# Agenda for ACLS Update Course Plus BLS Card\*

*Date:*

*Location:*

*Lead Instructor:*

|  |  |  |
| --- | --- | --- |
| Time/Instructor Single day | | |
| **Welcome, Introductions, and Course Administration Lesson 1**: ACLS Course Overview and Organization  **Lesson 1A:** Infant CPR and Bag-Mask Ventilation Practice\*  **Lesson 1B:** Infant CPR Testing\* **Lesson 1C:** Adult/Child Choking\* **Lesson 1D:** Infant Choking\*  **Lesson 1E:** BLS Exam | | |
| ***Divide class into 2 groups*** | **Lesson 2** Learning/Testing Station: High-Quality BLS | **Lesson 2** Learning/Testing Station: High-Quality BLS |
|  | Group 1 | Group 2 |
| Break | | |
| ***Divide class into 2 groups*** | **Lesson 3** Learning/Testing Station: Airway Management | **Lesson 3** Learning/Testing Station: Airway Management |
|  | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***  Lunch  **Lesson 4**: Technology Review  **Lesson 5**: High-Performance Teams | | |
| ***Divide class into 2 groups*** | **Lesson 6**  Learning Station:  High-Performance Teams: Megacode Practice  (**Lesson 9 in ACLS Lesson Plans**) | **Lesson 6**  Learning Station:  High-Performance Teams: Megacode Practice  (**Lesson 9 in ACLS Lesson Plans**) |
|  | Group 2 | Group 1 |
| **Break** | | |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **Lessons T2-T4** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **Lessons T2-T4** |
|  | Group 1 | Group 2 |
| ***One large group (as students finish the Megacode Test)***  **Exam (T5-T6)**  **Remediation/Class Ends** | | |

\*See BLS Lesson Plans in the *BLS Instructor Manual*.

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# Agenda for ACLS Course Plus BLS Card\*

*Date: Location:*

*Lead Instructor:*

|  |  |  |
| --- | --- | --- |
| Time / Instructor Day 1 | | |
| **Lesson START:** Welcome, Introductions, and Course Administration  **Lesson 1**: ACLS Course Overview and Organization  **Lesson 1A**: Infant CPR and Bag-Mask Ventilation Practice\*  **Lesson 1B**: Infant CPR Testing\* **Lesson 1C:** Adult/Child Choking\* **Lesson 1D:** Infant Choking\*  **Lesson 1E:** BLS Exam | | |
| ***Divide class into 2 groups*** | **Lesson 2** Learning/Testing Station: High-Quality BLS | **Lesson 2** Learning/Testing Station: High-Quality BLS |
|  | Group 1 | Group 2 |
| Break | | |
| ***Divide class into 2 groups*** | **Lesson 3** Learning/Testing Station: Airway Management | **Lesson 3** Learning/Testing Station: Airway Management |
|  | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***  Lunch  **Lesson 4**: Technology Review | | |
| ***Divide class into 2 groups*** | **Lesson 5**  Learning Station: Preventing Arrest: Bradycardia | **Lesson 6**  Learning Station: Preventing Arrest: Tachycardia (Stable and Unstable) |
|  | Group 1 | Group 2 |
|  | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***  Break  **Lesson 7**: High-Performance Teams | | |
| ***Divide class into 2 groups*** | **Lesson 8**  Learning Station:  High-Performance Teams: Cardiac Arrest and Post–Cardiac Arrest Care | **Lesson 8**  Learning Station:  High-Performance Teams: Cardiac Arrest and Post–Cardiac Arrest Care |
|  | Group 1 | Group 2 |
| **End of Day 1** | | |

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| --- | --- | --- |
| Day 2 | | |
| ***Divide class into 2 groups*** | **Lesson 9**  Learning Station:  High-Performance Teams: Megacode Practice | **Lesson 9**  Learning Station:  High-Performance Teams: Megacode Practice |
|  | Group 2 | Group 1 |
| **Break** | | |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **Lessons T2-T4** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **Lessons T2-T4** |

|  |  |  |
| --- | --- | --- |
| Day 2 | | |
|  | Group 1 | Group 2 |
| ***One large group (as students finish the Megacode Test)***  **Exam (T5-T6)**  **Remediation/Class Ends** | | |

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# Agenda for ACLS Update Course

*Date:*

*Location:*

*Lead Instructor:*

|  |  |  |
| --- | --- | --- |
| Time / Instructor Single day | | |
| **Lesson START:** Welcome, Introductions, and Course Administration  **Lesson 1**: ACLS Course Overview and Organization | | |
| ***Divide class into 2 groups*** | **Lesson 2** Learning/Testing Station: High-Quality BLS | **Lesson 2** Learning/Testing Station: High-Quality BLS |
|  | Group 1 | Group 2 |
| ***Divide class into 2 groups*** | **Lesson 3** Learning/Testing Station: Airway Management | **Lesson 3** Learning/Testing Station: Airway Management |
|  | Group 2 | Group 1 |
| 10:25 **Break** | | |
| ***One large group (or 2 small groups)***  **Lesson 4**: Technology Review  **Lesson 5**: High-Performance Teams **(Lesson 7 in ACLS Lesson Plans) Lunch** | | |
| ***Divide class into 2 groups*** | **Lesson 6**  Learning Station:  High-Performance Teams: Megacode Practice  (**Lesson 9 in ACLS Lesson Plans**) | **Lesson 6**  Learning Station:  High-Performance Teams: Megacode Practice  (**Lesson 9 in ACLS Lesson Plans**) |
|  | Group 2 | Group 1 |
| **Break** | | |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **Lessons T2-T4** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **Lessons T2-T4** |
|  | Group 1 | Group 2 |
| ***One large group (as students finish the Megacode Test)***  **Exam (T5-T6)**  **Remediation/Class Ends** | | |

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# Agenda for ACLS Course

*Date:*

*Location:*

*Lead Instructor:*

|  |  |  |
| --- | --- | --- |
| Day 1 | | |
| **Lesson START:** Welcome, Introductions, and Course Administration  Time / Instructor  **Lesson 1:** ACLS Course Overview and Organization | | |
| ***Divide class into 2 groups*** | **Lesson 2** Learning/Testing Station: High-Quality BLS | **Lesson 2** Learning/Testing Station: High-Quality BLS |
|  | Group 1 | Group 2 |
| ***Divide class into 2 groups*** | **Lesson 3** Learning/Testing Station: Airway Management | **Lesson 3** Learning/Testing Station: Airway Management |
|  | Group 2 | Group 1 |
| **Break** | | |
| ***One large group (or 2 small groups)***  **Lesson 4**: Technology Review | | |
| ***Divide class into 2 groups*** | **Lesson 5**  Learning Station: Preventing Arrest: Bradycardia | **Lesson 6**  Learning Station: Preventing Arrest: Tachycardia (Stable and Unstable) |
|  | Group 1 | Group 2 |
| **Lunch** | | |
|  | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***  **Lesson 7**: High-Performance Teams  **Break** | | |
| ***Divide class into 2 groups*** | **Lesson 8**  Learning Station:  High-Performance Teams: Cardiac Arrest and Post–Cardiac Arrest Care | **Lesson 8**  Learning Station:  High-Performance Teams: Cardiac Arrest and Post–Cardiac Arrest Care |
|  | Group 1 | Group 2 |
| **End of Day 1** | | |
| Day 2 | | |
| ***Divide class into 2 groups*** | **Lesson 9**  Learning Station:  High-Performance Teams: Megacode Practice | **Lesson 9**  Learning Station:  High-Performance Teams: Megacode Practice |
|  | Group 2 | Group 1 |
| **Break** | | |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **Lessons T2-T4** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **Lessons T2-T4** |
|  | Group 1 | Group 2 |
| ***One large group (as students finish the Megacode Test)***  **Exam (T5-T6)**  **Remediation/Class Ends** | | |

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Time / Instructor

# Agenda for ACLS Traditional Update Course

*Date: Location:*

*Lead Instructor:*

|  |  |  |
| --- | --- | --- |
| **Lesson START:** Welcome, Introductions, and Course Administration  **Lesson 1:** ACLS Course Overview and Organization  **Lesson ACLS-Traditional 2:** Systems of Care  **Lesson ACLS-Traditional 3:** The Science of Resuscitation **Lesson ACLS-Traditional 4:** Systematic Approach **Lesson ACLS-Traditional 5:** CPR Coach | | |
| ***Divide class into 2 groups*** | **Lesson 6**  Testing Station: High-Quality BLS  **(Lesson 2 in ACLS Lesson Plans)** | **Lesson 7**  Testing Station: Airway Management  **(Lesson 3 in ACLS Lesson Plans)** |
|  | Group 1 | Group 2 |
|  | Break | |
|  | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***  **Lesson 8:** Technology Review **(Lesson 4 in ACLS Lesson Plans) Lesson 9:** High-Performance Teams **(Lesson 7 in ACLS Lesson Plans) Lunch** | | |
| ***Divide class into 2 groups*** | **Lesson 10**  Learning Station: High-Performance Teams: Megacode Practice  **(Lesson 9 in ACLS Lesson Plans)** | **Lesson 10**  Learning Station: High-Performance Teams: Megacode Practice  **(Lesson 9 in ACLS Lesson Plans)** |
|  | Group 1 | Group 2 |
| **Break** | | |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details **(Lessons T2-T4 in ACLS Lesson Plans)** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **(Lessons T2-T4 in ACLS Lesson Plans)** |
|  | Group 1 | Group 2 |
| ***One large group (as students finish Megacode Test)***  Exam (T5-T6)  Remediation/Class Ends  **Optional: ACS and Stroke Lessons (Lessons ACLS-Traditional 7 and ACLS-Traditional 8)** | | |

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# Agenda for ACLS Traditional Course

*Date: Location:*

*Lead Instructor:*

|  |  |  |
| --- | --- | --- |
| Time / Instructor Day 1 | | |
| **Lesson START:** Welcome, Introductions, and Course Administration  **Lesson 1:** ACLS Course Overview and Organization  **Lesson ACLS-Traditional 2:** Systems of Care  **Lesson ACLS-Traditional 3:** The Science of Resuscitation  **Lesson ACLS-Traditional 4:** Systematic Approach  **Lesson ACLS-Traditional 5:** CPR Coach | | |
| ***Divide class into 2 groups*** | **Lesson 6**  Learning/Testing Station: High-Quality BLS  **(Lesson 2 in ACLS Lesson Plans)** | **Lesson 6**  Learning/Testing Station: High-Quality BLS  **(Lesson 2 in ACLS Lesson Plans)** |
|  | Group 1 | Group 2 |
| **Break** | | |
| ***Divide class into 2 groups*** | **Lesson 7**  Learning/Testing Station: Airway Management  **(Lesson 3 in ACLS Lesson Plans)** | **Lesson 7**  Learning/Testing Station: Airway Management  **(Lesson 3 in ACLS Lesson Plans)** |
|  | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***  **Lesson 8**: Technology Review **(Lesson 4 in ACLS Lesson Plans )**  **Lesson 9:** Recognition: Signs of Clinical Deterioration **(Lesson ACLS-Traditional 6)** | | |
| ***Divide class into 2 groups*** | **Lesson 10**  Learning Station: Acute Coronary Syndromes  **(Lesson ACLS-Traditional 7)** | **Lesson 11**  Learning Station: Acute Stroke  **(Lesson ACLS-Traditional 8)** |
|  | Group 1 | Group 2 |
|  | Group 2 | Group 1 |
| **Lunch** | | |
| ***One large group (or 2 small groups)***  **Lesson 12:** High-Performance Teams **(Lesson 7 in ACLS Lesson Plans )** | | |
| **Break** | | |
| ***Divide class into 2 groups*** | **Lessons 13**  Learning Station: High-Performance Teams: Cardiac Arrest and  Post–Cardiac Arrest Care  **(Lesson 8 in ACLS Lesson Plans )** | **13**  Learning Station: High-Performance Teams: Cardiac Arrest and  Post–Cardiac Arrest Care  **(Lesson 8 in ACLS Lesson Plans )** |
|  | Group 1 | Group 2 |
| **End of Day 1** | | |

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| Day 2 | | |
| ***Divide class into 2 groups*** | **Lesson 14**  Learning Station: Preventing Arrest: Bradycardia  **(Lesson 5 in ACLS Lesson Plans)** | **Lesson 15**  Learning Station: Preventing Arrest: Tachycardia (Stable and Unstable) **(Lesson 6 in ACLS Lesson Plans)** |
|  | Group 2 | Group 1 |
|  | Group 1 | Group 2 |

|  |  |  |
| --- | --- | --- |
| Day 2 | | |
| **Break** | | |
| ***Divide class into 2 groups*** | **Lesson 16**  Learning Station: High-Performance Teams:  Megacode Practice  **(Lesson 9 in ACLS Lesson Plans)** | **Lesson 16**  Learning Station: High-Performance Teams:  Megacode Practice  **(Lesson 9 in ACLS Lesson Plans)** |
|  | Group 2 | Group 1 |
| **Lunch** | | |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **(Lessons T2-T4 in ACLS Lesson Plans)** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **(Lessons T2-T4 in ACLS Lesson Plans)** |
|  | Group 1 | Group 2 |
| **Break** | | |
| ***One large group (as students finish Megacode Test)***  Exam (T5-T6)  Remediation/Class Ends | | |

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