering to Service Members Veterans  
Classroom B1045
Notes
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