# Agenda for ACLS Update Course Plus BLS Card\*

*Date:*

*Location:*

*Lead Instructor:*

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| --- |
| Time/Instructor Single day |
| **Welcome, Introductions, and Course Administration Lesson 1**: ACLS Course Overview and Organization**Lesson 1A:** Infant CPR and Bag-Mask Ventilation Practice\***Lesson 1B:** Infant CPR Testing\* **Lesson 1C:** Adult/Child Choking\* **Lesson 1D:** Infant Choking\***Lesson 1E:** BLS Exam |
| ***Divide class into 2 groups*** | **Lesson 2** Learning/Testing Station: High-Quality BLS | **Lesson 2** Learning/Testing Station: High-Quality BLS |
|  | Group 1 | Group 2 |
| Break |
| ***Divide class into 2 groups*** | **Lesson 3** Learning/Testing Station: Airway Management | **Lesson 3** Learning/Testing Station: Airway Management |
|  | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***Lunch**Lesson 4**: Technology Review**Lesson 5**: High-Performance Teams |
| ***Divide class into 2 groups*** | **Lesson 6**Learning Station:High-Performance Teams: Megacode Practice(**Lesson 9 in ACLS Lesson Plans**) | **Lesson 6**Learning Station:High-Performance Teams: Megacode Practice(**Lesson 9 in ACLS Lesson Plans**) |
|  | Group 2 | Group 1 |
| **Break** |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details**Lessons T2-T4** | High-Performance Teams: Megacode Testing and Megacode Testing Details**Lessons T2-T4** |
|  | Group 1 | Group 2 |
| ***One large group (as students finish the Megacode Test)*****Exam (T5-T6)****Remediation/Class Ends** |

\*See BLS Lesson Plans in the *BLS Instructor Manual*.

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# Agenda for ACLS Course Plus BLS Card\*

*Date: Location:*

*Lead Instructor:*

|  |
| --- |
| Time / Instructor Day 1 |
| **Lesson START:** Welcome, Introductions, and Course Administration**Lesson 1**: ACLS Course Overview and Organization**Lesson 1A**: Infant CPR and Bag-Mask Ventilation Practice\***Lesson 1B**: Infant CPR Testing\* **Lesson 1C:** Adult/Child Choking\* **Lesson 1D:** Infant Choking\***Lesson 1E:** BLS Exam |
| ***Divide class into 2 groups*** | **Lesson 2** Learning/Testing Station: High-Quality BLS | **Lesson 2** Learning/Testing Station: High-Quality BLS |
|  | Group 1 | Group 2 |
| Break |
| ***Divide class into 2 groups*** | **Lesson 3** Learning/Testing Station: Airway Management | **Lesson 3** Learning/Testing Station: Airway Management |
|  | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***Lunch**Lesson 4**: Technology Review |
| ***Divide class into 2 groups*** | **Lesson 5**Learning Station: Preventing Arrest: Bradycardia | **Lesson 6**Learning Station: Preventing Arrest: Tachycardia (Stable and Unstable) |
|  | Group 1 | Group 2 |
|  | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***Break**Lesson 7**: High-Performance Teams |
| ***Divide class into 2 groups*** | **Lesson 8**Learning Station:High-Performance Teams: Cardiac Arrest and Post–Cardiac Arrest Care | **Lesson 8**Learning Station:High-Performance Teams: Cardiac Arrest and Post–Cardiac Arrest Care |
|  | Group 1 | Group 2 |
| **End of Day 1** |

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| Day 2 |
| ***Divide class into 2 groups*** | **Lesson 9**Learning Station:High-Performance Teams: Megacode Practice | **Lesson 9**Learning Station:High-Performance Teams: Megacode Practice |
|  | Group 2 | Group 1 |
| **Break** |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details**Lessons T2-T4** | High-Performance Teams: Megacode Testing and Megacode Testing Details**Lessons T2-T4** |

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| Day 2 |
|  | Group 1 | Group 2 |
| ***One large group (as students finish the Megacode Test)*****Exam (T5-T6)****Remediation/Class Ends** |

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# Agenda for ACLS Update Course

*Date:*

*Location:*

*Lead Instructor:*

|  |
| --- |
| Time / Instructor Single day |
| **Lesson START:** Welcome, Introductions, and Course Administration**Lesson 1**: ACLS Course Overview and Organization |
| ***Divide class into 2 groups*** | **Lesson 2** Learning/Testing Station: High-Quality BLS | **Lesson 2** Learning/Testing Station: High-Quality BLS |
|  | Group 1 | Group 2 |
| ***Divide class into 2 groups*** | **Lesson 3** Learning/Testing Station: Airway Management | **Lesson 3** Learning/Testing Station: Airway Management |
|  | Group 2 | Group 1 |
| 10:25 **Break** |
| ***One large group (or 2 small groups)*****Lesson 4**: Technology Review**Lesson 5**: High-Performance Teams **(Lesson 7 in ACLS Lesson Plans) Lunch** |
| ***Divide class into 2 groups*** | **Lesson 6**Learning Station:High-Performance Teams: Megacode Practice(**Lesson 9 in ACLS Lesson Plans**) | **Lesson 6**Learning Station:High-Performance Teams: Megacode Practice(**Lesson 9 in ACLS Lesson Plans**) |
|  | Group 2 | Group 1 |
| **Break** |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details**Lessons T2-T4** | High-Performance Teams: Megacode Testing and Megacode Testing Details**Lessons T2-T4** |
|  | Group 1 | Group 2 |
| ***One large group (as students finish the Megacode Test)*****Exam (T5-T6)****Remediation/Class Ends** |

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# Agenda for ACLS Course

*Date:*

*Location:*

*Lead Instructor:*

|  |
| --- |
| Day 1 |
| **Lesson START:** Welcome, Introductions, and Course AdministrationTime / Instructor**Lesson 1:** ACLS Course Overview and Organization |
| ***Divide class into 2 groups*** | **Lesson 2** Learning/Testing Station: High-Quality BLS | **Lesson 2** Learning/Testing Station: High-Quality BLS |
|  | Group 1 | Group 2 |
| ***Divide class into 2 groups*** | **Lesson 3** Learning/Testing Station: Airway Management | **Lesson 3** Learning/Testing Station: Airway Management |
|  | Group 2 | Group 1 |
| **Break** |
| ***One large group (or 2 small groups)*****Lesson 4**: Technology Review |
| ***Divide class into 2 groups*** | **Lesson 5**Learning Station: Preventing Arrest: Bradycardia | **Lesson 6**Learning Station: Preventing Arrest: Tachycardia (Stable and Unstable) |
|  | Group 1 | Group 2 |
| **Lunch** |
|  | Group 2 | Group 1 |
| ***One large group (or 2 small groups)*****Lesson 7**: High-Performance Teams**Break** |
| ***Divide class into 2 groups*** | **Lesson 8**Learning Station:High-Performance Teams: Cardiac Arrest and Post–Cardiac Arrest Care | **Lesson 8**Learning Station:High-Performance Teams: Cardiac Arrest and Post–Cardiac Arrest Care |
|  | Group 1 | Group 2 |
| **End of Day 1** |
| Day 2 |
| ***Divide class into 2 groups*** | **Lesson 9**Learning Station:High-Performance Teams: Megacode Practice | **Lesson 9**Learning Station:High-Performance Teams: Megacode Practice |
|  | Group 2 | Group 1 |
| **Break** |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details**Lessons T2-T4** | High-Performance Teams: Megacode Testing and Megacode Testing Details**Lessons T2-T4** |
|  | Group 1 | Group 2 |
| ***One large group (as students finish the Megacode Test)*****Exam (T5-T6)****Remediation/Class Ends** |

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Time / Instructor

# Agenda for ACLS Traditional Update Course

*Date: Location:*

*Lead Instructor:*

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| --- |
| **Lesson START:** Welcome, Introductions, and Course Administration**Lesson 1:** ACLS Course Overview and Organization**Lesson ACLS-Traditional 2:** Systems of Care**Lesson ACLS-Traditional 3:** The Science of Resuscitation **Lesson ACLS-Traditional 4:** Systematic Approach **Lesson ACLS-Traditional 5:** CPR Coach |
| ***Divide class into 2 groups*** | **Lesson 6**Testing Station: High-Quality BLS**(Lesson 2 in ACLS Lesson Plans)** | **Lesson 7**Testing Station: Airway Management**(Lesson 3 in ACLS Lesson Plans)** |
|  | Group 1 | Group 2 |
|  | Break |
|  | Group 2 | Group 1 |
| ***One large group (or 2 small groups)*****Lesson 8:** Technology Review **(Lesson 4 in ACLS Lesson Plans) Lesson 9:** High-Performance Teams **(Lesson 7 in ACLS Lesson Plans) Lunch** |
| ***Divide class into 2 groups*** | **Lesson 10**Learning Station: High-Performance Teams: Megacode Practice**(Lesson 9 in ACLS Lesson Plans)** | **Lesson 10**Learning Station: High-Performance Teams: Megacode Practice**(Lesson 9 in ACLS Lesson Plans)** |
|  | Group 1 | Group 2 |
| **Break** |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details **(Lessons T2-T4 in ACLS Lesson Plans)** | High-Performance Teams: Megacode Testing and Megacode Testing Details**(Lessons T2-T4 in ACLS Lesson Plans)** |
|  | Group 1 | Group 2 |
| ***One large group (as students finish Megacode Test)***Exam (T5-T6)Remediation/Class Ends**Optional: ACS and Stroke Lessons (Lessons ACLS-Traditional 7 and ACLS-Traditional 8)** |

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# Agenda for ACLS Traditional Course

*Date: Location:*

*Lead Instructor:*

|  |
| --- |
| Time / Instructor Day 1 |
| **Lesson START:** Welcome, Introductions, and Course Administration**Lesson 1:** ACLS Course Overview and Organization**Lesson ACLS-Traditional 2:** Systems of Care**Lesson ACLS-Traditional 3:** The Science of Resuscitation**Lesson ACLS-Traditional 4:** Systematic Approach**Lesson ACLS-Traditional 5:** CPR Coach |
| ***Divide class into 2 groups*** | **Lesson 6**Learning/Testing Station: High-Quality BLS**(Lesson 2 in ACLS Lesson Plans)** | **Lesson 6**Learning/Testing Station: High-Quality BLS**(Lesson 2 in ACLS Lesson Plans)** |
|  | Group 1 | Group 2 |
| **Break** |
| ***Divide class into 2 groups*** | **Lesson 7**Learning/Testing Station: Airway Management**(Lesson 3 in ACLS Lesson Plans)** | **Lesson 7**Learning/Testing Station: Airway Management**(Lesson 3 in ACLS Lesson Plans)** |
|  | Group 2 | Group 1 |
| ***One large group (or 2 small groups)*****Lesson 8**: Technology Review **(Lesson 4 in ACLS Lesson Plans )****Lesson 9:** Recognition: Signs of Clinical Deterioration **(Lesson ACLS-Traditional 6)** |
| ***Divide class into 2 groups*** | **Lesson 10**Learning Station: Acute Coronary Syndromes**(Lesson ACLS-Traditional 7)** | **Lesson 11**Learning Station: Acute Stroke**(Lesson ACLS-Traditional 8)** |
|  | Group 1 | Group 2 |
|  | Group 2 | Group 1 |
| **Lunch** |
| ***One large group (or 2 small groups)*****Lesson 12:** High-Performance Teams **(Lesson 7 in ACLS Lesson Plans )** |
| **Break** |
| ***Divide class into 2 groups*** | **Lessons 13**Learning Station: High-Performance Teams: Cardiac Arrest andPost–Cardiac Arrest Care**(Lesson 8 in ACLS Lesson Plans )** | **13**Learning Station: High-Performance Teams: Cardiac Arrest andPost–Cardiac Arrest Care**(Lesson 8 in ACLS Lesson Plans )** |
|  | Group 1 | Group 2 |
| **End of Day 1** |

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| Day 2 |
| ***Divide class into 2 groups*** | **Lesson 14**Learning Station: Preventing Arrest: Bradycardia**(Lesson 5 in ACLS Lesson Plans)** | **Lesson 15**Learning Station: Preventing Arrest: Tachycardia (Stable and Unstable) **(Lesson 6 in ACLS Lesson Plans)** |
|  | Group 2 | Group 1 |
|  | Group 1 | Group 2 |

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| Day 2 |
| **Break** |
| ***Divide class into 2 groups*** | **Lesson 16**Learning Station: High-Performance Teams:Megacode Practice**(Lesson 9 in ACLS Lesson Plans)** | **Lesson 16**Learning Station: High-Performance Teams:Megacode Practice**(Lesson 9 in ACLS Lesson Plans)** |
|  | Group 2 | Group 1 |
| **Lunch** |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details**(Lessons T2-T4 in ACLS Lesson Plans)** | High-Performance Teams: Megacode Testing and Megacode Testing Details**(Lessons T2-T4 in ACLS Lesson Plans)** |
|  | Group 1 | Group 2 |
| **Break** |
| ***One large group (as students finish Megacode Test)***Exam (T5-T6)Remediation/Class Ends |

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