

2025 CLINICAL UPDATE AND PSYCHOPHARMACOLOGY REVIEW

March 10 - 11, 2025

Day One: 7:30 a.m. - 5 p.m.

Day Two: 7:45 a.m. - 3 p.m.

McKimmon Conference Center / Raleigh, NC

Greetings! We are excited to invite you to the 2025 Clinical Update & Psychopharmacology Review, taking place on March 10 - 11, 2025, at the McKimmon Conference Center in Raleigh, NC. This event continues our tradition of providing behavioral health providers, pharmacists, and nurses with quality information on the latest emerging topics that are affecting our communities in North Carolina such as disaster mental health, workplace burnout, gambling disorder, and opioid use disorder, evidence-based treatment, and stigma, just to name a few. We would be delighted to have you join us. Please feel free to share this invitation with your colleagues and other professionals.

For any questions or assistance, please contact Denise Melton, Administrator, of CPD, at denise.melton@sr-ahec.org or 910-678-7201 and/or Jasmine Harris, Director of CPD, at jasmine.harris@sr-ahec.org or 910-678-7218. We look forward to seeing you there!

Register Online



Register here: www.southernregionalahec.org/courses-and-events/73620
or scan the QR code.

Day 1: Monday, March 10, 2025

- 8:45 a.m. Plenary Session
Disaster Mental Health: Hurricane Helene Impact, Response, Recovery, Resilience
Dr. Allan Chrisman and Dr. Therese Garrett
- 10:15 a.m. Break Provided / Visit Exhibitors
- 10:45 a.m. Break Out Session 1
A. Collaborative Care
Dr. Lori Raney
B. Pediatric Psychopharmacology Update
Dr. John Diamond
C. Drug Checking: Empowering Communities Through Knowledge
Illyana Massey, MSW, LCSWA
D. Collaborative Care Model and the Pediatric Practice
Drs. Nathan Copeland and Nathan Sowa
- 12:15 p.m. Lunch Provided/Visit Exhibitors

- 1:30 p.m. Break Out Session 2
A. Bi-polar Disorder in Late Life
Dr. John Beyer
B. Managing Challenging Behaviors in ASD
Dr. Cynthia Brouillard
C. This is Not Your Parents' Opioid Treatment Program
Anna Stanley, LCMHCS; Dr. Nathan Mullins, and
Melinda Ramage, MSN, FNP-C
D. Unmasking Silence: A Candid Discussion on Suicide
Victor Armstrong, MSW

3 p.m. Break provided/Visit Exhibitors

- 3:30 p.m. Closing Plenary Session
Responding Effectively to the Structure of Burnout
Dr. Jeff Brantley

Day 2: Tuesday, March 11, 2025

7:45 a.m. Registration/Conference Check-in

- 9 a.m. Break Out Session 4
A. Beyond the Forecast: Treating Mental Health in a Changing Climate
Drs. Tara Chandrasekhar and Julia Rothschild
B. Understanding the Progression of Health Gambling Disorder: Strategies for Reducing Gambling Related Harms
Dr. Michelle L. Malkin
C. Mental Health Services for North Carolina's Immigrant Community: Promising Practices and Next Steps
Dr. Luke Smith
D. Ethical Considerations of Grief for the Helping Professional Part I
David McLawhorn, MSW

10:30 a.m. Provided/Visit Exhibitors

- 10:45 a.m. Break Out Session 5
A. Mental Health in Older Adults
Dr. Amy Abramowitz, MD; Dr. Michael Weber, MD; and
Jennifer Muise, MS, OTR/L, LCSW
B. The Digital Dilemma: Navigating Clinical Challenges when Helping Children and Families Address Screen Use
Dr. Christian Mauro
C. Opioid Use Disorder, Evidence-Based Treatment, and Stigma
Dr. David Ryan
D. Ethical Considerations of Grief for the Helping Professional, Part II
David McLawhorn, MSW

12:15 p.m. Lunch Provided/Visit Exhibitors

- 1:30 p.m. **Transforming the Mental Health, Developmental Disability, and Substance Use System**
Kelly Crosbie, MSW, LCSW