Southern Regional AHEC
VCOM Medical Rotations Program

1601 Owen Drive, Fayetteville, North Carolina 28304
(910) 678-7214
VCOM@sr-ahec.org
Choose Southern Regional Area Health Education Center (AHEC) for your third and fourth year clinical rotations. We take pride in our diversity of patients and preceptors located in Fayetteville, North Carolina.

The program was developed in 2010, quickly growing from two students to ten, then expanding to include fourth-year visiting students. Fayetteville has gained a reputation among VCOM students as a place with the best rotations and great preceptors. We are a growing medical community with CUSOM/CFV residencies and students. We take pride in our collaboration.

As you consider your training and instruction during these final years in medical school, Southern Regional AHEC’s record of excellence along with our close partnership with VCOM makes us an obvious choice. Join us for an experience that helps you make important decisions about your future in health care.
Adam Santana  
VCOM Site Coordinator

“It is my pleasure to serve as the VCOM site coordinator for the Fayetteville region! My experience in customer service working overseas and in health care has prepared me to provide our VCOM medical students and preceptors with great service in meeting rotation needs. I will work hard to find “Win Win” solutions while on your educational journey with VCOM. You can contact me at VCOM@sr-ahec.org”

James Lester, D.O.  
Medical Director of Family Medical Center  
Director of Student Medical Education  
Director of Osteopathic Education  
Family Medicine Residency Faculty

Medical School: VCOM  
Residency: Southern Regional AHEC  
Faculty Development: Duke/VCOM/SR-AHEC

“I enjoy seeing the light bulb moment with students! My job is unique because I get to train family medicine residents, 3rd and 4th year medical students, and maintain my own patients. My passion is medical education.”
Meet VCOM Graduates Now
In Our Family Medicine Residency Program

**Kelsey Daum, D.O.**
**Diabetes Fellow**

"I chose SR-AHEC for the opportunity to train at a large community hospital with a strong in-patient focus as well as an outstanding full-spectrum PCMH clinic. Everyone I’ve come into contact with has been excited about teaching and embraced me as part of the family. I’m excited about the opportunities to explore all aspects of family medicine in an environment that encourages education and facilitates my development as a clinician."

**Ashley Self, D.O.**
**2019 Graduate**

“I chose the SR-AHEC program for the variety of opportunities throughout the Cape Fear Valley Health System. Their emphasis on education and professional development provide a strong foundation for resident training and growth. The faculty and staff here are some of the most welcoming people I have ever met. They truly make you feel like family.”

**Harrison Grunwald, D.O.**
**Second Year Resident**

“In medical school, I often asked the residents and physicians I rotated with why they chose their specific specialty and if they would go back and choose it again. When it was time for my family medicine rotation through SR-AHEC as a 3rd year medical student, it was clear to me that the people here were content with their decision and their ability to make an impact on the community. This assured me to pursue family medicine as a career, and when it became time to choose a residency, I truly felt that there was no better place to grow as a physician than the program that inspired me to enter the field of family medicine in the first place.”
Site Orientation
Before you begin your rotations, you will be required to attend a comprehensive three-day orientation. You will also need to have all your immunizations up-to-date, including the flu vaccine within one year and PPD within one year.

Please bring two forms of ID, your laptop and power cord, white coats, and a $20 deposit for your Cape Fear Valley Medical Center badge.

Once you are selected to become a 3rd year student at our site, please contact Adam Santana (VCOM@sr-ahec.org) as soon as possible informing him of your interest (such as: Surgery, OB/GYN, Family Medicine, etc.). Also include if you have a major event (wedding, baby, etc.) and elective requests 30 days in advance, so if we do not have availability we will work with VCOM.

*Third-year medical students from VCOM arrive for their first day of orientation at Southern Regional AHEC.*
3rd Year Rotations Available
Third-year VCOM medical students will do 11 rotations while at our site. Rotations include:

- **Internal Medicine 1 and 2**
  - Dr. James Lester, DO

- **OB/GYN**
  - Dr. Paul Sparzak, DO
  - Dr. Brandt Wood, DO
  - Dr. Ernesto Graham, MD
  - Dr. Delores Johnson, MD

- **Pediatrics**
  - Dr. Warren Johnson, MD

- **Family Medicine 1 and 2**
  - Dr. James Lester, DO
  - Dr. Catherine Kelly, MD
  - Dr. Wesley Greenwood, MD

- **Surgery**
  - Dr. Kelly Van Fossen, DO
  - Dr. Marsha Nelson, MD

- **Geriatrics**
  - Dr. Razia Hafiz, MD
  - Dr. Rajesh Khurana, MD

- **Psychiatry**
  - Dr. Kenneth Fleishman, MD
  - Dr. Meredith Stanton, MD

- **Elective**
- **FCM**

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VCOM students work with osteopathic faculty on OMM in Southern Regional AHEC’s Residency Lecture Center.
Opportunities for Fourth Year Students

4th Year Rotations Available
Fourth-year VCOM medical students have multiple options for their rotations. Here are the current rotations we have, however, we are actively working to bring more physicians and specialties to the 4th year and we try to accommodate rotations that 4th year students request.

To reserve your fourth-year rotations through Southern Regional AHEC, you will need to send your requests and desired dates in an e-mail to VCOM site coordinator, Adam Santana: VCOM@sr-ahec.org. You can also call him at 910-678-7214.

- **Anesthesiology**
  Dr. Duke Matsuyama, DO

- **Cardiology**
  Dr. Brenda May-DePaola, DO
  Dr. Agodichi Nwosu, MD

- **Emergency Medicine**
  Dr. Jeremy Smith, MD

- **Internal Medicine and Family Medicine**
  Dr. James Lester, DO

- **General Surgery**
  Dr. Dominic Storto, DO
  Dr. Marsha Nelson, MD
  Dr. Kelly Van Fossen, DO

- **Infectious Disease**
  Dr. Vipul Savaliya, MD

- **OB/GYN**
  Dr. Paul Sparzak, DO
  Dr. Brandt Wood, DO
  Dr. Ernesto Graham, MD
  Dr. Delores Johnson, MD

- **Otolaryngology**
  Dr. Eric Mansfield, MD

- **Physical Medicine and Rehab**
  Dr. Cynthia Richards, MD

- **Radiology**
  Dr. Fred Caruso, MD

- **Pulmonary**
  Dr. Irene Locklear, MD

- **Inpatient Pediatrics**
  Dr. Abhik Biswas, MD

- **General Pediatrics**
  Dr. Warren Johnson, MD

- **Child Abuse Pediatrics**
  Dr. Danielle Thomas-Taylor, MD

- **Pediatric ER**
  Dr. Warees Muhammed, MD

- **Psychiatry**
  Dr. Kenneth Fleishman, MD
  Dr. Meredith Stanton, MD
Residency Programs
We are home to the Southern Regional AHEC/Duke/Edward Via College of Osteopathic Medicine Family Medicine Residency Program. We were the first dually-accredited MD/DO residency in NC (ACGME and AOA). And with the merger, we have become ACGME with osteopathic recognition. We are proud to be ACGME with Osteopathic Recognition starting July 2017.

Available Lectures and Seminars
We currently have Tuesday 3rd Year Student Lectures with CUSOM from 8 to noon: faculty lecture, journal club, case presentations, textbook club. Friday Didactics is scheduled for three hours with family medicine residents and faculty while on SR-AHEC IM or FM. Feedback Friday is the last Friday of rotation each month with the VCOM third-year medical students and site coordinator. OMM is every second calendar Monday for VCOM students for two hours.

Attendance Requirements for Lectures and Seminars
We expect 100% attendance, except if on general surgery or OB/GYN direct patient care. Once direct patient care has been completed, students are expected to attend the remainder of lecture/session. Non-emergency absences must be pre-approved. You are required to notify your Site Coordinator of any absences.

Family medicine residents learn about sonogram technology with faculty physician, Dr. Mergy, MD.
Cape Fear Valley Medical Center

Cape Fear Valley Medical Center opened in 1956 and has grown to be North Carolina’s eighth largest health system, serving more than 1 million patients annually. Cape Fear Valley is JACO accredited and has partnered with The Cleveland Clinic to bring world class cardiac surgical services to southeastern North Carolina.

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<th>Inpatient Beds</th>
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<td>916</td>
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**Specialty Services**

- Behavioral Health Care
- Cancer
- Adult and Pediatric Diabetes and Endocrinology
- Ear, Nose and Throat
- Heart and Vascular
- Infectious Disease Care
- Neurology
- Neurosurgery
- OB/GYN
- Ophthalmology
- Orthopedics
- Perinatology
- Physical Rehabilitation
- Sleep
- Urology
- Full-service Family Birth Center with a Level-III Neonatal Intensive Care Unit (NICU)
Housing
Southern Regional AHEC provides short-term housing options to advance degree medical students who are looking to fulfill their rotations in the Southern Regional nine-county area. All requests for AHEC student housing must be made through our statewide MyAHEC website at http://my.ncahec.net/login.php.

This site will instruct you on how to create an on-line account. It allows you to select the AHEC region(s) where you need housing.

The on-line application process requires that you apply for your own housing; a school/course coordinator will not be able to apply on your behalf. Each of the nine regional AHEC websites may also provide housing descriptions along with rules & agreements. Again, you will only be able to apply for housing through the MyAHEC site listed above.

Southern Regional AHEC provides student housing in the following locations: Aberdeen, Dunn, Fayetteville, and Lumberton. Housing is exclusively for students and residents enrolled in an approved community-based training experience through one of the NC AHEC Program affiliated schools. Housing is available on a first-come-first-serve basis.

Housing Resources for Visiting Students

This house in Fayetteville, NC is provided for students rotating at Southern Regional AHEC, CFV, and surrounding areas.
We are proud of our new building that opened in June 2017.

There are multiple places to reside in Fayetteville. Here is a list of apartment complexes that are relatively close to your rotations, including those lived in by family medicine residents and students.

**Adams Lake Apartments**  
2920 Cosmo Drive  
Fayetteville, NC 28304  
(910) 672-7645  

**Legacy at Cross Creek**  
570 Castle Rising Rd  
Fayetteville, NC 28314  
(910) 864-0188  

**Friendship House Fayetteville**  
600 Ames Street  
Fayetteville, NC 28301 (Bus. address)  
(910) 826-4699  

**Parc Stone Apartments**  
5101 Parc Stone Lane  
Fayetteville, NC 28314  
(910) 778-5619  

**Hidden Lake**  
6406 Hidden Lake Loop  
Fayetteville, NC 28304  
(910) 778-5628  

**Reserve At Carrington Place**  
4260 Tatum Dr,  
Fayetteville, NC 28314  
(910) 867-2802  
[http://www.reserveatcarringtonplace.com/](http://www.reserveatcarringtonplace.com/)

**Lake Clair Apartments**  
104 Lake Clair Place  
Fayetteville, NC 28304  
(910) 672-7645  

**Westlake At Morganton**  
3311 Woodhill Lane  
Fayetteville, NC 28314  
(910) 729-6234  
We welcome you to Fayetteville, NC and hope you get a chance for some fun activities during your rotations. You will find there is always something new to discover in our All-American City. Our region is uniquely diverse and rich in culture. Here’s a short list of some activities waiting for you:

• Cape Fear River Trail
• Botanical Gardens
• Airborne and Special Operations Museum
• ZipQuest Waterfall and Treetop Adventure
• Fantasy Lake Water Park
• Fayetteville Woodpeckers Baseball Games
• FireAntz Hockey

The 5-mile long Cape Fear River Trail winds through a mix of woodlands and marshes on Fayetteville’s north side, offering stunning views.

Woodpeckers baseball is a collegiate summer baseball team playing in the Segra Stadium in Fayetteville, NC
Fayetteville is also home to the *Dogwood Festival* that happens in both the Spring and Fall. The *International Folk Festival*, at the end of September, allows you to experience food and cultures from around the world without traveling too far.

The *International Folk Festival* kicks off each year with a *Parade of Nations*.

*Fourth Fridays* are a great art escape that focuses on local art and artists. Coordinated events, sponsored by the Fayetteville/Cumberland County Arts Council, take place downtown each month.

Visit [www.visitfayettevillenc.com/events](http://www.visitfayettevillenc.com/events) for upcoming activities and adventures taking place in Fayetteville.

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The Cameo Art House Theatre brings independent films to downtown Fayetteville.

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Helpful Links

- [www.familymedresidency.org](http://www.familymedresidency.org)
- [www.southernregionalahec.org](http://www.southernregionalahec.org)
- [www.capefearvalley.com](http://www.capefearvalley.com)
- [www.fayobserver.com](http://www.fayobserver.com)
- [www.upandcomingweekly.com](http://www.upandcomingweekly.com)
- [www.visitfayettevillenc.mobi](http://www.visitfayettevillenc.mobi)
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