**BLS Instructor Essentials Course Agenda
Date:
Location:**

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| Instructor | Lesson |
|  | **Lesson 1: Course Introduction** |
|  | **Lesson 2: AHA Introduction**Part 1: American Heart Association MissionPart 2: Instructor Core Competencies |
|  | **Lesson 3: AHA Instructor Resources**Part 1: *Program Administration Manual*Part 2: Other Electronic Resources |
|  | **TC Specific Policies** |
|  | **Lesson 4: BLS Provider Course Preparation**Part 1: Course PaperworkPart 2: Course Preparation |
|  | **Lesson 5: BLS Provider Course Overview (Instructor-led)** Part 1: Course Format Part 2: Instructor MaterialsPart 3: Learning Objectives and Course Completion Requirements |
|  | **Break** |
|  | **Lesson 6: BLS Provider Course: Lessons 2-5** Part 1: Lesson 2: 1-Rescuer Adult BLS Part 2: Lesson 3: AED and Bag-Mask DevicePart 3: Lesson 4: 2-Rescuer Adult BLSPart 4: Continuous Compressions (Optional) Part 5: Lesson 5: Special Considerations |
|  | **Lesson 7: BLS Provider Course: Lessons 6 and 6A**Part 1: Lesson 6: High Performance Teams and CPR CoursePart 2: Lesson 6A: Local Protocols Discussion |
|  | **Lesson 8: BLS Provider Course: Lessons 7-10**Part 1: Lesson 7: Child BLS Part 2: Lesson 8: Infant BLSPart 3: Lesson 9: Relief of ChokingPart 4: Lesson 10: Conclusion |
|  | **Lesson 9: BLS Provider Course: Lessons 11-13**Part 1: BLS Skills TestingPart 2: Lesson 12: BLS ExamPart 3: Lesson 13: Remediation  |
|  | **Lesson 10: HeartCode BLS** Part 1: HeartCode BLS Overview Part 2: HeartCode BLS Online PortionPart 3: HeartCode BLS Hands-on Session |
|  | **Lesson 11: BLS Conclusion** |
|  | **Lesson 12: Heartsaver Course Overview (Instructor-Led)**Part 1: Course Formats Part 2: Instructor MaterialsPart 3: Learning Objectives and Course Completion Requirements |
|  | **Lesson 13: Heartsaver Portfolio**Part 1: Adult CPR AED Part 2: Child CPR AEDPart 3: Infant CPRPart 4: First Aid |
|  | **Lesson 14: Heartsaver Testing**Part 1: Heartsaver Skills Testing Part 2: Heartsaver Exam |
|  | **Lesson 15: Heartsaver Blended Course**Part 1: Heartsaver Blended Course Overview Part 2: Heartsaver Online PortionPart 3: Heartsaver Hands-on Session |
|  | **Lesson 16: Course Conclusion and Exam**Part 1: Course Conclusion Part 2: BLS Instructor Essentials Exam |

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