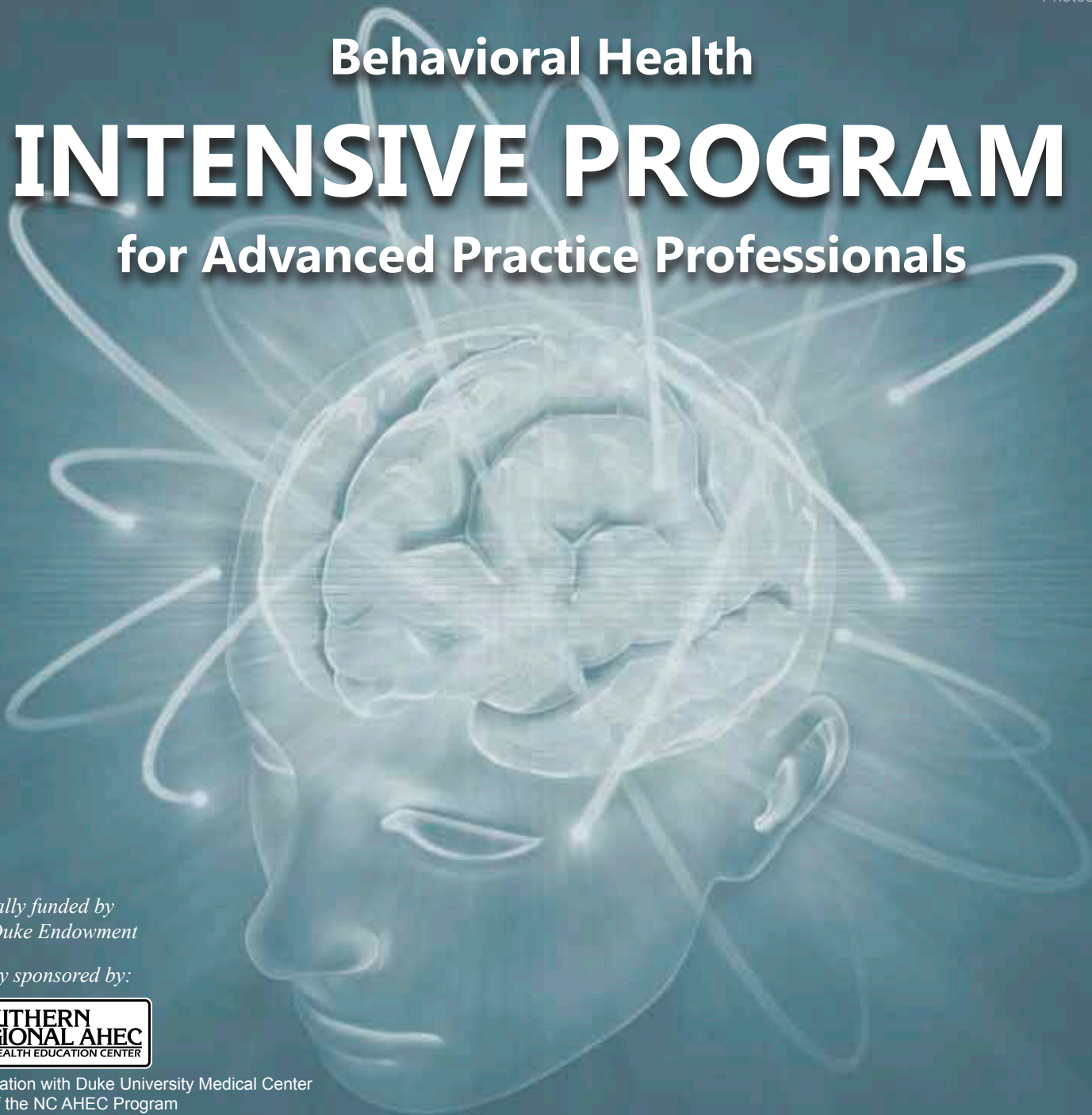


Behavioral Health INTENSIVE PROGRAM for Advanced Practice Professionals



Partially funded by
The Duke Endowment

Jointly sponsored by:



In affiliation with Duke University Medical Center
Part of the NC AHEC Program



ADULT Sessions:

Day 1	Day 2	Day 3
January 13, 2012	February 10, 2012	February 11, 2012
Registration 8:30 am 9:00 am - 5:00 pm	8:30 am - 5:00 pm	8:30 am - 5:00 pm

CHILD Sessions:

Day 1	Day 2	Day 3
June 7, 2012	July 13, 2012	July 14, 2012
Registration 8:30 am 9:00 am - 5:00 pm	8:30 am - 5:00 pm	8:30 am - 5:00 pm

Duke University Health Center
2301 Erwin Rd
Durham, NC 27705
(919) 684-8111

Lunch and breaks included for each day.

Behavioral Health Intensive Program for Advanced Practice Professionals

Program Description

This Intensive Program is for Physician Assistants and Nurse Practitioners who work with large numbers of patients with behavioral health needs. Participants will attend two three-day in-person trainings followed by a total of ten monthly web-based case discussions with psychiatrists and other experts. The program includes its own web-based Learning Center that includes references, presentations, self-assessment tools and group discussions. Participants will also receive a total of ten hours of on-going case supervision with a psychiatrist. The program takes place over a ten month period, beginning with sessions covering adult behavioral health, followed by sessions on behavioral health care of children and adolescents. Education on legal issues and billing psychiatric codes will also be provided.

Target Audience

Physician Assistants and Nurse Practitioners who provide care to large numbers of behavioral health patients. There is a limit of **ten** participants. Should the number of applicants to the program exceed the available openings, priority will be given to applicants from psychiatrically underserved regions or from organizations whose primary mission is the provision of care to the medically underserved.

Required Prerequisites

Participants will be asked to take a pre-test to evaluate their knowledge, attitudes and clinical practices in caring for patients with behavioral health needs. These same measures will be assessed 30 days following completion of the Intensive Program and a statistical comparison of outcomes will be performed.

Participants will also be asked to collect some baseline data on select patients in their practice before entering the program:

- Percentage of patients seen in a follow up visit within 30 days of being newly prescribed an antipsychotic drug.
- Frequency of laboratory testing and weight assessment for patients on antipsychotic drugs.
- Laboratory values and weight of patients tested.

Objectives

At the completion of the one year Intensive Program, the participant will be able to:

1. Demonstrate psychiatric assessment and the mental status exam;
2. Describe how to diagnose common psychiatric problems according to DSM-IV criteria, including: anxiety disorders, mood disorders, psychosis, substance use disorders, dementia, disorders due to a general medical condition, somatoform and eating disorders;
3. Discuss a differential diagnosis;
4. Discuss a biopsychosocial formulation;
5. Identify structured assessment instruments in the diagnosis of psychiatric conditions;
6. Outline basic principles of using medications in psychiatric treatment;
7. Discuss therapeutic indications, response, common side effects, and drug interactions of major classes of medications;
8. Describe how to adjust medications for optimal response and monitor response to therapy;
9. List steps to properly triage psychiatric emergencies;
10. Discuss patient-centered psychiatric interview skills;
11. Discuss the rationale, indications, and typical course of treatment for major forms of psychotherapy;
12. Describe how to provide motivational interventions to promote behavior change and adherence to treatment;
13. Identify how to obtain collateral information from family and others;
14. List how to outline a treatment plan, including pharmacologic and non-pharmacologic interventions;
15. Describe techniques to educate patient and family regarding psychiatric condition and its treatment;
16. Discuss how to utilize major, widely accepted clinical practice guidelines for treatment of psychiatric disorders;
17. Describe how to manage general health issues for persons with severe mental illness, including smoking cessation and weight management;
18. Describe psychosocial interventions and their application;
19. List appropriate treatment modalities in the care of patients with mental illness; and
20. Demonstrate knowledge and skills regarding legal, ethical and policy aspects of mental health care in North Carolina.

Behavioral Health Intensive Program for Advanced Practice Professionals

Agenda

DAY 1 ADULT - Friday, January 13, 2012

Introduction and Overview

- 8:30 am Registration
- 9:00 am Introduction and Relevance
Sarah Rivelli, MD
- 9:30 am The Psychiatric Interview
Virginia O'Brien, MD
- 10:15 am Break
- 10:30 am Anxiety Disorders
Virginia O'Brien, MD
- 11:15 am Depression
Sarah Rivelli, MD
- 12:15 pm Lunch (provided)
- 1:15 pm Bipolar Disorder
John Beyer, MD
- 2:15 pm Psychosis and Antipsychotic Medications
Sarah Rivelli, MD
- 3:00 pm Break
- 3:15 pm Overview of Substance Use Disorders
Xavier Preud'homme, MD
- 3:45 pm Differential Diagnosis
Xavier Preud'homme, MD
- 4:15 pm Psychiatric Emergencies
Sarah Rivelli, MD
- 4:30 pm Summary and Introduction to Learning Modules and Webinars
Virginia O'Brien, MD and Sarah Rivelli, MD
- 5:00 pm Adjourn

DAY 2 ADULT - February 10, 2012

Interviewing, Personality Disorders and Psychotherapy

- 8:30 am Diagnostic Interviewing
Sarah Rivelli, MD
- 10:30 am Break
- 10:45 am Differential Diagnosis and Formulation
Virginia O'Brien, MD and Sarah Rivelli, MD
- 11:15 am Patient and Family Education
Virginia O'Brien, MD and Sarah Rivelli, MD
- 11:45 am Lunch (provided)
- 12:45 pm Personality Disorders
Zach Rosenthal, PhD

- 1:45 pm Overview and Essential Skills in Psychotherapy
Zach Rosenthal, PhD
- 3:15 pm Break
- 3:30 pm Motivational Interviewing
Paul Nagy MS, LPC, LCAS, CCS
- 4:45 pm Questions and Answers
Virginia O'Brien, MD and Sarah Rivelli, MD
- 5:00 pm Adjourn

DAY 3 ADULT - February 11, 2012

Substance Use, Disorders Due to General Medical Conditions and Dementia; Policy and Legal Issues

- 8:30 am Dementia
Harry Goforth, MD
- 9:30 am Treatment of Substance Use Disorders
Xavier Preud'homme, MD
- 10:45 am Break
- 11:00 am Disorders Due to General Medical Conditions
Sarah Rivelli, MD
- 12:00 pm Lunch (provided)
- 1:00 pm Somatoform Disorders and Medically Unexplained Symptoms
Virginia O'Brien, MD
- 1:45 pm Eating Disorders
Virginia O'Brien, MD
- 2:15 pm General Health Issues for Persons with Mental Health Disorders
Sarah Rivelli, MD
- 3:00 pm Break
- 3:15 pm Psychosocial Interventions
Marvin Swartz, MD
- 3:45 pm Policy, Billing and Documentation and Ethical Issues
Marvin Swartz, MD
- 4:30 pm Questions and Answers
Virginia O'Brien, MD and Sarah Rivelli, MD
- 5:00 pm Adjourn

The agenda for the child session will be available at a later date.

Behavioral Health Intensive Program for Advanced Practice Professionals

Faculty

John Beyer, MD, is an Assistant Professor of Psychiatry at Duke University Medical Center and Director of the Duke Bipolar Disorders Clinic. He is board certified in Psychiatry and board qualified in Geriatric Psychiatry. He completed his medical degree from Southwestern Medical Center at Dallas in 1989, and his residency in psychiatry at Duke University Medical Center in 1993. He has been active in community mental health programs, previously serving as the medical director for Agape Counseling Services in Nashville, TN, and a geriatric day program in Rock Hill, SC. Dr. Beyer's main research is in the etiology and treatment of mood disorders, with special emphasis in the elderly population. Dr. Beyer maintains an active outpatient practice and directs the advanced psychopharmacology classes for Duke residents.

Allen Chrisman, MD, is currently, the Director of the Duke Child & Family Study Center Psychopharmacology Clinic, Medical Director of the Duke ADHD Research Program, Program Training Director of the Child & Adolescent Psychiatry Residency and Acting Division Head of Child & Adolescent Psychiatry. Dr. Chrisman graduated from the George Washington University School of Medicine in 1971, completed an internship in medicine at the Washington Hospital Center in Washington, D.C., and psychiatric training at Harvard University Medical Institutions. Since coming to Duke from Boston his practice has specialized in consultations for all ages with ADHD. As mentioned Dr. Chrisman is the Medical Director of the Duke ADHD Research Program and has been involved with clinical trials as a senior psychopharmacologist and PI. He has also worked with Dr. John March in the Pediatric Child and Adolescent Anxiety Disorders Program and Child & Adolescent Psychiatry Trials Network participating in many NIMH sponsored comparative treatment studies of children with OCD, anxiety and depression.

Harold W. Goforth, MD, has worked at the intersection of infectious disease, palliative medicine, and psychiatry since 2000. He completed post-graduate training in Psychiatry at Loyola University Medical Center, then a fellowship in Geriatric Psychiatry at Duke University Medical Center. He has published multiple peer-reviewed manuscripts and book chapters dealing with primary HIV disease, HIV and substance abuse, and pain medicine. He is an Assistant Professor of Medicine and Psychiatry at Duke University Medical Center and the Durham VA Medical Center. He is board certified by the American Board of Psychiatry and Neurology in general psychiatry, psychosomatic medicine and hospice and palliative medicine. He is also board certified in pain medicine by the American Board of Pain Medicine.

Paul Nagy, MS, LPC, LCAS, CCS, received his MS in Counseling and Human Systems from Florida State University. He is a Certified Clinical Addictions Specialist and a Certified Clinical Supervisor in Substance Abuse, as well as a Licensed Professional Counselor. He is currently a Clinical Associate in the Department of Psychiatry and Behavioral Sciences at Duke University Medical Center.

Virginia O'Brien, MD, is an Associate in the Departments of Psychiatry Behavioral Sciences and the Department of Medicine at Duke University Medical Center. She received her MD from the University of Mississippi School of Medicine and completed her residency in Combined Internal Medicine and Psychiatry at Rush University Medical Center in Chicago, IL.

Xavier A. Preud'Homme, MD, is an Assistant Professor of Psychiatry and Behavioral Sciences and an Assistant Professor in Medicine with the Department of Psychiatry and Behavioral Sciences/Biological Psychiatry at Duke University. He completed his medical training and residency at Universite Libre de Bruxelles (Belgium) and in Psychiatry and Internal Medicine at Duke University Medical Center in 2006. He is board certified in Sleep Medicine and Psychosomatic Medicine.

Sarah K. Rivelli, MD, is the Program Director for the MedPsych residency training program, and also the medical director for the MedPsych service, a small private service focusing on complex patients with both medical and psychiatric problems. She is also the medical director of the Psychiatry Consultation-Liaison service at Duke. In both of these settings she supervises postgraduate trainees as well as students. She also rounds on the General Medicine teaching service. Dr. Rivelli's clinical interests include: general internal medicine, general psychiatry, hospitalist medicine, delirium, affective disorders, and psychosomatic medicine.

M. Zachary Rosenthal, PhD, is an Assistant Professor in the Duke University Medical Center Department of Psychiatry and Behavioral Sciences, with a secondary appointment in the Duke University Department of Psychology and Neuroscience. He is Director of both the Sensory Processing and Emotion Regulation Program and the Duke Cognitive Behavioral Research and Treatment Program (CBRTP). Dr. Rosenthal received his PhD from the University of Nevada, Reno, after completing an internship in medical psychology at Duke University Medical Center. Dr. Rosenthal is a licensed clinical psychologist in North Carolina who is trained in cognitive behavioral therapy (CBT) and is an expert in the treatment of BPD and other difficult-to-treat populations using dialectical behavior therapy (DBT). He is a faculty member in the Duke medical psychology internship program, training and supervising medical psychology interns on the CBT track.

Marvin S. Swartz, MD, currently serves as Professor and Head of the Division of Social and Community Psychiatry and Director of the Duke AHEC Program. Dr. Swartz's major research and clinical interests are in improving the care of severely mentally ill individuals. Dr. Swartz has conducted research on Psychiatric Advance Directives for the past decade and currently serves as the Director of the National Resource Center on Psychiatric Advance Directives.

Behavioral Health Intensive Program for Advanced Practice Professionals

Questions and Suggestions

For information regarding workshop registration, please call (910) 678-7226. For questions regarding educational content or professional credit, contact:

Jennifer Borton, RN, MSN
(910) 678-0138 / Jennifer.Borton@sr-ahec.org
Administrator of Pharmacy, CME and Quality Initiatives, SR-AHEC

Americans with Disabilities Act

No individual with a disability is excluded, segregated or otherwise treated differently from any other individual. If you need any of the auxiliary aids or services identified by the Americans With Disabilities Act of 1990 in order to attend this program, please call (910) 678-7241.

Our Promise To You

Southern Regional AHEC strives to offer the highest quality educational programming. If, for any reason, this program does not meet your needs, please let us know. We value your feedback and will resolve the issue to your satisfaction.

Credit Information

CEU: Southern Regional AHEC will award 6.0 CEUs to each person who attends 100% of this program.

AMA PRA Category 1 Credit™: 59.5 hours

Credit Statement: Southern Regional AHEC designates this live for a maximum of 59.5 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation: This activity has been planned and implemented in accordance with the Essentials and Standards of the North Carolina Medical Society through the joint sponsorship of Southern Regional AHEC and Duke Department of Psychiatry. Southern Regional AHEC is accredited by the NCMS to provide continuing medical education for physicians.

Disclosure Statement: Southern Regional AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosure of faculty/planning committee members and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental, or investigational use of drugs or devices in their presentations.

Nursing Credit: 20.5 contact hours, CNE, will be awarded to participants who attend 100% of this activity (this credit for adult session only). Southern Regional AHEC is approved as a provider of continuing nursing education by North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Disclosure for conflict of interest from any of the presenters will be announced at the beginning of the program.

Registration Form

This form may be duplicated.

Phone: 910-678-7226 Fax: 910-323-0674

Or, send this form by mail:
SR-AHEC, Attention Registrar
1601 Owen Drive • Fayetteville, NC 28304

Behavioral Health Intensive Program for Advanced Practice Professionals

CASCE #35090

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Please do not send me e-mail announcements of upcoming SR-AHEC Nursing workshops.

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Specialty Area _____

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Who is Paying? __ I am __ My Organization

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Supervisor Phone # _____

Mastercard/Visa # _____ - _____ - _____

Exp. Date ____/____/____

Signature _____

Office Use Only:

Check/Auth # _____ Date ____/____/____
From _____ Amount \$ _____.

Fees

The registration fee covers six in-person one-day trainings, ten monthly web-based case discussions, ten hours of clinical supervision by a psychiatrist and access to the program's web-based Learning Center. The registration fee is \$1,000 and due with the application.