



**2ND ANNUAL PATIENT
CENTERED CARE FOR
THE OLDER ADULT**

Tuesday, May 16, 2017
9:30 a.m. - 4:15 p.m. (May 16)
9 a.m. - 3 p.m. (May 17)

Location:

Holiday Inn I-95
1944 Cedar Creek Rd
Fayetteville, NC 28312

Target Audience

Nurses, social workers, case managers, physical and occupational therapists and assistants, and any healthcare professionals who cares for and works with the older adult.

Program Description

This annual event takes a holistic approach to caring for the older adult and the nuances of their health and lifestyle this special population brings to the health care setting. It is an opportunity for healthcare providers from across multiple disciplines to come together and learn from, with, and about each other and opportunities to improve the health of the older adult.

Outcome

Upon completion of this educational activity, the learner will be able to articulate their role in addressing the unique and sometimes complex healthcare issues and its impact on the older adult, their caregivers, and family.

Agenda

May 16, 2017

- 9 a.m. Registration
- 9:30 a.m. **The North Carolina State Plan for Alzheimer's & Related Dementias**
This session will provide an overview of NC first strategic plan, titled Dementia-Capable NC, addressing Alzheimer's disease and related dementias and recommendations for making North Carolina a dementia-capable state
Mark Hensley MA, Alzheimer's Support Specialist, Project C.A.R.E., State Director, Division of Aging and Adult Services, NCDHHS
- 10:30 a.m. **Advanced Care Planning**
This session will explore the importance of establishing a plan for end of life wishes with documentation to ensure these wishes are honored.
Adrienne Mims, MD, MPH, FAAFP, AGSF, Vice President & Chief Medical Officer for Alliant GMF, the Medicare Quality Improvement Organization for Georgia, Atlanta, GA
- 11 a.m. Break
- 11:15 a.m. **Sleep Health and Sleep Disorders in the Elderly**
The impact of sleep physiology on sleep disorders and deficits and treatment strategies for the aging population.
Sam Fleishman, MD, Chief Medical Officer, Cape Fear Valley Health System, Fayetteville, NC
- 12:15 p.m. Lunch
- 1 p.m. **Combating Frauds Against the Elderly: A Partnership Working Together**
This session seeks to enlist your help in fighting fraud against your patients while at the same time helping you learn how to recognize and avoid possible investment scams, how to do your due diligence, and the questions to ask. This seminar will help you to understand what to do if you or your patient becomes a victim of an investment scam. Information will also be presented about the Advance Health Care Directive Registry which the Secretary of State's office maintains.
John Maron, BA, Director, Investor Education Program, NC Department of the Secretary of State, Raleigh, NC
- 2 p.m. **Mental Health Assessment**
This session will provide information on older adults and symptoms of mental illness. Focus on providing data demonstrating instances of depression and anxiety; information on symptoms of mental illness and physical health symptoms are similar; and what caregivers can do.
Debbie A. Webster, MA, Mental Health Program Manager, Division of MH/DD/SA Services, Community Mental Health Section, NC Department of Health & Human Services, Raleigh, NC.
- 3 p.m. Break
- 3:15 p.m. **Sensory Loss: Hearing and Vision**
Access to basic communication is a right that every person has. When taken away, the person can begin to experience multiple deficiencies in his / her health to include both physical and mental health issues. This presentation focuses on both hearing loss and dual sensory hearing and vision loss. Information presented will help the care provider better understand the prevalence of hearing loss among North Carolinians, the impact it has on health when left untreated, considerations of sensory in care planning and ensuring accessibility to communication
Jeff Mobley, MDiv, BA, Accessibility Resources Coordinator, Division of Services for the Deaf and the Hard of Hearing;
David Litman, MSW, BA, Deaf and the Hard of Hearing, Hard of Hearing Services Coordinator; and
Ashley Benton, LCSW, the Deaf and the Hard of Hearing, Deaf / Deaf-Blind Services Coordinator, NC Department of Health and Human Services, Raleigh, NC
- 4:15 p.m. Adjourn

May 17, 2017

- 8 a.m. Sign In
- 9 a.m. **Nutritional Assessment & Unintentional Weight Loss**
Unintentional weight loss in the elderly is associated the ability to function safely in an independent, autonomous living situation, as well as being associated with increases in morbidity and mortality rates. Screening and an innovative intervention toolkit will be presented along with case studies in practice.
Dana Kouchel, DNP(c), BSN, RN, Adult/Geriatric Nurse Practitioner Student, UNC-Chapel Hill, Clinical Nurse Tier II, UNC Hospitals, Chapel Hill, NC
Davia Nickelson, DDS, Lead Dentist, Piedmont Health Services Inc., Carrboro, NC
Melissa Gilmer-Scott, MD, Medical Provider, Moncure Community Health Center, Moncure, NC
- 10 a.m. **Increasing Mobility and Vitality in the Older Adult Population**
This presentation will focus on how to boost functional fitness - particularly mobility - through physical activity strategies such as Yoga, Tai Chi and Strength Training
Carol Krucoff, C-IAYT, E-RYT Duke Integrative Medicine Center , Durham, NC
- 11 a.m. Break
- 11:15 a.m. **Driving Issues/Alternatives to Transportation**
Driving Wellness programs and educational opportunities for older drivers and their families to deliver safe driving outcomes will be presented. A video will be shown with scenarios and a handbook will be distributed for a plan of action for transportation alternatives/options.
Suzanne LaFollette-Black, MASA, Gerontologist/ Associate State Director of Advocacy and Community Outreach with AARP- NC, Raleigh, NC
- 11:45 a.m. **Social Isolation/Anxiety**
This session will provide the latest evidence based practices in managing and identifying social isolation and anxiety among the elderly.
Doris Jeffreys, DNP, RN, NP-C, Assistant Professor, Fayetteville State University, School of Nursing, Fayetteville, NC
- 12:30 p.m. Lunch
- 1 p.m. **Care Giver Burnout**
Evidence based caregiving education programs will be shared to give professionals tools, techniques and tips on how to prevent caregiver burnout. Various caregiver publications/resources will be shared/distributed.
Suzanne LaFollette- Black
- 1:30 p.m. **Death with Dignity**
This session will review what it means to have death with dignity; Planning for end of life in advance is essential to ensure that the patient's wishes are honored, and resources are available in all states. Four states have actual Death with Dignity Acts: California, Oregon, Vermont, and Washington. This session will review the Death with Dignity Act as well as provide information about end of life resources.
Edmund C. Tiryakian, JD, MBA, Independent Financial Services Professional, Durham, NC, , Co-Founder and President, NC-registered Non-Profit advocating for passage of Medical Aid in Dying legislation in NC.
- 2 p.m. Break
- 2:15 p.m. **Transitioning out of the Home to LTC, SNF, Assisted Living - When and How to Facilitate**
This closing session will provide information to healthcare providers on how to assist their patient, family/ caregivers with making the transition from home to assisted living/long term care, etc., and including how and when to make these decisions.
Kimberly Morton, BSN, RN, Director of Nursing, St. Joseph of the Pines, Pinehurst, NC
- 3 p.m. Adjourn

Fee

\$199 if registration and payment is received by May 1, 2017, \$225 thereafter. Registration by day: \$125/\$150 for either day.

SR-AHEC requires full payment for all registrations prior to the program date. We no longer accept purchase orders or supervisor's approval signatures in lieu of payment. Access to workshop materials and handouts cannot be released until payment is received. Early and regular rates will be determined by the date of receipt.

Credit

CNE: 10.5 Contact Hours, CNE will be awarded to participants who attend 90% of this activity.

Credit is issued by day 5.5 on Day 1 and 5.0 on Day 2.

Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Any conflict of interest from the speaker will be announced at the beginning of the event.

CEU: 1.1 CEUs awarded to participants who attend 90% of this activity. Credit is issued by day.

NCBPTE Contact Hours: 10.5 contact hours will be awarded to participants who attend both days of the event; 5.5 on Day 1 and 5.0 on Day 2

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Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.


Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.


Contact

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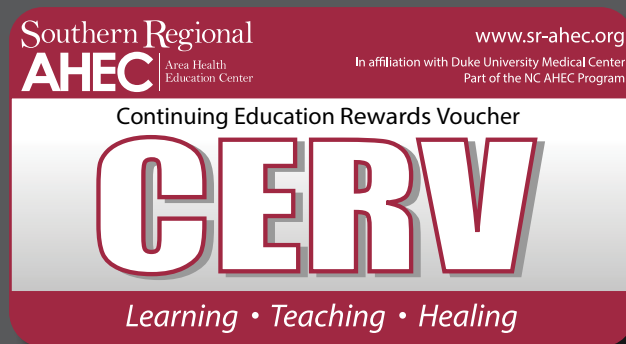
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**Not redeemable for CME series or contract programs and must be initialed by SR-AHEC personnel at current program.*

Registration Form

Form may be duplicated.

2nd Annual Patient Centered Care for the Older Adult

CASCE #50751/ NU170516

Phone: 910-678-7226 **Fax:** 910-323-0674

Online: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=50751>

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name _____ Last 4 digits of SS# _____

Certifications/Degrees _____ Specialty Area _____ Are you an NCC? _____

Employer _____ Job Title _____

Work Address _____ City _____ State _____ Zip Code _____

Home Address _____ City _____ State _____ Zip Code _____

Phone (work) _____ (home) _____

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) _____ (secondary) _____

Do not send email announcements of upcoming SR-AHEC programs. Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies _____

Payment Information

I will be attending the program(s) on: Tuesday Wednesday Both Days

Check (Make payable to SR-AHEC)

Mastercard / Visa # _____ Expiration Date (mm/yy) _____

Name on Card _____ Signature _____

The handouts for the program will be provided online through MyCE located on the SR-AHEC website: www.sr-ahec.org. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html>

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SR-AHEC.org
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