



Certified Diabetic Educator[®] **CDE[®] Certification Prep Course**



Monday and Tuesday

April 24 - 25, 2017

8 a.m. - 4:45 p.m. both days



Cumberland County Health Dept., 3rd Floor Classroom
1235 Ramsey Street
Fayetteville, NC 28301



In affiliation with Duke University Medical Center
Part of the NC AHEC Program

Who Should Attend?

Registered nurses, pharmacists, dietitians, clinical psychologists, occupational therapists, optometrists, physical therapists, physicians, physician assistants, exercise physiologists (certified ACSM), podiatrists, and health care professionals with a master's degrees or higher in social work who are interested in learning more about Diabetes and sitting for the certification exam to become Certified Diabetic Educators.

Who Qualifies to Take the Exam?

This two-day course is for qualified individuals who have job responsibilities that include the direct provision of diabetes self-management education. For full eligibility requirements, you will need to visit the NCBDE website at:

http://www.ncbde.org/certification_info/eligibility-requirements/

Objectives

Upon completion of this knowledge-based program, participants will be able to:

- Identify knowledge needed to successfully prepare to take the certification exam;
- Assess learning and self-care behaviors of the patient with diabetes;
- Describe successful interviewing techniques to obtain a complete health history and patient needs specific to diabetes;
- Discuss current treatment guidelines for the patient with diabetes;
- Identify strategies for enhancing collaboration, compliance, and counseling;
- Describe complications of non-compliance: chronic and acute for the diabetic patient; medical and surgical treatment options;
- Discuss non-insulin pharmacotherapy options for the treatment of type 2 diabetes;
- Discuss different insulin delivery devices;
- Discuss various insulin based regimens for the treatment of diabetes;
- Review special documentation requirements;
- Discuss implications for program development and management; and
- Review principles of nutrition and ADA guidelines.

Faculty

Marilyn K. Wilson-Sherwin, MSN, RN, FNP, CDE, Nurse Practitioner in the Diabetes Clinic at Southern Regional AHEC

Susan M. Miller, PharmD, MBA, BCPS, FCCP, CDE, Director of Pharmacotherapy Education at Southern Regional AHEC

Jennifer Stallings, RD, LDN, CDE, CPT, Duke Primary Care Diabetes Program Manager, DPC Croasdaile, Durham, NC

Fee

\$325 if payment and registration is received by April 10, 2017, \$350 thereafter. Lunch is included in registration fee.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Important Information

The handouts for the program will be provided online through MyCE located on the SR-AHEC website (www.sr-ahec.org).

Early registration is encouraged, as full instructions will be sent with a registration confirmation via e-mail. For continuing education references concerning inclement weather, tobacco policy and ADA requirements, please go to:

sr-ahec.org/ContinuingEd/CE.html

TENATIVE AGENDA (some sessions may be rearranged)

Day 1 - Monday, April 24

8 a.m. - 8:30 a.m.	Introduction and Welcome “Why are we here?”
8:30 a.m. - 9:30 a.m.	Update on Diabetes: Pathophysiology and Types of Diabetes
9:30 a.m. - 10:30 a.m.	Interviewing the Patient, Obtaining Health History, and Identifying Needs
10:30 a.m. - 10:45 a.m.	Break
10:45 a.m. - 11:45 a.m.	Acute Complications Inpatient Management
11:45 a.m. - 12:30 a.m.	Lunch (provided)
12:30 p.m. - 2:45 p.m.	Current Practice Treatment Guidelines Chronic Complications Co-morbidities - Medical & Surgical Treatments
2:45 p.m. - 3 p.m.	Break
3 p.m. - 4:45 p.m.	Nutritional Management Carb Counting
4:45 p.m.	Adjourn for Day

Day 2 - Tuesday, April 25

8 a.m. - 10:30 a.m.	Diabetes Medications
10:30 a.m. - 10:45 a.m.	Break
10:45 a.m. - 11:45 a.m.	Meters, Pumps, Sensors
11:45 a.m. - 12:45 a.m.	Lunch (provided)
12:45 p.m. - 2:15 p.m.	Work Issues, Legal Issues, and School Issues
2:15 p.m. - 2:30 p.m.	Break
2:30 p.m. - 4:45 p.m.	The Future of Diabetes Care and CDEs Program Development and Administration Exam Information
4:45 p.m.	Wrap up/Adjourn

Credit

CNE: 15.0 contact hours will be awarded to participants who attend 100% of this event.

Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

ACPE: 15.0 hours will be awarded to pharmacists who attend 100% of the program. ACPE# 0046-9999-17-090-L01-P

NCPBTE: 15.0 contact hours
As part of the NC AHEC system, SR-AHEC is an NCPBTE approved provider of continuing competence with regards to activities directly related to physical therapy.

CPE: Application has been submitted to the Commission on Dietetic Registration (CDR), an approver of Continuing Professional Education (CPE) programs for Registered Dietitians.

CEU: 1.5 hours will be awarded for attending 100% of the program.

At this time, speakers and planners have no conflicts or relevant relationships to disclose. If any are identified, they will be announced at the beginning of the activity.

Certified Diabetes Educator® and CDE® are federally registered trademarks owned and controlled by the National Certification Board for Diabetes Educators (NCBDE). Southern Regional AHEC is not affiliated or endorsed by NCBDE. The NCBDE only accepts clock hour CEU credits from programs approved by providers on the NCBDE list of “Recognized Continuing Education Providers.”

Contact

Andrea Novak, Ph.D., RN-BC, FAEN
910-678-7216/andrea.novak@sr-ahec.org

In collaboration with UNC Eshelman School of Pharmacy.



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. To receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Statements of credit will be uploaded to CPE Monitor within 4-6 weeks of completion of program. Participants will have access to print CE certificates from their CPE Profile under CPE Monitor.

For information on program
registration, call 910-678-7226.

Registration Form

Form may be duplicated.

CDE® Certification Prep Course

CASCE #50649 / NU170424

Phone: 910-678-7226 Fax: 910-323-0674

Online: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=50649>

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Dr. Mr. Mrs. Ms.

First Name Last Name Last 4 digits of SS#

Email (primary) (secondary - only used if primary is undeliverable)
 Do not send email announcements of upcoming SR-AHEC programs. Do not share my information with participants and/or exhibitors.

Home Address City State Zip Code

Employer Job Title

Work Address City State Zip Code

Phone (work) (home) (cell)

Certifications/Degrees Specialty Area(s)

Special Needs / Food Allergies

How did you hear about this SR-AHEC program?

Printed Publication Email Fax Word of Mouth AHEC web site MyAHEC Facebook Other _____

Payment Information

SR-AHEC requires full payment for all registrations prior to the program date. We no longer accept purchase orders or supervisor's approval signatures in lieu of payment. Access to workshop materials and handouts cannot be released until payment is received. Early and regular rates will be determined by the date of receipt.

Check (Make payable to SR-AHEC)

Mastercard / Visa # Expiration Date (mm/yy)

Name on Card Signature

Office Use Only: Check Auth # _____ Date _____ From _____ Amount \$ _____

www.sr-ahec.org
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