



# Best Practices for Opioid Prescribing

Tuesday, May 08, 2018

Check-in: 5:30 p.m.

Program: 6 p.m. - 8 p.m.

Location:

Southern Regional AHEC  
1601 Owen Drive, Classrooms A and B  
Fayetteville, NC 28304

## Target Audience

Physicians

## Program Description

According to NC DHHS and the CDC, North Carolina has experienced a 350% increase in drug overdose deaths since 1999, and was one of 19 states that saw statistically significant increase in drug overdose death rates from 2014 to 2015. Prescribing practices for opioids must change in order to address this epidemic. This education activity will fulfill the controlled substances CME requirement for the North Carolina Medical Board (2 hours).

## Objectives

- Discuss best practices for prescribing controlled substances for chronic pain.
- Promote best practices for managing chronic pain.
- Review the behavioral aspects of chronic pain and how to differentiate between uncontrolled pain and the symptoms of misuse/abuse/addiction.
- Describe strategies for communicating with patients about avoiding or reducing prescription opioids.

## Agenda

5:30 p.m. – 6 p.m.	Registration/Lite Dinner
6 p.m. – 7 p.m.	Chronic Pain Management and Prescribing Practices
7 p.m. – 8 p.m.	Misuse/Abuse/Addiction and Behavioral Aspects of Pain

## Speakers

**Robert “Chuck” Rich, Jr., MD, FAAFP**, serves as medical director for Community Care of the Lower Cape Fear, 1 of the 14 North Carolina Medicaid regional networks. In that capacity, he has served as a practice educator on safe opioid prescribing and quality improvement activities as well as a practice and patient advocate for quality metrics. He also serves as a part-time clinician and practice medical director of a facility-owned group practice serving a rural population in southeastern North Carolina.

**Ken Fleishman, MD**, is the medical director of Behavioral Healthcare and Chief of Psychiatry at Cape Fear Valley Hospital. He is board certified and re-certified in child, adolescent and adult psychiatry. His clinical responsibilities include providing care in the adult inpatient unit, emergency department and outpatient clinic. His outpatient clinic focus includes Child and Adolescent Psychiatric Illness, Autism Spectrum Disorders and Medication Assisted Treatment for Substance Abuse. He is on the clinical faculty at the Jerry M. Wallace School of Osteopathic Medicine. Previously he was Medical Director at Laurel Heights Hospital in Atlanta, Georgia, where he also served as a clinical faculty member in the Department of Psychiatry at the Emory School of Medicine and Morehouse School of Medicine.

## **Fee**

\$20 (\$10 for CFV physicians)

*SR-AHEC requires full payment for all registrations prior to the program date. We no longer accept purchase orders or supervisor's approval signatures in lieu of payment. Access to workshop materials and handouts cannot be released until payment is received. Early and regular rates will be determined by the date of receipt.*

## **Credit**

**AMA PRA Category 1 Credit™ – 2.0**

**Credit Statement:** The Southern Regional AHEC designates this live activity for a maximum of 2.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Accreditation:** The Southern Regional AHEC is accredited by the North Carolina Medical Society to provide continuing medical education for physicians.

**Disclosure Statement:** The Southern Regional AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosure of faculty/planning committee members and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental, or investigational use of drugs or devices in their presentations.

## **Substitutes/Refunds/Transfers**

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel two (2) business days (Monday-Friday), before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel two business days (Monday-Friday) before the program and obtain a refund for 70% of the registration fee.

Cancellations less than two business days (Monday-Friday) before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

## **Contact**

Jennifer Bigger, Administrator of Pharmacy, CME & Quality Initiatives  
(910) 678-0138 / [jennifer.bigger@sr-ahec.org](mailto:jennifer.bigger@sr-ahec.org)

# Registration Form

Form may be duplicated.

**Best Practices for Opioid Prescribing**

CASCE # 55505 / CME180508

**Phone:** 910-678-7226 **Fax:** 910-323-0674

**Online:** <https://www.southernregionalahec.org/courses-and-events/55505>

**Mail:** SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Circle one: Dr. Mr. Mrs. Ms.

Name \_\_\_\_\_ Last 4 digits of SS# \_\_\_\_\_

Certifications/Degrees \_\_\_\_\_ Specialty Area \_\_\_\_\_ Are you an NCC? \_\_\_\_\_

Employer \_\_\_\_\_ Job Title \_\_\_\_\_

Work Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (work) \_\_\_\_\_ (home) \_\_\_\_\_

A valid email address is needed for program communications. The secondary email will only be used if your primary email replies as "undeliverable."

Email (primary) \_\_\_\_\_ (secondary) \_\_\_\_\_

Do not send email announcements of upcoming SR-AHEC programs.  Do not share my information with participants and/or exhibitors.

Special Needs / Food Allergies \_\_\_\_\_

## Payment Information

Check (Make payable to SR-AHEC)

Mastercard / Visa # \_\_\_\_\_ Expiration Date (mm/yy) \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature \_\_\_\_\_

The handouts for the program will be provided online. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to:

[https://www.southernregionalahec.org/?page\\_id=6196](https://www.southernregionalahec.org/?page_id=6196)

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