# Heartsaver First Aid CPR AED Agenda for the Heartsaver Total Course Path *Date:*

*Location: Lead Instructor:*

|  |  |
| --- | --- |
| Lesson | Time / Instructor |
| Adult CPR AED | |
| Lesson 1: Adult CPR AED Introduction |  |
| Lesson 2: Adult CPR |  |
| Lesson 3: Use an AED (Adult) |  |
| Lesson 4: Adult CPR AED Conclusion |  |
| Lesson 5: Adult CPR and AED Skills Test |  |
| Lesson 6: Drug Overdose: Opioid-Associated Life-Threatening Emergencies |  |
| Lesson 7: Adult Choking |  |
| Lesson 8: Water Safety |  |
| Lesson 9: Conclusion (Delete if teaching Child CPR AED) |  |
| Break |  |
| Child CPR AED  Optional - Delete section if not teaching | |
| Lesson 1: Child CPR AED Introduction |  |
| Lesson 2: Use an AED (Child) |  |
| Lesson 3: Child CPR Skills Test |  |
| Lesson 4: Child Choking |  |
| Lesson 5: Conclusion (Delete if teaching Infant CPR) |  |
| Infant CPR  Optional - Delete section if not teaching | |
| Lesson 1: Infant CPR Introduction |  |
| Lesson 2: Infant CPR |  |
| Lesson 3: Infant CPR Conclusion |  |
| Lesson 4: Infant CPR Skills Test |  |
| Lesson 5: Infant Choking |  |
| Lesson 6: Conclusion |  |
| Break |  |
| First Aid | |
| Lesson 1: Introduction |  |
| Lesson 2: First Aid Basics: Duties and Key Steps |  |
| Lesson 3: First Aid Basics Summary |  |
| Lesson 4: Medical Emergencies |  |

|  |  |
| --- | --- |
| Lesson | Time / Instructor |
| Lesson 5: Medical Emergencies Summary |  |
| Lesson 6: Injury Emergencies |  |
| Lesson 7: Injury Emergencies Summary |  |
| Lesson 8: Environmental Emergencies |  |
| Lesson 9: Environmental Emergencies Summary |  |
| Lesson 10: Prevention Strategies |  |
| Lesson 11: Preventing Illness and Injury; Legal Questions |  |
| Lesson 12: Conclusion |  |

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# Heartsaver First Aid CPR AED Agenda for the Heartsaver Course Path

Date: Location:

Lead Instructor:

|  |  |
| --- | --- |
| Lesson | Time / Instructor |
| Adult CPR AED | |
| Lesson 1: Adult CPR AED Introduction |  |
| Lesson 2: Adult CPR |  |
| Lesson 3: Use an AED (Adult) |  |
| Lesson 4: Adult CPR AED Conclusion |  |
| Lesson 5: Adult CPR and AED Skills Test |  |
| Lesson 6: Drug Overdose: Opioid-Associated Life- Threatening Emergencies Optional - Delete if not teaching |  |
| Lesson 7: Adult Choking |  |
| Lesson 8: Water Safety Optional - Delete if not Teaching |  |
| Lesson 9: Conclusion (Delete if teaching Child CPR AED) |  |
| Break |  |
| Child CPR AED  Optional - Delete section if not teaching | |
| Lesson 1: Child CPR AED Introduction |  |
| Lesson 2: Use an AED (Child) |  |
| Lesson 3: Child CPR Skills Test |  |
| Lesson 4: Child Choking |  |
| Lesson 5: Conclusion (Delete if teaching Infant CPR) |  |
| Infant CPR  Optional - Delete section if not teaching | |
| Lesson 1: Infant CPR Introduction |  |
| Lesson 2: Infant CPR |  |
| Lesson 3: Infant CPR Conclusion |  |
| Lesson 4: Infant CPR Skills Test |  |
| Lesson 5: Infant Choking |  |
| Lesson 6: Conclusion |  |
| Break |  |
| First Aid | |
| Lesson 1: Introduction |  |
| Lesson 2: First Aid Basics: Duties and Key Steps |  |
| Lesson 3: First Aid Basics Summary |  |

|  |  |
| --- | --- |
| Lesson | Time / Instructor |
| Lesson 4: Medical Emergencies (Contains optional topics) |  |
| Lesson 5: Medical Emergencies Summary |  |
| Lesson 6: Injury Emergencies (Contains optional topics) |  |
| Lesson 7: Injury Emergencies Summary |  |
| Lesson 8: Environmental Emergencies  Optional - Delete if not teaching |  |
| Lesson 9: Environmental Emergencies Summary  Optional - Delete if not teaching |  |
| Lesson 10: Prevention Strategies  Optional - Delete if not teaching |  |
| Lesson 11: Preventing Illness and Injury; Legal Questions |  |
| Lesson 12: Conclusion |  |

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# Heartsaver First Aid CPR AED Blended-Learning Course Outline (In-Person)

**for the Heartsaver Total Course Path**

Date:

Location: Lead Instructor:

|  |  |
| --- | --- |
| Lesson | Time / Instructor |
| Lesson 1: Introduction |  |
| Lesson 2: Adult CPR AED |  |
| Lesson 3: Adult CPR and AED Skills Test |  |
| Lesson 4: Child CPR AED |  |
| Lesson 5: Child CPR Skills Test |  |
| Lesson 6: Infant CPR |  |
| Lesson 7: Infant CPR Skills Test |  |
| Break |  |
| Lesson 8: Relief of Choking in a Responsive Infant |  |
| Lesson 9: First Aid |  |
| Lesson 10: Conclusion |  |

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# Heartsaver First Aid CPR AED

**Blended-Learning Course Outline (Virtual Classroom) for the Heartsaver Total Course Path**

Date:

Location: Lead Instructor:

|  |  |
| --- | --- |
| Lesson | Time / Instructor |
| Lesson 1: Introduction |  |
| Lesson 2: Adult CPR AED |  |
| Lesson 3: Adult CPR and AED Skills Test |  |
| Lesson 4: Child CPR AED |  |
| Lesson 5: Child CPR Skills Test |  |
| Lesson 6: Infant CPR |  |
| Lesson 7: Infant CPR Skills Test |  |
| Break |  |
| Lesson 8: Relief of Choking in a Responsive Infant |  |
| Lesson 9: First Aid |  |
| Lesson 10: Conclusion |  |

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# Heartsaver First Aid CPR AED Agenda for the Educator Course Path

Date: Location:

Lead Instructor:

|  |  |
| --- | --- |
| Lesson | Time / Instructor |
| Adult CPR AED | |
| Lesson 1: Adult CPR AED Introduction |  |
| Lesson 2: Adult CPR |  |
| Lesson 3: Use an AED (Adult) |  |
| Lesson 4: Adult CPR AED Conclusion |  |
| Lesson 5: Adult CPR and AED Skills Test |  |
| Lesson 6: Drug Overdose: Opioid-Associated Life- Threatening Emergencies Optional - Delete if not teaching |  |
| Lesson 7: Adult Choking |  |
| Lesson 8: Water Safety Optional - Delete if not teaching |  |
| Break |  |
| Child CPR AED | |
| Lesson 1: Child CPR AED Introduction |  |
| Lesson 2: Use an AED (Child) |  |
| Lesson 3: Child CPR Skills Test |  |
| Lesson 4: Child Choking |  |
| Lesson 5: Conclusion (Delete if teaching Infant CPR) |  |
| Infant CPR  Optional - Delete section if not teaching | |
| Lesson 1: Infant CPR Introduction |  |
| Lesson 2: Infant CPR |  |
| Lesson 3: Infant CPR Conclusion |  |
| Lesson 4: Infant CPR Skills Test |  |
| Lesson 5: Infant Choking |  |
| Lesson 6: Conclusion |  |
| Break |  |
| First Aid | |
| Lesson 1: Introduction |  |
| Lesson 2: First Aid Basics: Duties and Key Steps |  |
| Lesson 3: First Aid Basics Summary |  |
| Lesson 4: Medical Emergencies (Contains optional topics) |  |

|  |  |
| --- | --- |
| Lesson | Time / Instructor |
| Lesson 5: Medical Emergencies Summary |  |
| Lesson 6: Injury Emergencies (Contains optional topics) |  |
| Lesson 7: Injury Emergencies Summary |  |
| Lesson 8: Environmental Emergencies |  |
| Lesson 9: Environmental Emergencies Summary |  |
| Lesson 10: Prevention Strategies (Contains optional topics) |  |
| Lesson 11: Preventing Illness and Injury; Legal Questions |  |
| Lesson 12: Conclusion |  |

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# Heartsaver First Aid CPR AED Agenda for the Heartsaver Office Course Path Date:

Location: Lead Instructor:

|  |  |
| --- | --- |
| Lesson | Time / Instructor |
| Adult CPR AED | |
| Lesson 1: Adult CPR AED Introduction |  |
| Lesson 2: Adult CPR |  |
| Lesson 3: Use an AED (Adult) |  |
| Lesson 4: Adult CPR AED Conclusion |  |
| Lesson 5: Adult CPR and AED Skills Test |  |
| Lesson 6: Drug Overdose: Opioid-Associated Life- Threatening Emergencies Optional - Delete if not teaching |  |
| Lesson 7: Adult Choking |  |
| Lesson 8: Water Safety Optional - Delete if not teaching |  |
| Lesson 9: Conclusion (Delete if teaching Child CPR AED) |  |
| Break |  |
| Child CPR AED  Optional - Delete section if not teaching | |
| Lesson 1: Child CPR AED Introduction |  |
| Lesson 2: Use an AED (Child) |  |
| Lesson 3: Child CPR Skills Test |  |
| Lesson 4: Child Choking |  |
| Lesson 5: Conclusion (Delete if teaching Infant CPR) |  |
| Infant CPR  Optional - Delete section if not teaching | |
| Lesson 1: Infant CPR Introduction |  |
| Lesson 2: Infant CPR |  |
| Lesson 3: Infant CPR Conclusion |  |
| Lesson 4: Infant CPR Skills Test |  |
| Lesson 5: Infant Choking |  |
| Lesson 6: Conclusion |  |
| Break |  |
| First Aid | |
| Lesson 1: Introduction |  |
| Lesson 2: First Aid Basics: Duties and Key Steps |  |
| Lesson 3: First Aid Basics Summary |  |

|  |  |
| --- | --- |
| Lesson | Time / Instructor |
| Lesson 4: Medical Emergencies (Contains optional topics) |  |
| Lesson 5: Medical Emergencies Summary |  |
| Lesson 6: Injury Emergencies (Contains optional topics) |  |
| Lesson 7: Injury Emergencies Summary |  |
| Lesson 8: Environmental Emergencies  Optional - Delete if not teaching |  |
| Lesson 9: Environmental Emergencies Summary  Optional - Delete if not teaching |  |
| Lesson 10: Prevention Strategies  Optional - Delete if not teaching |  |
| Lesson 11: Preventing Illness and Injury; Legal Questions |  |
| Lesson 12: Conclusion |  |

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# Heartsaver First Aid Instructor-Led Course Agenda

Date:

Location: Lead Instructor:

|  |  |
| --- | --- |
| Lesson | Time / Instructor |
| Lesson 1: Introduction |  |
| Lesson 2: First Aid Basics: Duties and Key Steps |  |
| Lesson 3: First Aid Basics Summary |  |
| Lesson 4: Medical Emergencies |  |
| Lesson 5: Medical Emergencies Summary |  |
| Break |  |
| Lesson 6: Injury Emergencies |  |
| Lesson 7: Injury Emergencies Summary |  |
| Lesson 8: Environmental Emergencies |  |
| Lesson 9: Environmental Emergencies Summary |  |
| Lesson 10: Prevention Strategies |  |
| Lesson 11: Preventing Illness and Injury; Legal Questions |  |
| Lesson 12: Conclusion |  |

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# Heartsaver CPR AED Instructor-Led Course Agenda

Date:

Location: Lead Instructor:

|  |  |
| --- | --- |
| Lesson | Time / Instructor |
| Adult CPR AED | |
| Lesson 1: Adult CPR AED Introduction |  |
| Lesson 2: Adult CPR |  |
| Lesson 3: Use an AED (Adult) |  |
| Lesson 4: Adult CPR AED Conclusion |  |
| Lesson 5: Adult CPR and AED Skills Test |  |
| Lesson 6: Drug Overdose: Opioid-Associated Life-Threatening Emergencies |  |
| Lesson 7: Adult Choking |  |
| Lesson 8: Water Safety |  |
| Lesson 9: Conclusion (Delete if teaching Child CPR AED) |  |
| Child CPR AED  Optional - Delete section if not teaching | |
| Lesson 1: Child CPR AED Introduction |  |
| Lesson 2: Use an AED (Child) |  |
| Lesson 3: Child CPR Skills Test |  |
| Lesson 4: Child Choking |  |
| Lesson 5: Conclusion (Delete if teaching Infant CPR) |  |
| Infant CPR  Optional - Delete section if not teaching | |
| Lesson 1: Infant CPR Introduction |  |
| Lesson 2: Infant CPR |  |
| Lesson 3: Infant CPR Conclusion |  |
| Lesson 4: Infant CPR Skills Test |  |
| Lesson 5: Infant Choking |  |
| Lesson 6: Conclusion |  |

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