



Featured Speaker
Noga Zerubavel, Ph.D

A Trauma-Informed Model of Care for Assessment and Interventions for Victims of Intimate **Partner Violence**

Wednesday, January 16, 2019
9 a.m. – 4:30 p.m.

Location:

Southern Regional AHEC
1601 Owen Drive, Classroom E (3rd Floor)
Fayetteville, NC 28304

Target Audience

This training will be beneficial for psychologists, clinicians, therapists, counselors, social workers, marriage and family therapists, substance abuse counselors, and all others interested in a trauma-informed model of care for victims of intimate partner violence.

Program Description

The purpose of this training will be to discuss issues related to assessment of and intervention with victims of intimate partner violence (IPV). For many providers, IPV victims are a particularly challenging population to work with given their secrecy and tendency to be ambivalent about treatment. IPV victims often hope to stay in the abusive relationship and may want to protect their abuser from any negative outcomes, presenting clinicians with complex decisions regarding treatment goals and focus of intervention. This training will provide instruction in best practices for assessment of IPV, as well as provide an overview of important treatment targets, emphasizing the development of a shift from crisis intervention to psychotherapy. A framework for understanding the dynamics of IPV will be discussed, highlighting current understandings of why individuals often stay in or return to IPV relationships. A trauma-informed model of care will be emphasized as a way of empowering victims of intimate partner violence. Issues related to special populations, such as LGBTQ population and individuals who struggle with substance use disorders, will also be reviewed. This training will also provide resources for screening, documentation, safety planning, and referral.

Objectives

Upon completion of this workshop, participants will be able to:

- Discuss how behavioral learning principles can help us to understand the dynamics of intimate partner violence;
- Describe how an intimate partner violence victim's stay/leave decision-making influences clinical recommendations and factors into safety planning; and
- Describe tools for helping victims to identify and elucidate how intimate partner violence affects their lives.

Speaker

Noga Zerubavel, Ph.D., is a licensed psychologist and Assistant Professor in the Department of Psychiatry and Behavioral Sciences at Duke University Medical Center. Dr. Zerubavel is the Director of the Stress, Trauma, and Recovery Treatment Clinic (START Clinic) at Duke, which provides treatment for trauma-related disorders including PTSD, dissociative disorders, and other sequelae of trauma. She specializes in working with individuals who have experienced interpersonal victimization, including intimate partner violence and sexual trauma. She also works with individuals with mood, anxiety, substance use, eating disorders, and personality disorders in the Cognitive Behavioral Research & Treatment Program and the Duke Center for Eating Disorders. Dr. Zerubavel has clinical expertise in cognitive behavioral and mindfulness-based approaches to psychotherapy, including dialectical behavioral therapy (DBT) and mindfulness-based cognitive therapy (MBCT), and supervises psychiatry residents and clinical psychology interns and fellows in these approaches.

Agenda

8:30 a.m.	Registration /Check In
9 a.m.	Understanding Intimate Partner Violence
10:30 a.m.	Break
10:45 a.m.	Assessment and Safety Planning
12 p.m.	Lunch (On Your Own)
1 p.m.	Interventions for Victims of Intimate Partner Violence
2 p.m.	Special Populations: LGBTQ and Individuals with Substance Use Disorders
2:30 p.m.	Break
2:45 p.m.	Special Populations: LGBTQ and Individuals with Substance Use Disorders (cont.)
3:15 p.m.	Questions and Feedback
4:30 p.m.	Wrap-up

Fee

\$119.00 if registration and payment are postmarked on or before January 9, 2019; \$129.00 thereafter.

Credit

C.E.U.: 0.6

Contact Hours: 6.0

NAADAC: SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #108762 (Substance Abuse Credit).

NC Psychologists Category A: The program will provide 6.0 contact hours (category A) continuing education credit to NC Psychologists.

NBCC: Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5362. Programs that do not qualify for NBCC credit are clearly identified.



Southern Regional AHEC is solely responsible for all aspects of the programs.

No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit.

Credit will be awarded to participants who attend 100% of the program.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel two (2) business days (Monday-Friday), before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel two business days (Monday-Friday) before the program and obtain a refund for 70% of the registration fee.

Cancellations less than two business days (Monday-Friday) before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Please bring a jacket or other additional covering since we will not be able to adjust the thermostat.

Contacts

Bertina Parkins, Director Mental Health CE
910-678-0132 / Bertina.Parkins@sr-ahec.org

Kate Smith, Program Assistant for Mental Health CE
910-678-7305 / Kate.Smith@sr-ahec.org

Registration Form

Form may be duplicated.

Phone: 910-678-7226 **Fax:** 910-323-0674

Online: <https://www.southernregionalahec.org/courses-and-events/57000>

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

**A Trauma-Informed Model of Care for
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CASCE #57000 / MH190116

Circle one: Dr. Mr. Mrs. Ms.

Name _____ Last 4 digits of SS# _____

Certifications/Degrees _____ Specialty Area _____ Are you an NCC? _____

Employer _____ Job Title _____

Work Address _____ City _____ State _____ Zip Code _____

Home Address _____ City _____ State _____ Zip Code _____

Phone (work) _____ (home) _____

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) _____ (secondary) _____

Do not send email announcements of upcoming SR-AHEC programs. Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies _____

Payment Information

Check (Make payable to SR-AHEC)

Mastercard / Visa / Discover / American Express # _____ Expiration Date (mm/yy) _____

Name on Card _____ Signature _____

The handouts for the program will be provided online. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to:
https://www.southernregionalahec.org/?page_id=6196

Office Use Only: Check Auth # _____ Date _____ From _____ Amount \$ _____

SR-AHEC.org
1601 Owen Drive • Fayetteville, NC 28304
(910) 678-7226

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