



N.C. Geriatric Adult Mental Health Specialty Team

Depression is not a
normal part of aging.

Over the past 20 years, seniors' hospitalization rate for opioid overuse has quintupled.

North Carolina's senior population is set to increase by 63% over the next 20 years. By the mid-2020s, one in five North Carolinians will be seniors.

As our seniors' behavioral health needs grow, so must our ability to address them.

ABOUT US

Therapeutic Alternatives, Inc. provides GAST services in counties across North Carolina through contracts with Managed Care Organizations, including Eastpointe.



Find local GAST trainings in the Events section of the homepage at:

WWW.EASTPOINTE.NET



Eastpointe's Access
to Care and Crisis
Support Line

1-800-913-6109
(Available 24/7/365)



The N.C. Department of Health and Human Services' Division of Mental Health, Developmental Disabilities and Substance Abuse Services provides state funds to pay for Geriatric and Adult Mental Health Specialty Team (GAST) services. Teams provide free education and training to people working in the community that will increase their understanding of the following geriatric mental health issues:

- + Depression and Anxiety
- + Dementia-Related Disorders
- + Substance Use and Aging (alcohol, opioids, prescription drugs, etc.)
- + Hoarding: Risk and Influence
- + Signs, Symptoms, and Prevention of Suicide
- + Accessing Mental Health and Substance Use Services
- + Schizophrenia and Other Psychotic Disorders
- + PTSD
- + OCD
- + Personality Disorders
- + Mental Health Medications
- + Effective Communication

ELIGIBLE PARTICIPANTS

GAST services are available to people working with older adults at the following community agencies:

- + Psychosocial Rehabilitation Centers
- + Senior Centers
- + Home Care Agencies
- + Congregate Meals Agencies
- + Home Delivery Meals Agencies
- + Adult Day Cares
- + Veterans Affairs
- + Departments of Social Services
- + Faith-Based Organizations
- + Law Enforcement and Judicial System/Crisis Intervention Trainings
- + Homeless Shelters/Homeless Service Providers
- + Wellness/Recovery Drop-In Centers
- + Senior Programs
- + Councils of Aging/Area Agencies on Aging
- + Emergency Medical Services/First Responders
- + Senior Living Locations - Independent Living
- + Adult Care Homes
- + Family Care Homes

CONTACT HOURS

All GAST trainings are supported by the N.C. Division of Health Service Regulation.

Participants receive one contact hour for every hour of instruction received.

Contact hours are awarded at no cost to the training attendee(s) and are managed by Eastpointe.



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WWW.MYGASTTEAM.COM



Eastpointe MCO

- William Sellers
- Community Relations Specialist
- Robeson, Sampson, Scotland Counties
- wsellers@eastpointe.net



Who We Are

We are the Eastpointe MCO (Managed Care Organization), an agency of local government responsible for managing, coordinating, facilitating, and monitoring the provision of state, federal, and Medicaid funded mental health, intellectual and developmental disability and substance use services for members in the Eastpointe catchment area.



Who Do We Serve?



Duplin

Edgecombe

Greene

Lenoir

Robeson

Sampson

Scotland

Warren

Wayne

Wilson

How To Access Services

Call 1-800-913-6109

24 hours a day, 365 days a year

Clinical staff will:

- Ask questions to determine how to help
- Find the right services for you
- Make referrals for you
- Schedule Outpatient appointments
- Help with crisis and emergency situations



Thank You

Mary Susan Baggett, BA, QMHP, CDP

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