

## National ECC Training Bulletin Supplement to Program Administration Manual

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**Subject:** **Heartsaver First Aid Instructor**

**Reference:** Program Administration Manual, Chapter 3, pages 39-42

**All** Heartsaver First Aid Instructor candidates must attend the AHA Heartsaver First Aid Instructor Course.

### **Prerequisites for admission to Heartsaver First Aid Instructor Course**

AHA BLS or Heartsaver Instructor recognition **and** one of the following:

- Health Professional (EMS, RN, LPN, MD, DO, DDS)
- Certified Athletic Trainer
- Recognized FACTS Instructor or American Red Cross First Aid Instructor
- Completed AHA Heartsaver First Aid Provider Course, including the Environmental module

### **Instructor Course Faculty**

All AHA First Aid Instructor Courses must be directed by BLS Regional Faculty, Training Center Faculty, or Instructor Trainers who have completed the Heartsaver First Aid Instructor Course. The training hierarchy as described in the Program Administration Manual applies.

### **Instructor / IT Course Materials**

In addition to the *Instructor Manual for Basic Life Support*, First Aid Instructors must own the student manual *Heartsaver First Aid With CPR and AED* and the *Heartsaver First Aid Instructor's Manual*.

### **Course Completion**

- Candidates must participate in all aspects of the orientation, including successful skills demonstration.
- Candidates must achieve  $\geq 90\%$  on the provider post-exam. There is no instructor examination.

### **Heartsaver First Aid Instructor / Instructor Trainer Renewal Criteria**

To maintain status as a BLS (or Heartsaver) / First Aid Instructor the Instructor must:

1. Maintain the BLS or Heartsaver Instructor status as currently required and stated in the Program Administration Manual.
2. Be monitored in **either** a First Aid or a BLS Course. Monitoring in both is not required.
3. Teach 2 Heartsaver First Aid Provider Courses every 2 years in addition to teaching the minimum of 4 BLS courses in 2 years.
  - a. A *Heartsaver First Aid With CPR* Course counts as 1 BLS and 1 First Aid Course for meeting these requirements.

### Instructor Trainer Renewal Criteria

BLS Instructor Trainers must meet the requirements outlined in the Program Administration manual for BLS ITs as well as those for the Heartsaver First Aid Instructor, above. Conducting a Heartsaver First Aid Instructor Course counts toward the renewal requirement that all BLS ITs must conduct at least one instructor course in the 2-year period. Teaching Heartsaver First Aid Instructor Courses may be substituted for teaching the required Heartsaver First Aid Provider Courses.

Example:

A BLS Instructor Trainer has met the requirement if the following courses are taught:

- 3 Healthcare Provider Courses
  - 1 Heartsaver CPR Course
- and**
- 2 Heartsaver First Aid Instructor Courses  
(counts as 1 instructor course and 1 Heartsaver First Aid Provider Course)