



Essentials of **Family** Engagement

Tuesday, December 5, 2017

9 a.m. - 4:30 p.m.

Location:

Cumberland County Department of Social Services
1225 Ramsey Street, Meeting Room B
Fayetteville, NC 28301

Target Audience

The target audience for this program includes psychiatrists, clinical social workers, psychologists, nurses, counselors, primary care providers, and other mental health workers.

Program Description

This program will review the essentials of family engagement in working with people with serious mental illness. Family psycho education is one of SAMHSA's evidence-based practices that has sound evidence in reducing hospitalizations and relapses. However, it is rarely being offered in clinical practices. This workshop will review engagement strategies and several different models for working with families. It will also describe the benefits for those families as well as the clinicians. The workshop will also provide practical strategies that will increase family engagement in your clinical practice, from starting a multiple family group, all the way to offering family consultation.

Objectives

Upon completion of this workshop, participants will be able to:

- Discuss the family experience of mental illness;
- Describe family psychoeducation, family consultation and family support; and
- Demonstrate increased knowledge of practical strategies to engage families

Agenda:

8:30 a.m. - 9 a.m.	Registration / Welcome
9 a.m. - 9:10 a.m.	Introductions and Review of Plans for the Day
9:10 a.m. - 10:30 a.m.	The Family Experience of Mental Illness
10:30 a.m. - 10:45 a.m.	Break
10:45 a.m. - 12 p.m.	Family Psychoeducation
12 p.m. - 1 p.m.	Lunch (on your own)
1 p.m. - 1:45 p.m.	Other Models of Family Support
1:45 p.m. - 2:30 p.m.	Practical Skills for Working with Families
2:30 p.m. - 2:45 p.m.	Break
2:45 p.m. - 3:45 p.m.	Implementing Family Interventions
3:45 p.m. - 4:30 p.m.	Wrap up
4:30 p.m.	Adjourn

Fee

\$109.00 if registration and payment are postmarked on or before November 28, 2017; \$119.00 thereafter.

Speaker

Bebe Smith, MSW, LCSW is Director of Mental Health and Coordinator of the NC Evidence Based Practices Center. She is also project coordinator for the Crisis Navigation Project, a collaboration between SR-AHEC, Duke University Medical Center, and NAMI-NC to promote the use of psychiatric advance directives. Prior to joining SR-AHEC, she worked for 21 years at the University of North Carolina at Chapel Hill in the Department of Psychiatry and the School of Social Work. She has taught mental health professionals from multiple disciplines in clinical and academic settings. Her clinical work has focused on providing evidence-based treatment and services to persons who live with schizophrenia and other severe mental illnesses. She helped develop OASIS, the first early psychosis program in North Carolina, at UNC in 2005, and was a founder of the UNC Center for Excellence in Community Mental Health in 2008. She also led a pilot of Critical Time Intervention (CTI) from 2012-2015. CTI was adopted for statewide expansion in 2014. She is a trainer in Family Psychoeducation and Critical Time Intervention. She was the NASW-NC Social Worker of the Year in 2012, and won the Bryan Public Service Award from the Carolina Center for Public Service in 2015.

Credit

C.E.U.: 0.6

Contact Hours: 6.0

SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #843 (Substance Abuse Credit).

NC Psychologists Category A: The program will provide 6.0 contact hours (category A) continuing education credit to NC Psychologists.

NBCC: Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, #5362.



Southern Regional AHEC is solely responsible for all aspects of the programs.

No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit.

Credit will be awarded to participants who attend 100% of the program.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel two (2) business days (Monday-Friday), before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel two business days (Monday-Friday) before the program and obtain a refund for 70% of the registration fee.

Cancellations less than two business days (Monday-Friday) before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Contacts

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Melanie Wheeler, Program Assistant Manager

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Please bring a light jacket or sweater for your own comfort; the temperature of the room is controlled by thermostat and we are unable to make any adjustments.

Registration Form

Form may be duplicated.

Essentials of Family Engagement

CASCE #53695 / MH171205

Phone: 910-678-7226 **Fax:** 910-323-0674

Online: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=53695>

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name _____ Last 4 digits of SS# _____

Certifications/Degrees _____ Specialty Area _____ Are you an NCC? _____

Employer _____ Job Title _____

Work Address _____ City _____ State _____ Zip Code _____

Home Address _____ City _____ State _____ Zip Code _____

Phone (work) _____ (home) _____

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) _____ (secondary) _____

Do not send email announcements of upcoming SR-AHEC programs. Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies _____

Payment Information

Check (Make payable to SR-AHEC)

Mastercard / Visa # _____ Expiration Date (mm/yy) _____

Name on Card _____ Signature _____

Office Use Only: Check Auth # _____ Date _____ From _____ Amount \$ _____

SR-AHEC.org
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