

♥ **SR AHEC TC Website** ♥

For the latest memos, update information, or to download forms such as rosters, instructor checkoff/monitoring forms and pretests, please visit our website at:

[http://www.southernregionalahec.org/continuing\\_ed/aha.htm](http://www.southernregionalahec.org/continuing_ed/aha.htm)

**Guidelines 2005 Update**

Based on the international consensus and input from leaders in many professional healthcare organizations, the AHA ECC will develop the *2005 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care*. The Guidelines will be published in December 2005, and will be used as the foundation for creating updated training materials, which will be released throughout 2006. The timeline is as follows:

**December 2005**

♥ The American Heart Association will publish the *2005 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care*. This document first will be published in the journal *Circulation*, then will be available as a reprint through the AHA distributors.

♥ The winter issue of *Currents* will feature a summary of key changes to the ECC Guidelines. This issue of *Currents*, as well as all other issues, are/will be available free of charge on the AHA Web site at [www.americanheart.org/cpr](http://www.americanheart.org/cpr).

**January 2006**

♥ Interim guidance on how to integrate changes in resuscitation science into specific, current ECC course materials will be provided to Instructors and Training Centers. This will ensure that current training materials can be utilized prior to the release of new training materials in 2006, enabling you to continue to meet the needs of your customers.

♥ The AHA *Handbook of Emergency Care for Healthcare Providers* will be released.

**January – June 2006**

♥ All Basic Life Support (BLS) course materials, including *Basic Life Support for Healthcare Providers*, all Heartsaver® (including Heartsaver® First Aid), and Family & Friends community materials will be released. This will include instructor and student materials, exams, and all other auxiliary materials.

**July – September 2006**

♥ All Advanced Cardiovascular Life Support (ACLS) course materials will be released. This will include instructor and student materials, exams, and all other auxiliary materials.

**October – December 2006**

♥ All Pediatric Advanced Life Support (PALS) course materials will be released. This will include instructor and student materials, exams, and all other auxiliary materials.

As the release of the 2005 Guidelines and new materials draws near, we will work diligently to keep you informed about any changes or updates to the above timeline. In the meantime, please feel free to contact your ECC Service Center with any questions.

We appreciate your commitment to providing lifesaving ECC training. Stay tuned!

♥ **THE NEW TESTS ARE HERE!!!!** ♥

The AHA has recently revised both the **Healthcare Provider** and the **ACLS Provider** exams. New this go around are specially developed exams for pre-hospital providers for each of these disciplines and revised provider exams for the ACLS and Healthcare providers. The new tests are available through the TC Assistant's office, Debra Fulton for \$5.00 a set. You must be an instructor in the discipline to be able to purchase a set of the tests.

♥ **Heartsaver First Aid Instructor Rollout May 24, 2005**

For BLS Instructors who missed getting the information to teach the Heartsaver First Aid Course, we will have another rollout on May 24, 2005 from 1-5 pm. You must be a **current** BLS Instructor and from a healthcare discipline background to be "grandfathered" in to take the instructor course without first completing the HS FA provider course. The fee for the rollout is \$15. Instructors must pre-register with SR AHEC, and purchase their own HS FA /CPR/AED Provider manual and instructor manual and bring these to the class. Provider and Instructor manuals will NOT be available on site for purchase. For more information please contact Andrea: [Andrea.Novak@sr-ahec.org](mailto:Andrea.Novak@sr-ahec.org) or 910-678-7216. To register please contact our registrar at 910-678-7226.

♥ **Some FAQs:**

**Do we have to use the AHA videos when teaching an initial BLS course?**

Yes. Our BLS courses are video based. The "watch and practice" videos have proven to be an excellent way to maintain consistency in teaching skills. Studies have proved that students trained in the "watch and practice" method retain information and are confident of their ability to apply the skill when needed.

**What happens if my Instructor card expires?**

If the Instructor renewal criteria listed in the Program administration Manual is not satisfied within the card expiration period, the Instructor must repeat the initial Instructor recognition process.

**What is PAD?**

Public access defibrillation is an initiative that helps businesses and other facilities implement programs to reduce the time to defibrillation and improve the cardiac arrest survival rate. Components of a PAD program are training in CPR and how to use an AED, establishing physician oversight for quality control, integrating with the local EMS and using and maintaining AEDs.