

Working with Families: Intervention Skills & Techniques

Friday, February 01, 2019 9 a.m. – 4:30 p.m.

Location:

Southern Regional AHEC 1601 Owen Drive Classroom E (3rd Floor) Fayetteville, NC 28304

Target Audience

This event has been planned for mental health professionals, psychologists, social workers, marriage and family therapists, counselors, child advocacy centers, department of social services, law enforcement investigators, professionals, and others committed to working with families to help clients achieve their dreams, aka, treatment goals.

Program Description

We cannot not work with families. The influence of family on who we are, what we do, and who we become is ubiquitous and inevitable. But how do we work with families effectively? What is a useful framework for family work, and what do we actually do in a family session? Join us for a fun, fast-paced, experiential workshop where you will learn tangible, well-tested concepts and methods for working with families. This workshop will utilize didactic and video presentation as well as interaction and discussion as a way to introduce and practice family intervention skills and techniques. Participants will receive an overview of the over-arching philosophy and theory behind the systemic approach to treating families developed by Dr. John T. Edwards

Objectives

Upon completion of this workshop, participants will be able to:

- Describe the ReSPECT Model for initial family sessions;
- Explain how to engage families in therapeutic change;
- Demonstrate how to use a Family Map and Systems Hypothesis to perceive and present cases;
- Identify Family Sculpting to assess and intervene;
- Discuss how to effectively move the target of intervention from a single identified patient to the family system;
- Define and describe multiple-family group therapy; and
- Review the philosophy and theory behind Dr. John T. Edwards' systemic approach to treating families.

Agenda

8:30 a.m. Registration / Check In

9 a.m. **ReSPECT Model for initial family sessions**

How to engage families in therapeutic change

10:30 a.m. Break

10:45 a.m. Family Map and Systems Hypothesis to perceive and present cases

Facilitate Family Sculpting to assess and intervene

12:15 p.m. Lunch (On Your Own)

1:15 p.m. How to effectively move the target of intervention from a single identified patient to

the family system

Define and describe multiple-family group therapy

2:45 p.m. Break

3 p.m. Explain the philosophy and theory behind Dr. John T. Edwards' systemic approach

to treating families

4:30 p.m. Adjourn

Speaker

Michael McGuire, MSW, LCSW, LCAS, LMFT, CCS, operates a private training and consulting business and is employed by the University of North Carolina at Chapel Hill School of Social Work as a Clinical Assistant Professor and the Director of the Substance Use and Addictions Specialist program. He is licensed as a Clinical Social Worker (LCSW), Marriage and Family Therapist (LMFT), Clinical Addictions Specialist (LCAS), and is a Certified Clinical Supervisor (CCS). His areas of interest and expertise include: staff and leadership workforce development, adolescent and family development, childhood trauma, substance use treatment, experiential learning, Service Members–Veteran–Families (SMVF), Motivational Interviewing, Feedback Informed Treatment, clinical supervision, clinical model implementation science, and ethics. Michael worked as a clinical director of a comprehensive treatment provider and more recently returned from Germany following a three-year contract working with American military families stationed abroad. He enjoys puns, travel, and personal growth, in that order.

This presenter is being supported through the partnership between UNC-CH, School of Social Work and the NCAHEC Program.

Fee

\$119.00 if registration and payment are postmarked on or before January 25, 2019; \$129.00 thereafter.

Credit

C.E.U.: 0.6

Contact Hours: 6.0

NAADAC: SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #108762 (Substance Abuse Credit).

NBCC: Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5362. Programs that do not qualify for NBCC credit are clearly identified.

NC Psychologists Category A: The program will provide 6.0 contact hours (category A) continuing education credit to NC Psychologists.

Southern Regional AHEC is solely responsible for all aspects of the program.

No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit. Credit will be awarded to participants who attend 100% of the program.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel two (2) business days (Monday-Friday), before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel two business days (Monday-Friday) before the program and obtain a refund for 70% of the registration fee.

Cancellations less than two business days (Monday-Friday) before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Please bring a jacket or other additional covering since we will not be able to adjust the thermostat.

Contacts

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Melanie Wheeler, Program Assistant for Mental Health CE / 910-678-7209 / Melanie.Wheeler@sr-ahec.org

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A MyAHEC account is required to complete registration. If you do not have a MyAHEC account, please go to our website at: https://www.southernregionalahec.org/create-account to create an account. Please use your personal email address when you create your MyAHEC account as work email accounts can change.

The handouts for the program will be provided online. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: https://www.southernregionalahec.org/about-us/general-reference/

Registration Form

CASCE #57885

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☐ Updated Contact	Information			
Name:			Credentials	:
Personal Email:		Seco	ondary Email:	
Phone:		Empl	oyer:	
☐ Check Enclosed (Make check payable to SR-AHEC)				
We accept the following credit cards: Visa, Mastercard, Discover, American Express				
Card Number:				
Expiration date:				
Name on card:				
Signature:				
Dietary Preferences	:			
□ Vegetarian	□ Vegan	☐ Gluten-Fre	ee □ Spe	cial Need/Allergies
Send completed registration form to: SR-AHEC, Attention: Registrar, 1601 Owen Drive, Fayetteville, NC 28304 or e-mail to registrar@sr-ahec.org				
Office Use Only:		Date	From	Amount \$

