



## Optimizing Care for Adults with Intellectual/ Developmental Disabilities



Friday, February 07, 2020  
8 a.m. - 4:30 p.m.

### Location

Southern Regional AHEC  
Classrooms A & B, 3rd Floor  
1601 Owen Drive  
Fayetteville, NC 28304

## Target Audience

Physicians, dentists, nurses, pharmacists, behavioral health providers, including psychologists, allied health professionals and all concerned with the health and well-being of adults with I/DD.

## Program Description

Innovative programs are improving the health and quality of life for North Carolinians living with intellectual and developmental disabilities (I/DD), yet the majority of adults with I/DD experience significant disparities in health and well-being. The change to an integrative care model has the potential to advance whole person health; however, there is also the risk that the disparities gap will increase. This conference highlights collaborative care initiatives and provides clinical updates that equip providers across disciplines to advance the health and quality of life for adults with I/DD.

## Objectives

Upon completion of this educational activity the participant will be able to:

- Discuss disparities in health and the barriers to optimal care experienced by NC adults with I/DD
- Describe the significance of oral health in treatment of the whole person
- Update best practices for pharmacology and review management of polypharmacy
- Discuss a trauma informed care approach for adults with I/DD
- Recognize effective communication strategies
- Review strategies for supporting healthy sexuality in adults with I/DD
- Examine collaborative approaches to transitions of care
- Explore innovative programs that model inclusion and whole person care

## Fee

\$89; Student Registration Fee \$60

## Agenda

7:30 a.m.	<b>Registration</b>
8 a.m.	<b>Cross-system Navigation and Medicaid Transformation</b> <i>Mary Hooper, ACSW, Executive Director; Ann Rodriguez, Assistant Director, i2i Center for Integrative Health</i>
8:45 a.m.	<b>Afterlives of slavery, Ecologies of sanity: Historical Perspectives on the Diagnosis and Treatment of I/DD</b> <i>Mab Segrest, PhD, Fuller-Maathai Emeritus Professor of Gender and Sexuality at Connecticut College</i>
9:30 a.m.	<b>Oral Health and Health of the Whole Person</b> <i>Betsy Lee White, RDH, Chief Operating Officer, Access Dental Care</i>
10:30 a.m.	<b>Break</b>
10:45 a.m. – 12:15 p.m.	<b>BREAKOUT SESSIONS</b>
	<b>A. Pharmacotherapy and Polypharmacy</b> <i>Jarrett Barnhill, MD, DFAPA, FAACAP, UNC Department of Psychiatry</i>
	<b>B. Transition to Adult Medical Home &amp; Clinical Services</b> <i>Tara Chandrasekhar, MD, Duke Center for Autism and Brain Development</i>
	<b>C. Trauma Informed Care: Approaches and Resources</b> <i>Andrea Winkler, LCAS, LCSW, Duke Psychiatric Outpatient Clinic</i>

12:15 – 1:15 p.m.	Lunch (Provided)
12:30 -1:00 p.m.	<b>Lunch Keynote</b> <b>GiGi's Playhouse: Confident U. Healthy U. Whole U</b> <i>Kim Eyerman</i>
1:15 - 2:45 p.m.	<b>BREAKOUT SESSIONS</b> <b>A. Sexuality and Health</b> <i>Uzama Price, Ed.D., NADD-DDS, RBT, Alliance Behavioral Health</i> <b>B. Communication Skills and Core Engagement Strategies</b> <i>Jim Sacco, M.S.W., L.C.S.W., Consultant and Trainer, Asheville, NC</i> <b>C. Supported Decision-Making and the Transformation of Guardianship</b> <i>Linda Kendall Fields, M. Ed., Clinical Assistant Professor, UNC Chapel Hill School of Social Work</i>
2:45 p.m.	Break
3 – 4:30 p.m.	<b>Innovation and Vision for the Future - Panel</b> <b>321 Coffee:</b> <i>Lindsay Wrege, Megan Czejkowski</i> <b>Beyond Academics:</b> <i>Lisa Pluff, MA, Ryan Milligan M.Ed.</i> <b>Friendship House:</b> <i>Scott Cameron, MD</i>
4:30 PM	Conclude

## Credit

*AMA PRA Category 1 Credit™ – 7.5*

**CNE – 7.5**

**C.E.U. - .75**

**Contact Hours - 7.5**

Credit Statement: The Southern Regional AHEC designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credit™*.

Physicians should claim only the credit commensurate with the extent of their participation in the activity. Accreditation: This activity has been planned and implemented in accordance with the Essentials and Standards of the North Carolina Medical Society through the joint providership of the Southern Regional AHEC and Duke AHEC. The Southern Regional AHEC is accredited by the NCMS to provide continuing medical education for physicians.

Disclosure Statement: The Southern Regional AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosure of faculty/planning committee members and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental, or investigational use of drugs or devices in their presentations. There is no commercial support for this activity.

**CNE:** 7.5 contact hours CNE will be provided to participants who attend 90% of this educational activity. Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Any conflict of interest from the speaker will be announced at the beginning of the event.

## Oral Health – ADA CERP®

Participants must attend 100% of program time to receive credit.

For more information on North Carolina Dental CE requirements visit the North Carolina State Board of Dental Examiners (NCSBDE) at: <http://www.ncdentalboard.org>

The North Carolina Area Health Education Centers are an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at [ADA.org/CERP](http://ADA.org/CERP).



**7.5 hours** The North Carolina Area Health Education Centers designates this activity for up to 7.5 hours of continuing education credits.

Disclaimer - Dental Institutions providing dental education have an obligation to disseminate new knowledge related to dental practice. In doing so, some information or presentations may include controversial materials or commercial references. The Southern Regional AHEC office acknowledges that there is potential risk to participants using limited knowledge when incorporating new techniques and procedures into their practices, especially when the continuing education program has not provided them with supervised clinical experience in the techniques or procedures to ensure that they have attained competence. Sponsorship of continuing education courses by the Southern Regional AHEC office does not imply endorsement of a particular philosophy, product or procedure by this institution.

Disclosure - In accordance with the ADA CERP Standard V., everyone involved in planning or presenting this educational activity will be required to disclose any relevant financial relationships with commercial interests and this information will be made available to participants at the start of the activity. As a continuing education provider, the Southern Regional AHEC office is responsible for ensuring the content, quality and scientific integrity of all continuing dental education activities for which credit is provided. The Southern Regional AHEC office is also responsible for taking steps to protect against and/or disclose any conflict of interest of the faculty/instructors presenting those courses.

**NAADAC:** SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #108762

**NBCC:** Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEO No. 5362. Programs that do not qualify for NBCC credit are clearly identified.



**NC Psychologists Category A:** This program will provide 7.5 contact hours (category A) continuing education credit to NC Psychologists.

Southern Regional AHEC is solely responsible for all aspects of the program.

No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit. Credit will be awarded to participants who attend 100% of the program.

## **Contact**

Karen Goble, MA, Director of Continuing Medical Education, 910-678-7306/Karen.Goble@sr-ahec.org  
Melanie Wheeler, Program Assistant, 910-678-7209 / Melanie.Wheeler@sr-ahec.org

Attendance at this activity grants permission for Southern Regional AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

**NOTE:** Participants of this conference will be offered the opportunity to participate two follow-up webinars available in May and September 2020 at no cost. Details about the webinars and how to access them will be emailed to all participants after this conference.

A MyAHEC account is required to complete registration. If you do not have a MyAHEC account, please go to our website at: <https://www.southernregionalahec.org/create-account> to create an account. Please use your personal email address when you create your MyAHEC account as work email accounts can change.

The handouts for the program will be provided online. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <https://www.southernregionalahec.org/about-us/general-reference/>

## Registration Form

CASCE #60756/CME200207

### Optimizing Care for Adults with Intellectual Disabilities

**Registration Fee:** \$89; Student Registration Fee \$60

Updated Contact Information

Name: \_\_\_\_\_ Credentials: \_\_\_\_\_

Personal Email: \_\_\_\_\_ Secondary Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Employer: \_\_\_\_\_

Check Enclosed (Make check payable to SR-AHEC)

We accept the following credit cards: Visa, Mastercard, Discover, American Express

Card Number: \_\_\_\_\_

Expiration date: \_\_\_\_\_

Name on card: \_\_\_\_\_

Signature: \_\_\_\_\_

Dietary Preferences:

Vegetarian       Vegan       Gluten-Free       Special Need/Allergies \_\_\_\_\_

Send completed registration form to:

SR-AHEC, Attention: Registrar, 1601 Owen Drive, Fayetteville, NC 28304 or e-mail to registrar@sr-ahec.org

**Office Use Only:** Check # \_\_\_\_\_ Date \_\_\_\_\_ From \_\_\_\_\_ Amount \$ \_\_\_\_\_

www.sr-ahec.org

1601 Owen Drive • Fayetteville, NC 28304

910-678-7226

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**AHEC** | Area Health  
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