# BLS Course Agenda With Optional Lessons

*Date:*

*Location: Lead Instructor:*

|  |  |
| --- | --- |
| **Time / Instructor** | **Lesson** |
|  | Lesson 1: Course Introduction |
|  | Lesson 2: 1-Rescuer Adult BLS Part 1: Adult Chains of Survival  Part 2: Scene Safety, Assessment, and Adult Compressions Part 3: Pocket Mask  Part 4: 1-Rescuer Adult BLS |
|  | Lesson 3: AED and Bag-Mask Device Part 1: AED  Part 2: Bag-Mask Device |
|  | Lesson 4: 2-Rescuer Adult BLS |
|  | Lesson 5: Special Considerations Part 1: Mouth-to-Mouth Breaths Part 2: Rescue Breathing  Part 3: Breaths With an Advanced Airway  Part 4: Opioid-Associated Life-Threatening Emergency Part 5: Maternal Cardiac Arrest |
|  | Lesson 6: High-Performance Teams Part 1: Team Dynamics  Part 2: High-Performance Teams  Part 3: High-Performance Teams Activity (Optional) |
|  | Lesson 6A: Local Protocols Discussion (Optional) |
|  | Break |
|  | Lesson 7: Child BLS  Part 1: Pediatric Chains of Survival Part 2: Child BLS  Part 3: 2-Rescuer Child CPR |
|  | Lesson 8: Infant BLS Part 1: Infant BLS  Part 2: Infant Compressions  Part 3: Bag-Mask Device for Infants Part 4: 2-Rescuer Infant CPR  Part 5: AED for Infants and Children Less Than 8 Years of Age |
|  | Lesson 9: Relief of Choking Part 1: Adult and Child Choking Part 2: Infant Choking |
|  | Lesson 10: Conclusion |
|  | Lesson 11: Skills Test  Part 1: Adult CPR and AED Skills Test Part 2: Infant CPR Skills Test |
|  | Lesson 12: Exam |
|  | Lesson 13: Remediation  Part 1: Skills Testing Remediation Part 2: Exam Remediation |

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Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

# BLS Renewal Course Agenda Without Optional Lessons

*Date:*

*Location: Lead Instructor:*

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| --- | --- |
| **Time / Instructor** | **Lesson** |
|  | Lesson 1: Course Introduction |
|  | Lesson 2: Adult BLS  Part 1: Adult Chains of Survival Part 2: Adult BLS Part 3: AED Practice Part 4: Bag-Mask Device |
|  | Lesson 3: Special Considerations Part 1: Mouth-to-Mouth Breaths Part 2: Rescue Breathing  Part 3: Breaths With an Advanced Airway  Part 4: Opioid-Associated Life-Threatening Emergency Part 5: Maternal Cardiac Arrest |
|  | Lesson 4: High-Performance Teams Part 1: Team Dynamics  Part 2: High-Performance Teams |
|  | Break |
|  | Lesson 5: Child BLS  Part 1: Pediatric Chains of Survival Part 2: 2-Rescuer Child CPR |
|  | Lesson 6: Infant BLS  Part 1: Infant Compressions Part 2: 2-Rescuer Infant CPR  Part 3: AED for Infants and Children Less Than 8 Years of Age |
|  | Lesson 7: Relief of Choking  Part 1: Adult and Child Choking Part 2: Infant Choking |
|  | Lesson 8: Conclusion |
|  | Lesson 9: Skills Test  Part 1: Adult CPR and AED Skills Test Part 2: Infant CPR Skills Test |
|  | Lesson 10: Exam |
|  | Lesson 11: Remediation  Part 1: Skills Testing Remediation Part 2: Exam Remediation |

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| **Time / Instructor** | **Lesson** |
|  | Lesson 1: Course Introduction |
|  | Lesson 2: Adult BLS  Part 1: Scene Safety, Assessment, and Adult Compressions Part 2: Pocket Mask  Part 3: 1-Rescuer Adult BLS Part 4: Bag-Mask Device  Part 5: 2-Rescuer Adult BLS |
|  | Lesson 3: AED for Adults, Children, and Infants Part 1: AED Review |
|  | Lesson 6: 2-Rescuer Child CPR  Practice While Watching: 2-Rescuer Child CPR |
|  | Lesson 7: Infant BLS  Part 1: Infant Compressions Part 3: 2-Rescuer Infant CPR |
|  | Lesson 9: Conclusion |
|  | Lesson 10: Skills Test  Part 1: Adult CPR and AED Skills Test Part 2: Infant CPR Skills Test |
|  | Lesson 11: Remediation\* |

## \*Remediation time will vary depending on need and number of students.

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|  |  |
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| **Time / Instructor** | **Lesson** |
|  | Lesson 1: Course Introduction |
|  | Lesson 2: Adult BLS  Part 1: Scene Safety, Assessment, and Adult Compressions Part 2: Pocket Mask  Part 3: 1-Rescuer Adult BLS Part 4: Bag-Mask Device  Part 5: 2-Rescuer Adult BLS |
|  | Lesson 3: AED for Adults, Children, and Infants Part 1: AED Review |
|  | Lesson 6: 2-Rescuer Child CPR  Practice While Watching: 2-Rescuer Child CPR |
|  | Lesson 7: Infant BLS  Part 1: Infant Compressions Part 3: 2-Rescuer Infant CPR |
|  | Lesson 9: Conclusion |
|  | Lesson 10: Skills Test  Part 1: Adult CPR and AED Skills Test Part 2: Infant CPR Skills Test |
|  | Lesson 11: Remediation\* |

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# HeartCode® BLS Agenda With Optional Lessons

*Date:*

*Location: Lead Instructor:*

|  |  |
| --- | --- |
| **Time / Instructor** | **Lesson** |
|  | Lesson 1: Course Introduction |
|  | Lesson 2: Adult BLS  Part 1: Scene Safety, Assessment, and Adult Compressions Part 2: Pocket Mask  Part 3: 1-Rescuer Adult BLS  Part 4: Bag-Mask Device Part 5: 2-Rescuer Adult BLS |
|  | Lesson 3: AED for Adults, Children, and Infants Part 1: AED Review  Part 2: AED |
|  | Lesson 4: Special Considerations: Rescue Breathing |
|  | Lesson 5: High-Performance Teams Activity (Optional) |
|  | Lesson 5A: Local Protocols Discussion (Optional) |
|  | Lesson 6: 2-Rescuer Child CPR |
|  | Lesson 7: Infant BLS  Part 1: Infant Compressions  Part 2: Bag-Mask Device for Infants Part 3: 2-Rescuer Infant CPR |
|  | Lesson 8: Relief of Choking  Part 1: Adult and Child Choking Part 2: Infant Choking |
|  | Lesson 9: Conclusion |
|  | Lesson 10: Skills Test  Part 1: Adult CPR and AED Skills Test Part 2: Infant CPR Skills Test |
|  | Lesson 11: Remediation\* |

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# HeartCode® BLS Agenda Without Optional Lessons

*Date:*

*Location: Lead Instructor:*

|  |  |
| --- | --- |
| **Time / Instructor** | **Lesson** |
|  | Lesson 1: Course Introduction |
|  | Lesson 2: Adult BLS  Part 1: Scene Safety, Assessment, and Adult Compressions Part 2: Pocket Mask  Part 3: 1-Rescuer Adult BLS  Part 4: Bag-Mask Device Part 5: 2-Rescuer Adult BLS |
|  | Lesson 3: AED for Adults, Children, and Infants Part 1: AED Review  Part 2: AED |
|  | Lesson 4: Special Considerations: Rescue Breathing |
|  | Lesson 6: 2-Rescuer Child CPR |
|  | Lesson 7: Infant BLS  Part 1: Infant Compressions  Part 2: Bag-Mask Device for Infants Part 3: 2-Rescuer Infant CPR |
|  | Lesson 8: Relief of Choking Part 1: Adult and Child Choking Part 2: Infant Choking |
|  | Lesson 9: Conclusion |
|  | Lesson 10: Skills Test  Part 1: Adult CPR and AED Skills Test Part 2: Infant CPR Skills Test |
|  | Lesson 11: Remediation\* |

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