



Adult Physical Assessment: **The Basics**

Thursday - Friday
August 24 & 25, 2017
8:30 a.m. - 4:30 p.m.

Location:

Cumberland County Partnership for Children
351 Wagoner Drive, Ste. 200
Charles Morris Room #1256
Fayetteville, NC 28303

Target Audience

Licensed Practical Nurses, registered nurses, advance practice nurses and other interested professionals.

Program Description

After two days of skill training, healthcare providers will be better adept and more comfortable to perform a basic head-to-toe physical assessment of an adult. Using a workshop format, participants will briefly review basic anatomy and physiology, observe and participate in a demonstration of physical examination techniques, and then practice those techniques. Common health deviations will be reviewed. Participants should wear comfortable clothes as they will be partnered-up to do assessments of the general body systems and should bring a stethoscope.

Outcomes

- Describe the normal anatomy and physiology of skin, ear, nose throat, head, neck, heart, lungs, abdomen, musculoskeletal, and neurological systems;
- Identify and carry out the six elements that are a part of an adult health history;
- Identify the techniques that are a part of an adult health assessment;
- Distinguish between normal and common abnormal findings; and
- Accurately perform techniques that assess skin, ear, nose, throat, head, neck, heart, lungs, abdomen, as well as screening examinations of the musculoskeletal and neurological systems.

Speaker

Jean Davison, DNP, RN, FNP-C, Assistant Professor, UNC School of Nursing, Chapel Hill, NC.

Agenda

Thursday- August 24, 2017

8:30 a.m.	Registration
8:55 a.m.	Welcome & Announcements
9:00 a.m.	Introduction and Ground Rules
9:20 a.m.	Module 1: Taking a Complete Health History
10:30 a.m.	Break
10:45 a.m.	History Practice
11:15 a.m.	Module 2: Examining the Skin
12 p.m.	Lunch (provided)
1 p.m.	Module 3: Examining the Head, Neck, Nose, Mouth and Throat
2 p.m.	Module 4: Examining the Ears
3p.m.	Break
3:15p.m.	Module 5: Examining the Eyes
4:30 p.m.	Adjourn for Day 1

Friday – August 25, 2017

8:45 a.m.	Registration
9 a.m.	Module 6: Examining the Respiratory System
10:15 a.m.	Break
10:30 a.m.	Module 7: Examining the Cardiovascular System
12 p.m.	Lunch (provided)
1p.m.	Module 8: Examining the Abdomen
2:15 p.m.	Break
2:30 p.m.	Module 9: Musculoskeletal Screening Exam
3 p.m.	Module 10: Neurological Screening Exam
4 p.m.	Module 11: Putting It All Together: A review of the full examination
4:15 p.m.	Questions and Wrap up
4:30 p.m.	Adjourn for Day 2

Credit

CNE: 12.0 Contact Hours will be awarded to participants who attend 90% of this activity.

Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Any conflict of interest from the speaker will be announced at the beginning of the event.

Please check our website for updates on exact location as well as details that will be in your confirmation email.

Fee

\$120 if payment and registration are received by August 16, 2017, \$130 thereafter.

Group discounts: \$105 for three or more registering at the same time with one form of payment by August 16; \$115 thereafter.

SR-AHEC requires full payment for all registrations prior to the program date. We no longer accept purchase orders or supervisor's approval signatures in lieu of payment. Access to workshop materials and handouts cannot be released until payment is received. Early and regular rates will be determined by the date of receipt.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Contact

Sherri Eubanks, BSN, RN

Director of Nursing Continuing Education

910-678-7246/sherri.eubanks@sr-ahec.org

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Upcoming Programs

How to Care for the Patient with Sepsis - August 15th

Caring for the Patient with Congestive Heart Failure

Caring for the Patient with Diabetes

For additional upcoming events, check out our website at SR-AHEC.org

Registration Form

Form may be duplicated.

Adult Physical Assessment

CASCE #52170/ NU170824

Phone: 910-678-7226 **Fax:** 910-323-0674

Online: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=52170>

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name _____ Last 4 digits of SS# _____

Certifications/Degrees _____ Specialty Area _____ Are you an NCC? _____

Employer _____ Job Title _____

Work Address _____ City _____ State _____ Zip Code _____

Home Address _____ City _____ State _____ Zip Code _____

Phone (work) _____ (home) _____

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) _____ (secondary) _____

Do not send email announcements of upcoming SR-AHEC programs. Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies _____

Payment Information

Check (Make payable to SR-AHEC)

Mastercard / Visa # _____ Expiration Date (mm/yy) _____

Name on Card _____ Signature _____

The handouts for the program will be provided online through MyCE located on the SR-AHEC website: www.sr-ahec.org. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html>

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www.sr-ahec.org
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