

# 2017 Clinician's Update on the Dementias: Diagnosis, Course, and Treatment

**Wednesday, November 22, 2017 (12 - 1 p.m.)**

## Target Audience

Physicians, physician assistants, nurse practitioners, nurses, social workers, counselors, psychologists, and other health care professionals.

## Description

Dementia is a general term referring to the decline in mental ability that is severe enough to interfere with daily life. While Alzheimer's Disease is the most common type of dementia, there are many other causes that can compromise a person's functioning as they age. The prevalence of dementia is at epidemic proportions in our elderly. About 5-7% of adults age 65 will have a dementia. The risk of developing the disease then doubles every 5 years. By age 85 years and older, between 25% and 50% of people will exhibit signs of Alzheimer's disease. Currently, some 5.3 million Americans currently have Alzheimer's disease, and it is the 6th leading cause of death in the United States. By 2050, the total number of American's with dementia is expected to more than double due to the aging of the population. Thus, if you care for older adults, or know any older adults, you are aware that this is a major concern in aging. This lecture will review the basic types of dementia and their course. We will discuss how to make initial assessments of reported cognitive changes; and recommendations for treatment when the diagnosis is made. We will also discuss the limitations of our knowledge and ability to intervene in these diseases.

## Speaker

**John Beyer, MD**, Dr. John Beyer, is a Professor of Psychiatry and Behavioral Health and the Director of Geriatric Psychiatry for Duke University Medical Center. He graduated medical school from the University of Texas Southwestern Medical Center in Dallas, TX in 1989 and completed his residency at Duke University Medical Center in 1993. Dr. Beyer worked as the inpatient medical director for the Nashville VA Hospital and in the Mood Disorder Clinic at Vanderbilt University Medical Center before returning to Duke in 1999. In addition to his work in geriatric psychiatry, Dr. Beyer is the medical director for the Duke Psychiatric Outpatient Clinic and has done extensive research in the mood disorders and dementia.

## Objectives

- Discuss the new DSM5 diagnostic criteria for Dementia/Major Neurocognitive Disorders.
- Examine the prevalence of Major Neurocognitive Disorders.
- Identify five common types of Major Neurocognitive Disorders.
- Note the clinical course and expectations in patients with cognitive changes.
- Review current treatment recommendations.
- Consider challenges posed by the disease due to behavioral changes, caregiver burden, public and healthcare policy.

## Fee

There is no fee for this web conference.

## Agenda

11:55 a.m.	Log-on and Dial-in
12 noon	Web Conference
12:55 p.m.	Question and Answer Session
1 p.m.	Evaluation and Adjournment

## Credit

CEU – 0.1 hour will be awarded for those who attend 100% of the webinar and complete an evaluation at the conclusion. Evaluation and certification information will be sent via e-mail after the program. If you would like credit please use the Webex registration form prior to the webinar to make the request.

## Contact

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## LOG ON AND REGISTRATION INFORMATION

*Part of the Duke Psychiatry Web Conference Series*

Use Internet Explorer and confirm Java is up-to-date. Multiple participants at a single site must inform the conference operator of all participants' names. Participants must be logged on and dialed in to fully participate in the web-conference. Five minutes prior to the start of the program, please log-on using the following instructions:

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- First register for the event and then log-in. The password will be 1234.
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