**BLS Instructor Essentials Course Agenda   
Date:   
Location:**

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| Instructor | Lesson |
|  | **Lesson 1: Course Introduction** |
|  | **Lesson 2: AHA Introduction**  Part 1: American Heart Association Mission  Part 2: Instructor Core Competencies |
|  | **Lesson 3: AHA Instructor Resources**  Part 1: *Program Administration Manual*  Part 2: Other Electronic Resources |
|  | **TC Specific Policies** |
|  | **Lesson 4: BLS Provider Course Preparation**  Part 1: Course Paperwork  Part 2: Course Preparation |
|  | **Lesson 5: BLS Provider Course Overview (Instructor-led)**  Part 1: Course Format  Part 2: Instructor Materials  Part 3: Learning Objectives and Course Completion Requirements |
|  | **Break** |
|  | **Lesson 6: BLS Provider Course: Lessons 2-5**  Part 1: Lesson 2: 1-Rescuer Adult BLS  Part 2: Lesson 3: AED and Bag-Mask Device  Part 3: Lesson 4: 2-Rescuer Adult BLS  Part 4: Continuous Compressions (Optional)  Part 5: Lesson 5: Special Considerations |
|  | **Lesson 7: BLS Provider Course: Lessons 6 and 6A**  Part 1: Lesson 6: High Performance Teams and CPR Course  Part 2: Lesson 6A: Local Protocols Discussion |
|  | **Lesson 8: BLS Provider Course: Lessons 7-10**  Part 1: Lesson 7: Child BLS  Part 2: Lesson 8: Infant BLS  Part 3: Lesson 9: Relief of Choking  Part 4: Lesson 10: Conclusion |
|  | **Lesson 9: BLS Provider Course: Lessons 11-13**  Part 1: BLS Skills Testing  Part 2: Lesson 12: BLS Exam  Part 3: Lesson 13: Remediation |
|  | **Lesson 10: HeartCode BLS**  Part 1: HeartCode BLS Overview  Part 2: HeartCode BLS Online Portion  Part 3: HeartCode BLS Hands-on Session |
|  | **Lesson 11: BLS Conclusion** |
|  | **Lesson 12: Heartsaver Course Overview (Instructor-Led)**  Part 1: Course Formats  Part 2: Instructor Materials  Part 3: Learning Objectives and Course Completion Requirements |
|  | **Lesson 13: Heartsaver Portfolio**  Part 1: Adult CPR AED  Part 2: Child CPR AED  Part 3: Infant CPR  Part 4: First Aid |
|  | **Lesson 14: Heartsaver Testing**  Part 1: Heartsaver Skills Testing  Part 2: Heartsaver Exam |
|  | **Lesson 15: Heartsaver Blended Course**  Part 1: Heartsaver Blended Course Overview  Part 2: Heartsaver Online Portion  Part 3: Heartsaver Hands-on Session |
|  | **Lesson 16: Course Conclusion and Exam**  Part 1: Course Conclusion  Part 2: BLS Instructor Essentials Exam |

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