



# Using **Harm Reduction** in the Treatment of Substance Use Disorders

Friday, November 17, 2017  
9 a.m. - 4:30 p.m.

**Location:**

Cumberland County Dept. of Social Services  
Meeting Room D  
1225 Ramsey Street  
Fayetteville, NC 28301

## Target Audience

This workshop will be beneficial to mental health and human service practitioners, including psychologists, social workers, licensed professional counselors, marriage and family therapists, substance use professionals, therapists and clinicians and all others interested in this topic.

## Program Description

The concept of harm reduction is gaining strength as a legitimate and effective means for improving individual outcomes in the treatment of addictive diseases. Harm reduction has been and continues to be used in primary care, prevention and early intervention programs, and in opiate treatment programs as well as with methadone and buprenorphine. Addiction professionals are increasingly using harm reduction to work more effectively with their patients by integrating it with evidence-based practices such as Motivational Interviewing and Cognitive Behavioral Therapy. This course examines how harm reduction has evolved as a public health paradigm, use of intervention strategies using harm reduction techniques combined with evidence-based practices, and ways to improve patient outcomes by reducing the adverse consequences of addictive disease.

## Objectives

Upon completion of this workshop, participants will be able to:

- Identify a rationale for the use of harm reduction techniques in the treatment of addictive diseases;
- Increase their personal knowledge of harm reduction strategies that can be combined with evidenced-based practices; and
- Identify at least one strategy that may be utilized in developing a treatment plan using harm reduction.

## Agenda:

8:30 – 9 a.m.	Registration / Welcome
9 – 10 a.m.	Overview of course description and objectives
10 – 10:30 a.m.	Historical overview
10:30 – 10:45 a.m.	Break
10:45 a.m. – 12 p.m.	Defining harm reduction as a public health paradigm and in the treatment of addictive disorders
12 – 1 p.m.	Lunch (on your own)
1 – 1:30 p.m.	Overview: Models of Change and Recovery Stages
1:30 – 2 p.m.	Harm reduction: Integration into Evidenced-based Practices
2 – 2:30 p.m.	Identifying stage-appropriate treatment interventions
2:30 – 2:45 p.m.	Break
2:45 – 3:45 p.m.	Writing a treatment plan using harm reduction as a goal
3:45 – 4:30 p.m.	Measuring outcomes using harm reduction techniques
4:30 p.m.	Adjourn

## Fee

\$109 if registration and payment are postmarked on or before November 11, 2017; \$119 thereafter.

## Speaker

**Jim Mallinson, MA, CCAS**, has more than 30 years of experience as a clinician and administrator in substance abuse treatment both in the community and on the college campus. Mr. Mallinson has taught courses on addictive disease, certification preparation, ethics, and healthcare management at various institutes throughout the region including the North Carolina Foundation for Alcohol and Drug Studies and the Duke Addictions Program. Mr. Mallinson provides counseling services, clinical supervision, and consultation services through his practice Carolina Counseling Services in Salisbury, NC. He is on staff in the Department of Psychiatry and Behavioral Health at Wake Forest university health Services, and he serves as a faculty member at Catawba College in Salisbury. Mr. Mallinson is a NCSAPPB Licensed Clinical Addictions Specialist and Certified Clinical Supervisor, and a NAADAC certified Master Addiction Counselor.

## Credit

C.E.U.: 0.6

Contact Hours: 6.0

SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #843 (Substance Abuse Credit).

NC Psychologists Category A: The program will provide 6.0 contact hours (category A) continuing education credit to NC Psychologists.

NBCC: Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider,



Southern Regional AHEC is solely responsible for all aspects of the programs.

No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit.

Credit will be awarded to participants who attend 100% of the program.

### **Substitutes/Refunds/Transfers**

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel two (2) business days (Monday-Friday), before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel two (2) business days (Monday-Friday) before the program and obtain a refund for 70% of the registration fee.

Cancellations two (2) business days (Monday-Friday) before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

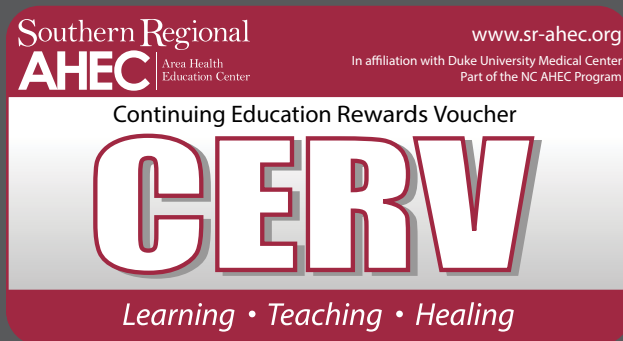
Please bring a light jacket or sweater for your own comfort; the temperature of the room is controlled by thermostat and we are unable to make any adjustments.

### **Contacts**

Bertina Parkins, Director Mental Health CE  
910-678-7032 / Bertina.Parkins@sr-ahec.org

Kate Smith, Program Assistant for Mental Health CE  
910-678-7305/Kate.Smith@sr-ahec.org

## **Earn \$35 toward a future program... Get Your CERV Card Today!**



Would you like \$35 toward one of our programs? It's yours with your Continuing Education Rewards Voucher (CERV). When you attend your next program with us, you will receive a CERV card. Bring it with you each time you attend a program and one of our continuing education staff members will initial it for you. After you have attended five programs, your card can be redeemed for \$35 toward a \*future program.

It's just our way of saying, "thanks" to great customers, like you!

*\*Not redeemable for CME series or contract programs and must be initialed by SR-AHEC personnel at current program.*

# Registration Form

Form may be duplicated.

**Using Harm Reduction in the Treatment of  
Substance Use Disorders**  
CASCE #53651 / MH171117

**Phone:** 910-678-7226 **Fax:** 910-323-0674

**Online:** <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=53651>

**Mail:** SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name \_\_\_\_\_ Last 4 digits of SS# \_\_\_\_\_

Certifications/Degrees \_\_\_\_\_ Specialty Area \_\_\_\_\_ Are you an NCC? \_\_\_\_\_

Employer \_\_\_\_\_ Job Title \_\_\_\_\_

Work Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (work) \_\_\_\_\_ (home) \_\_\_\_\_

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) \_\_\_\_\_ (secondary) \_\_\_\_\_

Do not send email announcements of upcoming SR-AHEC programs.  Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies \_\_\_\_\_

## Payment Information

Check (Make payable to SR-AHEC)

Mastercard / Visa # \_\_\_\_\_ Expiration Date (mm/yy) \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature \_\_\_\_\_

*The handouts for the program will be provided online through MyCE located on the SR-AHEC website: [www.sr-ahec.org](http://www.sr-ahec.org). Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.*

*For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html>*

**Office Use Only:** Check Auth # \_\_\_\_\_ Date \_\_\_\_\_ From \_\_\_\_\_ Amount \$ \_\_\_\_\_

SR-AHEC.org  
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(910) 678-7226

