

FVAMC Military Women's Health Symposium 2017

Agenda (tentative)

7:30 - 8 a.m. 8:00 - 8:10 a.m. 8:10 - 9:00 a.m

9 – 9:15 a.m.

9:15 – 9:30 a.m. 9:30 – 10:15 a.m.

10:15 – 11:00 a.m.

11 – 11:30 a.m.

11:30 – 12 p.m.

Check-in

Overview of Symposium

Intimate Partner Violence

Vicki Hardy, D.O.

Regular Maintence Required

Deon Faillace, M.D.

Break

Depression in Military Women

Veronica Dawson-Melton, MSW, LCSW

Oh My Aching Head

Vicki Hardy, D.O.

Assessment Targets and Treatment

Options for Sexual Dysfunction in Women

Katherine Applegate, M.D.

Physical Therapy Management for

Chronic Pelvic Pain

Alexandra Hill, PT, DPT, WCS, CLT

Speakers

Vicki Hardy, D.O. Dr. Vicki Hardy recently completed a Faculty Development Fellowship at Duke/ Southern Regional Area Health Education Center June 2017. Dr. Hardy served in the US Army as a noncommissioned officer from March 1988 through March 1994. Dr. Hardy graduated from Midwestern University Chicago College of Osteopathic Medicine Aug 2005. After completing her residency in 2008 at SR-AHEC she practiced Family

Medicine in Hoke County. She joined the faculty at SR-AHEC on January 17, 2016 and currently teaches Allopathic and Osteopathic Family Medicine Residents.

Deon F. Faillace, M.D. Dr. Faillace graduated from the University of Michigan Medical School in 1976. She completed her General Surgery residency at Wayne State University in Detroit, MI in 1981. She has been in General Surgery practice in Fayetteville since 1987. Although she has experience in the many aspects of General



Surgery, her practice has evolved from a primarily hospital-based practice to an office-based consultative practice. By listening to her patient's frustrations in their encounters with the Medical System, she has recognized theh need for private patient advocacy in Fayetteville. Patients should not have to leave town to get what they consider "good" medical care or to get a second opinion. Dr. Faillace is grateful for the opportunity to care for her many patients over the years and hopes to help many more in the future. A breast cancer survivor herself, she provides cancer survivorship support on a personal level in gratitude to her "Guardian angels" who supported her during her journey.

Veronica Dawson-Melton, MSW, LCSW

Ms. Dawson-Melton is a licensed clinical social worker with the Fayetteville Department of Veterans Affairs Health Care Center. Veronica's primary role at the HCC is Primary Care Mental Health Integration embedded within the Women's Health Clinic. Veronica has over 15 years of experience in a variety setting with diverse clients including both long term and brief



interventions her areas of expertise include; Anxiety and depression (Perinatal/Postpartum Depression), Life Stresses (Problem Solving Therapy), and Relationship Challenges (Couples and Families)

Veronica is an Air Force Veteran; her personal beliefs are when people are given guidance and tools they can draw on their own intrapersonal abilities and strengths. Change happens when people realize their potential to live fulfilling and purposeful lives.

Katherine Applegate, M.D. Dr. Applegate is a clinical psychologist with the Duke Pain Clinic and an Assistant Professor in the Department of Psychiatry & Behavioral Sciences at Duke University Medical Center. She received her doctoral degree in clinical health psychology at The Ohio State University and completed her medical psychology internship and two post-doctoral fellowships in behavioral medicine at Duke University Medical Center.



Dr. Applegate's clinical practice focuses on the assessment and treatment of psychological conditions among those with comorbid medical disorders. She has extensive experience working with patients who have chronic illnesses such as obesity, chronic pain, and diabetes. Dr. Applegate has also worked in a sexual dysfunction clinic, lectures on sexual dysfunction among medical patients, and does consulting work on the impact of surgery on sexual quality of life.

Alexandra Hill, PT, DPT, WCS, CLT
Alexandra Hill graduated from Kent
State University with a B.S. in Chemistry,
going on to earn her Doctor of Physical
Therapy at the University of Florida and
complete the Women's Health Physical

going on to earn her Doctor of Physical Therapy at the University of Florida and complete the Women's Health Physical Therapy Residency at Duke Health. She is presently a physical therapist at Duke Health, specializing in treating men and women in pelvic health, lymphedema, and oncology rehabilitation. Alexandra



is a board-certified women's health clinical specialist and certified lymphedema therapist. In addition to her clinical work at Duke Health, she is a teaching assistant for the Duke University Doctor of Physical Therapy program. Alexandra has authored several peer-reviewed research publications on pelvic floor dysfunction and oncology-related concerns. She lectures locally and nationally on topics including pelvic floor dysfunction, lymphedema, physical therapy for the oncology population, and physical therapy for the obstetric patient.

Credit

AMA PRA Category 1 Credit™ – 3.75

Credit Statement: The Southern Regional AHEC designates this live activity, for a maximum of 3.75 AMA PRA Category 1 $Credit(s)^{TM}$.

Physicians should claim only the credit commensurate with the extent of their participation in the activity. **Accreditation:** This activity has been planned and implemented in accordance with the Essentials and Standards of the North Carolina Medical Society through the joint providership of the Southern Regional AHEC and the Fayetteville VA Medical Center. The Southern Regional AHEC is accredited by the NCMS to provide continuing medical education for physicians.

Disclosure Statement: The Southern Regional AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosure of faculty/planning committee members and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental, or investigational use of drugs or devices in their presentations.

For Non-Physicians (Physician Assistants and Nurse Practitioners):

Additional Credit - Other health professionals will receive Southern Regional AHEC CEU and/or contact hours and a certificate of attendance from an AMA PRA Category 1™ activity. These certificates are accepted by the NC boards for physician assistants, nurse practitioners, nurses, physical therapists and athletic trainers. License requirements are subject to change. Southern Regional AHEC recommends that participants contact their licensing boards with specific questions. Southern Regional AHEC will provide .40 Continuing Education Units (3.75 contact hour) to participants upon completion of this activity.

Contact

Contact Maria Papaderos at maria.papaderos@sr-ahec.org or 910-678-7306 with additional questions.

