



**Guidelines for the Empirically-  
Based Assessment and  
Psychosocial Treatment of  
ADHD in Adulthood**

Friday, September 29, 2017

9 a.m. – 4:30 p.m.

**Location:**

Cumberland County Partnership for Children  
351 Wagoner Drive  
Multi-Purpose Room  
Fayetteville, NC 28303

## Target Audience

This program is designed for mental health professionals, psychologists, social workers, marriage and family therapists, counselors, and any other human services professionals interested in this topic.

## Program Description

The goal of this day-long training is to introduce and discuss issues related the empirically-based assessment and treatment of individuals, particularly adults, diagnosed with attention-deficit/hyperactivity disorder (ADHD). ADHD is a disorder with a childhood onset, although many continue to meet diagnostic criteria into adulthood. Given the developmental nature of this disorder, the training will touch on issues related to ADHD across the lifespan.

## Objectives

Upon completion of this workshop, participants will be able to:

- Define diagnostic features and clinical characteristics of ADHD;
- Describe the rates of persistence of ADHD into adulthood;
- Describe evidence-based assessment practices of ADHD in adults; and
- Describe evidence-based psychosocial treatment options for adults diagnosed with ADHD.

## Fee

\$99.00 if registration and payment are postmarked on or before September 22, 2017; \$109.00 thereafter.

## Speakers

**John Mitchell, Ph.D.**, is an assistant professor in the Department of Psychiatry and Behavioral Sciences at Duke University Medical Center. He provides clinical services at the Duke ADHD Program, supervises clinical trainees, and conducts clinical research involving ADHD in adulthood. His research interests include treatment development for adults diagnosed with ADHD, and ADHD and substance use.

## Agenda

8:30 a.m. - 9 a.m.	Registration/Introduction
9 a.m. - 10 a.m.	Diagnostic overview
10 a.m. - 10:30 a.m.	Persistence of ADHD into Adulthood
10:30 a.m. - 10:45 a.m.	Break
10:45 a.m. - 12 p.m.	Persistence of ADHD into Adulthood (con't)
12 p.m. - 1 p.m.	Lunch ( On Your Own)
1 p.m. - 2 p.m.	Characteristics of adults diagnosed with ADHD
2 p.m. - 2:30 p.m.	Assessment - Group exercise
2:30 p.m. - 2:45 p.m.	Break
2:45 p.m. - 3:15 p.m.	Assessment (con't) - Group exercise
3:15 p.m. - 4:15 p.m.	Case examples
4:15 p.m. - 4:30 p.m.	Summary and Evaluations
4:30 p.m.	Wrap-up

## **Credit**

C.E.U.: 0.6

Contact Hours: 6.0

Credit will be awarded to participants who attend 100% of the program. SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #843 (Substance Abuse Credit).

The program will provide 6.0 contact hours (category A) continuing education credit to NC Psychologists. Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5362. Programs that do not qualify for NBCC credit are clearly identified. Southern Regional AHEC is solely responsible for all aspects of the programs. No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit.



## **Substitutes/Refunds/Transfers**

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Please bring a light jacket or sweater for your own comfort; the temperature of the room is controlled by thermostat and we are unable to make any adjustments.

## **Contacts**

Bertina Parkins, Director Mental Health CE  
910-678-7032 / Bertina.Parkins@sr-ahec.org

Kate Smith, Program Assistant Mental Health CE, SR-AHEC  
910-678-7305 / Kate.Smith@sr-ahec.org

# Registration Form

Form may be duplicated.

**Guidelines for the Empirically-Based Assessment  
and Psychosocial Treatment of ADHD in Adulthood**  
CASCE #52896 / MH170929

**Phone:** 910-678-7226 **Fax:** 910-323-0674

**Online:** <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=52896>

**Mail:** SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name \_\_\_\_\_ Last 4 digits of SS# \_\_\_\_\_

Certifications/Degrees \_\_\_\_\_ Specialty Area \_\_\_\_\_ Are you an NCC? \_\_\_\_\_

Employer \_\_\_\_\_ Job Title \_\_\_\_\_

Work Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (work) \_\_\_\_\_ (home) \_\_\_\_\_

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) \_\_\_\_\_ (secondary) \_\_\_\_\_

Do not send email announcements of upcoming SR-AHEC programs.  Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies \_\_\_\_\_

## Payment Information

Check (Make payable to SR-AHEC)

Mastercard / Visa # \_\_\_\_\_ Expiration Date (mm/yy) \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature \_\_\_\_\_

*The handouts for the program will be provided online through MyCE located on the SR-AHEC website: [www.sr-ahec.org](http://www.sr-ahec.org). Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.*

*For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html>*

**Office Use Only:** Check Auth # \_\_\_\_\_ Date \_\_\_\_\_ From \_\_\_\_\_ Amount \$ \_\_\_\_\_

SR-AHEC.org  
1601 Owen Drive • Fayetteville, NC 28304  
(910) 678-7226

