







With support from the Charlotte Area Health Education Center

Pre-Session

Wednesday, October 23, 2019 / 1 p.m. - 5 p.m.

SENSES

Thursday, October 24, 2019 / 9:45 a.m. - 4:45 p.m. Friday, October 25, 2019 / 8 a.m. - 3:45 p.m.

Location:

The Great Wolf Lodge 10175 Weddington Road, Concord, NC 28027

Target Audience

Nurse educators, nursing professional development specialists, academic faculty, and anyone who provides continuing professional development to healthcare providers.

Description

Join us for the 15th Annual SENSES at the Great Wolf Lodge in Concord, North Carolina for an adventure in professional development that encompasses an eclectic array of educational sessions that may apply to anyone who is involved in healthcare education, from the bedside to the classroom.

Experience networking opportunities with colleagues from across the United States at our annual reception on Thursday afternoon. Converse with our exhibitors both days to learn about their unique products and services that may enhance what you do as educators; and explore the poster sessions with 16 evidence-based posters throughout Thursday & Friday.

Outcome

Participants will be able to discuss how the information gained during this educational activity will be incorporated into their practice.

Agenda

Wednesday, October 23, 2019

1 - 5 p.m. Pre-session: The Top 4 Teaching Skills for Successful Educators

> Michele Deck, MEd, BSN, RN, LCCE FACCE, CEO, GAMES/Tool Thyme for Trainers, Baton Rouge, LA Are you new to the nurse educator role or a seasoned one? Do you sometimes feel like a duck out of water? "Swim" to this session and discover the components of a good lesson and how to utilize active and engaging methods to teach both cognitive and psychomotor nursing skills. Float successfully through the process of giving both positive and negative constructive feedback. We won't "duck" any of the important questions you have about teaching.

CNE Credit: 3.75 contact hours

Thursday, October 24, 2019

8:45 a.m. Registration/Refreshments/Visit Exhibits

9:45 a.m. Welcome/Announcements

10 a.m. 1P Escaping Classroom Boredom

Cheryl Bearringer, DNP, RN, NP-C, CNE, Assistant Professor, & Jennifer L. Danks, MSN, RN, NCSN,

Instructor, Methodist University, Fayetteville, NC

In this general session we will explore the concept of the Escape Room as an active learning strategy to promote prioritization, collaboration, and learning in nursing education and learn how to tailor an Escape Room to various educational needs of nursing students and/or faculty.

11 a.m. **2P Eliminating Common Pitfalls in Interprofessional Collaboration**

> Mary Holtschneider, RN-BC, BSN, MEd, MPA, NREMT-P, CPLP, Co-Director, Interprofessional Advanced Fellowship in Clinical Simulation, & Chan W. Park, MD, FAAEM, Durham VA Health Care System, Durham, NC.

Interprofessional teamwork and collaboration are essential in today's health care environment, yet individual team members do not always have the interpersonal and self-regulation skills to effectively handle negative interactions among team members and others. This session will engage the audience to use the six mindfulness strategies of pause, breathe, identify your emotion, recognize the space between stimulus and response, choose how to respond, and respond in a measured manner. We will also explore ways to simulate challenging communication, teamwork, and interpersonal issues so that health care professionals can enhance their self-regulation skills in the busy workplace environment.

12 p.m. **Lunch/Exhibits**

1 p.m. **Concurrent Sessions (your choice)**

3A Novice: But I Thought I Liked Everyone: Unconscious Bias and Generational Differences *Melissa Overton, BSN, RN, CEO of MedicalTraining.me, Smithfield, NC.*

Everyone has been raised with bias, as it's part of human nature. Those who influence us, especially when we are young, give us information that is unchecked and free accepted as fact. Bias is more than just a race issue. It's a gender issue, a socio-economic issue, a generational issue, and more. Join us to explore the concept of unconscious bias, generational influences and how we can work together to complement our generational gaps.

3B Advanced: Putting the "Mic" in Micro-learning: Utilizing Podcasts as a Teaching Strategy in the Hospital

Allyson Kirkman, MSN, RN-BC, Medical-Surgical Clinical Nurse Educator, & Austin Gwin, MS BA AS, Educational Instructional Designer, Cone Health, Greensboro, NC.

This presentation will highlight the application of micro-learning as a teaching strategy in an acute care hospital setting via the creation and utilization of podcasts.

3C Academia: Using Reality TV to Teach Qualitative Research

Janice Neil, PhD, RN, CNE, Associate Professor, & Donna W. Roberson, PhD, FNP-BC, Associate Professor, East Carolina University, Greenville, NC.

Qualitative methods are not covered in depth in most undergraduate curricula. The purpose of this presentation is to illustrate an innovative way to teach undergraduate students how to do qualitative research using the reality TV program, My 600-lb Life.

2 p.m. **Exhibits/Posters**

2:45 p.m. **Concurrent Sessions (your choice)**

4A Novice: A Holistic Approach to Self-Care for Nurses: A Journey to Joy and Resilience

Linda S. Thomas, PhD, RN-BC, CCRN, CHTP/I, HTAP, Nurse Educator, Harris Regional Hospital, Sylva, NC.

This session will explore some very simple, yet powerful ideas on how to bring joy back into the participants' life and build resilience by helping identify and deal with the trauma and stress in their life. Participant will learn how to design their own personalized self-care routine/practice that will help them stay healthy, happy, and more productive as well as use this information to design a staff educational program for self-care.

4B Advanced: What is the Worth of the Educator

Jody Cherniak, MSN, MBA-HCA, RN, VHA-CM, Nurse Educator, & Mary Holtschneider, Med, MPA, RN-BC, BSN, NREMT-P, CPLP, Durham Veterans Health Care System, Durham, NC.

This session will focus on the evolving role of the educator, changing learner style preferences and needs, the value of teaching evidence based patient outcomes, the value of blended style teaching using artificial intelligence and emerging technologies, the cost savings of critical thinking and informed judgement competency provision, and methods to measure the financial value of updated and individualized teaching.

4C Academia: Does Your Nursing Course Align Up?

Teresa Gaston, DNP, RN, MSN, BC, CNE, Clinical Assistant Professor, UNC-Charlotte, Charlotte, NC.

Course mapping can be very helpful when evaluating, redesigning, updating, or simply changing the delivery format of any type of course. Backward Design developed by Wiggins will be reviewed, and by performing a visual mapping exercise, educators may quickly evaluate their courses and identify areas for improvement. Explore the Course Mapping Worksheet to help you perform this evaluation process of the courses you teach, thus promoting a seamless, QI and evaluation effort.

3:45 p.m. **Concurrent Sessions (your choice)**

5A Novice: Why Aren't you Getting it? How to Teach a Learner at Any Level

Melissa Overton, BSN, RN

Using the Novice to Expert Theory, we will discover the different levels of learning and how to apply this in the workforce. We will interactively explore this topic and discuss ways to incorporate it at the bedside to improve the learning/orientation experience.

5B Advanced: A Play in Three Acts - Delivering Cardiac Content in An Innovative Way

Janice Neil, PhD, RN, CNE, Assistant Professor, & Lisa Tuck, MSN, RN, CCRN, Clinical Instructor, East Carolina University, Greenville, NC.

The purpose of this presentation is to illustrate an innovative way to present cardiac content so that several learning styles are addressed. The presenters will describe the process for planning, implementing, and evaluating this method of content delivery.

5C Academia: Active Learning in Online Classrooms

Jenny D. Erkfitz, MSN, RN, RN-BSN Director, Aspen University, Denver, CO.

This session will focus on a description of current evidence based practice strategies for active learning in online nursing courses. Participants will have an opportunity for tabletop discussions regarding strategies that could be used for specific case studies. The group will then come back together to discuss the case studies and further strategies will be presented.

4:45 - 6 p.m. **Networking Reception**

Friday, October 25, 2019

7:30 a.m. Sign In/Breakfast/Exhibits/Posters

8 a.m. **6P Intentional Strategies for Mentoring and Succession Planning**

Barbara McNeill, MSN, RN-BC, Nurse Educator and Consultant, Raleigh, NC.

We have all heard it said, "If you fail to plan you are planning to fail ", and, in most cases, nurse educators are known for their ability to think ahead, plan and coordinate learning opportunities and to prepare for worse case scenarios. BUT, (don't you hate it when a "but" gets thrown into the mix?), literature and real world experience underscores a gap in planning related to informal mentoring and formal leadership succession planning. During this session, we will explore some of the whys, but more importantly, some of the intentional strategies educators can use to plan for inevitable changes in leadership in both academic and professional development settings.

9 a.m. **Break with Exhibits/Posters**

10 a.m. **Concurrent Sessions (your choice)**

7A Novice: Cultivate: A Unique Opportunity to Develop our NPD Practice

Karin Elkins MSN, RN-BC, OCN, & Katie Steidle, MSN, RN-BC, SCRN, Nursing Professional Development Practitioners, Medical University of South Carolina, Charleston, SC.

This session will explore the methods, results, and lessons learned from an IRB approved research project that aimed to empower NPD Practitioners to lead their own professional growth.

7B Advanced: Strategies to Promote Critical Thinking in Nursing

Elizabeth Van Horn, PhD, RN, CNE, Associate Professor, UNC-Greensboro, Greensboro, NC.

This session will focus on a variety of strategies to promote critical thinking that can be used during the clinical teaching experience for new hires, new graduates, and nursing students.

7C Academia: Recovery After the Storm – Lessons Learned from a Service Learning Clinical Assignment

Patricia H. White, MSN-NE, RNC-NIC, CNE, Lecturer, & Carolyn Jones, PhD, NNP-BC, Assistant Professor, UNC-Wilmington, Wilmington, NC.

Due to the amount of clinical time lost as a result of Hurricane Florence, those of us in the UNCW School of Nursing had to be creative in designing assignments that would be considered as clinical make-up. Journaling was used as the learning platform and completion of their clinical hours. Listen to the faculty as they share the surprising outcomes of this creative teaching strategy and the impact on student outcomes.

11:15 a.m. **Concurrent Sessions (your choice)**

8A Novice: The Utilizing Design Think and Other Innovative Educational Strategies to Plan and Evaluate Healthcare Provider Education in Social Determinants of Health

Lisa S. Guy, RN, CCRN & Suzanne Lineberry. MPH, MCHES, CPHQ, Education Coordinators, Greensboro AHEC, Greensboro, NC.

Our organization identified an educational gap that existed in the area of Social Determinants of Health. The need fell somewhere between skill and practice. Traditional lecture-based education is not sufficient to attain educational goals. The problem became "How do we provide meaningful, applicable education that will prepare the healthcare provider to address Social Determinants of Health?" Join us to find out how you can apply our findings to your own practice.

8B Advanced: Nursing Leadership Academy: investing in Human Capital

Deana Kearns, MSN, RN-BC, Director of Corporate Education & Professional Development & Tabitha Kinlaw, MSN, MBA, RN-BC, CNOR, ONC, Nursing Professional Development Specialist, First Health of the Carolinas, Pinehurst, NC.

The Nursing Leadership Academy was developed as a succession plan for nurse managers and to provide the basic leadership knowledge, skills, and abilities vital to this position. This investment in our human capital is preparing our future nurse leaders by developing them professionally and will potentially increase employee satisfaction by providing a greater understanding of the organization as a whole.

8C Academia: Pleasantries, Pitfalls & Pragmatics: Transitioning to Academic Faculty *Julie Ann Bell, DNP, RN-BC, CNE, Assistant Professor and Clinical Coordinator, South College, Asheville, NC.*

In this session we will explore how to successfully facilitate the transition from expert clinician and/or expert NPD to novice academic faulty; the benefits and challenges, and pragmatics about best practices for orientation and mentoring new faculty.

12:15 pm

Lunch

1:15 pm

Concurrent Sessions (your choice)

9A Novice: The Art of the UnMeeting: A Tool to Engage Learners

Andrea Novak, PhD, RN-BC, FAEN, Administrator for CPD and Sheree Hayes, MHA, RN, Director of CPD/RN Refresher Coordinator, SR-AHEC, Fayetteville, NC.

The Principles of Adult Learning state that adult learners want to be involved in their learning and learn what they want to know more about. Traditional "sage on the stage" teaching does not lend itself to that principle, and we as educators need to look for new tools and strategies to engage learners while providing education that is meaningful to the learner. Join us for our UnMeeting to look at tips and strategies to add to your skills set across the healthcare spectrum.

9B Advanced: Jumping in with Both Feet: Moulage and Drill in Hand

Mary Knowlton, DNP, RN, CNE, Associate Professor, & Jennifer Riseden, MSN, FNP-BC, Assistant Professor, Western Carolina University, Asheville, NC.

Some individuals new to simulation feel limited in the ability to have a simulation program until all resources are in place. This presentation will share how one school went from a skills lab to a simulation program with a novice educator at the helm without a lab coordinator and utilizing resources at hand. The creation of a makeshift control room using Skype, cells phones and laptop computers will be highlighted.

9C Academia: See Me Through Your Ears

Tukessa Goodwin, MSN, RN-BC, Visiting Professor, & Melinda Armstrong, MSN, RN, CHSE, Assistant Dean, Student Learning, Chamberlain College, Charlotte, NC.

This activity will share outcomes from a schizophrenia simulation experience implemented by a BSN program. An exploration of various methods used to increase empathy in student nurses for patients with mental illness will be included, as well as a detailed description of the particular simulation activity chosen by this pre-licensure program. Attendees will experience a recreation of the simulation and a debriefing of the activity.

2:15 p.m. **Break/Exhibits/Posters**

2:45 p.m. **10P Global Initiatives: Challenges in Nursing Worldwide**

Rebecca Threatt, DNP, RN, CHSE, Director of Nursing, CURE International, Highland Springs, VA.

The shortage of nurses is not just a problem in the United States, but a worldwide shortage. Many nurses are moving between international boarders to help meet the supply and demand. Standards vary across countries and thus educational needs and standards need to be sensitive to cultural language barriers to help align some of the disparities in nursing competencies. Through nurse coaching, nurses can promote critical thinking tools and assist nurses to have the power to make the necessary changes to elevate the education and power of nurse leaders internationally. Assisting nurses to reignite their passion for the nursing profession will create a positive outcome for patients worldwide

3:45 pm Adjourn

Fee

Registration fee cut-off date: October 20, 2019, registrations after that date will be considered "Walk-Ins" and pay the On-Site Registration Fee.

SR-AHEC requires full payment for all registrations prior to the program date. We no longer accept purchase orders or supervisor's approval signatures in lieu of payment. Access to workshop materials and handouts cannot be released until payment is received. Early and regular rates will be determined by the date of receipt.

	Register by	Late Fee:	On-Site Registration
	October 1	Oct. 2-20, 2019	Walk-In
Pre Conferences Wednesday			
The Top 4 Teaching Skills for	\$125	\$150	\$175
Successful Education			
SENSES			
SENSES: Both Days	\$300	\$325	\$375
SENSES: Day 1 only (Thursday)	\$175	\$200	\$250
SENSES: Day 2 only (Friday)	\$175	\$200	\$250
Combos			
Pre-Session & 2-day SENSES	\$400	\$425	\$450
Pre-Session & Thursday only SENSES	\$275	\$300	\$325
Specialty Discounts			
Lead Poster Presenter	\$260	\$285	N/A
Lead Poster Presenter + Pre-session	\$385	N/A	N/A
2-Day SENSES: Group Discount- 3 or			
more registering together on one	\$270	\$295	N/A
form of payment			

Contacts

Conference registration questions: 910-678-7226

All other conference questions please contact: Andrea Novak, andrea.novak@sr-ahec.org / 910-678-7216 or Sheree Hayes, sheree.hayes@sr-ahec.org / 910-678-7246

Credit

Earn up to 17.25 CNE contact hours by attending the entire 3-day conference plus all poster sessions. Participants must attend 100% of each session to receive CNE contact hours.

Pre-Session: 3.75 CNE contact hours

Track sessions/plenaries are 1.0 CNE contact hour

Poster Sessions: each poster is 0.25 CNE contact hour, view and evaluate all 16 posters: 4.0 contact hours Credit is issued by session and per poster viewed and evaluated.

Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. At this time, planners and presenters have declared no conflicts of interest in the planning or execution of this event. Should new information come to light, it will be announced at the beginning of the event(s).

Hotel Information



The Great Wolf Lodge

10175 Weddington Road, Concord, NC 28027 866-925-9653

Room Rates: \$109.99 plus tax per night. Room can sleep up to 6 and includes 4 passes to the Water Park per room.

Check in: 4 pm. Check out: 11:00 am

Reservation Deadline: Sunday, September 29, 2019

Reservation Code: "191015TH", requires major credit card to guarantee reservation. Use this code for both reserving your room online or by phone.

Website: https://www.greatwolf.com/concord

Substitutes/Refunds/Transfers

Participants who register and pay for the program, but are not able to attend, may:

- Send a substitute;
- Transfer registration to the 2020 SENSES conference; or
- Cancellations before October 20 may obtain a refund for 70% of the registration fee.

Cancellations on or after October 20 are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Follow Us On



Facebook: https://www.facebook.com/srahec.nurseCE/



Twitter: @SRAHECNU



LinkedIn: https://www.linkedin.com/groups/7412009

Poster Presentations: Thursday and Friday

This year we will showcase poster judging with awards for a variety of categories.

A Strategy for Success on the National Council Licensure Examination for At-Risk Nursing Students

Doris Jefferys, DNP, NP-C, RN, Fayetteville State University, Fayetteville, NC

Experiences of Incivility in the New Graduate Nurse

Ashleigh Weir, PhD, RN, East Carolina University, Greenville, NC

Healthcare System Integration: The Logistics of Meeting Ambulatory Clinical Orientation Needs in a Complex, Geographically Diverse Health System

Susan Hamner, MSN, RN-BC, Kara Simpson, MSN, RN-BC, CNE, Marianne Haugh, MSN, RN-BC, CRRN, & Sherry Gillespie Miller, MSN, RN, NEA-BC, Medical University of South Carolina, Charleston, SC

High-Level Disinfection Practice Improvements: A Collaborative Approach between Education and Infection Prevention

Kara Simpson, MSN, RN-BC, CNE, & Kristen Stoltz, MPH, MLS (ASCP), Medical University of South Carolina, Charleston, SC

Improving Clinicians Affirming Practice with LGBT Clients

Colette Townsend-Chambers, MSN, RN, CHSE, UNC-Charlotte, Charlotte, NC

Integration of the Embedded Clinical Model in a Rural BSN Program

Amy Putnam, DNP, RN, CNE, Western Carolina University, Sylva, NC

New Graduate Nurse Turnover: What Really Matters Most

Ashleigh Weir, PhD, RN, East Carolina University, Greenville, NC

Practice Makes Perfect: Peer Reviewed Video Presentations for Nurse Educator Students

Carolyn Kleman, PhD, MHA, RN, & Lisa Anne Bove, DNP, RN-BC, UNC-Wilmington, Wilmington, NC

Pre-op Education Leads to Better Outcomes in Total Joint

Katrina Sanders, MSN, RN, Angie Kozyra, BSN, RN, ONC, & Meghan Rousseau, MSN, RN, RN-BC, Novant Health Charlotte Orthopedic Hospital, Charlotte, NC

Restructuring a Course Using Kolb's Experiential Learning Theory

Sheryl Cornelius, EdD, MSN, RN, CNE, Queens University of Charlotte, Charlotte, NC

Scaffolding Research Concepts in the BSN Curriculum

Annette Hines, PhD, RN, CNE, Toy Stone, MSN, RN, CCRN, CPAN, & Vicki Talbot, MSN, RN, CNE, Queens University of Charlotte, Charlotte, NC

Student Clinical Placements: Increasing Transparency, Equity, and Efficiency Using a CloudBased Electronic Platform

M. Dianne Homan, MSN, RN, Duke Health, Durham, NC, Marilyn Falk, MSN, RN, RN-BC, WakeMed Health & Hospitals, Raleigh, NC, & Kathy G. Clark, MS, RN, Wake AHEC, Raleigh, NC

Testing Task Force Project: The Development of a Strategic Plan for Testing Process Improvement

Judy King, MSN, RN, Shannon Ford MSN, RN, CPNP, Kristen Schutz MSN, RN, Darlene Hicks MSN, RN, Yolanda Neal MSN, RN, Watts School of Nursing, Durham, NC

The Impact of Quick Response (QR) Technology on Anxiety with First Semester Nursing Students Related to the Performance of Psychomotor Skills with Patients in Clinical

Lee-Ann Kenny, DNP, MSN, RN, UNC-Charlotte, Charlotte, NC

Use of Curriculum Mapping to Promote LPN's Attainment of the BSN Degree in North Carolina

Kimya Nance, PhD, RN, Tori Brown, EdD, RN, & Hartensia Davis-Bailey, MSN, RN, Winston-Salem State University, Winston-Salem, NC

Using Simulation to Decrease Anxiety and Increase Confidence in Nursing Students Entering a Critical Care Nursing Clinical Rotation

Teresa S. Cronell, MSN, RN, CCRN, Chamberlain University, Charlotte, NC



A MyAHEC account is required to complete registration. If you do not have a MyAHEC account, please go to our website at:

https://www.southernregionalahec.org/create-account to create an account. Please use your personal email address when you create your MyAHEC account as work email accounts can change.

The handouts for the program will be provided online. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to:

https://www.southernregionalahec.org/about-us/general-reference/

Pre-session: Casce # 59086 / NU191023 Conference: Casce # 58025 / NU191024

Registration Form

15th Annual South Eastern Nurse Educator Symposium (SENSES) - October 23 - 25, 2019 Sign Me Up For: \square Pre-session only \square Pre-Session & Thursday \square Pre-Session & Entire Conference ☐ Conference Only (Thursday & Friday) ☐ Please do not share information with attendees or exhibitors ☐ I am a Lead Poster Presenter Name: _____ Credentials: _____ Personal Email: ______ Secondary Email: _____ Phone: Employer: ☐ Check Enclosed (Make check payable to SR-AHEC) We accept the following credit cards: Visa, Mastercard, Discover, American Express Card Number: Expiration date:____ Name on card: Signature: **Dietary Preferences:** ☐ Gluten-Free ☐ Special Need/Allergies _____ ☐ Vegetarian □ Vegan Send completed registration form to: SR-AHEC, Attention: Registrar, 1601 Owen Drive, Fayetteville, NC 28304 or e-mail to registrar@sr-ahec.org Office Use Only: Check # Date From Amount \$

www.sr-ahec.org 1601 Owen Drive • Fayetteville, NC 28304 910-678-7226

