



Implicit **Bias** in Mental Health

Thursday, September 23, 2021
9 a.m. – 12:15 p.m.

Location:

Livestream Webinar

Target Audience

This event has been planned for psychologists, clinicians, therapists, counselors, social workers, marriage and family therapists, psychiatric nurses, substance use counselors, and all other behavioral health professionals interested in implicit bias in mental health.

Program Description

Implicit bias refers to the attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner. These biases, that we may not be aware of, can influence our interactions with our clients; how we diagnose, screen, respond to crisis, and treat them. Mental health professionals work with diverse populations and understanding how implicit bias impacts our decision making is key to providing ethical services and quality client-centered care.

This workshop will explore different types of unconscious biases. Discussions and activities will assist participants in examining their own personal biases and how these biases impact everyday interactions in various settings (school, work, health care, justice system, etc.). Case studies will be utilized to increase participants' awareness of the effects of implicit bias on our clients; and strategies to reduce unconscious bias will be discussed.

Objectives

Upon completion of this workshop, participants will be able to:

- Explain various types of unconscious biases
- Describe the effects of unconscious bias in everyday interactions with clients
- Identify personal biases and how they impact clients and services provided
- Develop and practice strategies for disrupting and reducing unconscious biases

Fee

\$49

Agenda

8:45 a.m.	Login
9 a.m.	Unconscious Bias, Stereotypes, and Microaggressions in Interactions with Clients/Patients
10 a.m.	Mental Health Disparities and Barriers to Treatment
11 a.m.	Break
11:15 a.m.	Strategies for Disrupting and Reducing Unconscious Biases
12 p.m.	Discussion Q/As
12:15 p.m.	Adjourn

Speaker

Evi Taylor, Ph.D., LCSW, is a Clinical Assistant Professor at the UNC-Chapel Hill School of Social Work, where she teaches courses in child and adolescent mental health; adult mental health; and individual, family, and group counseling. Dr. Taylor received her Ph.D. in Psychology from Northcentral University, Master of Social Work from the University of Texas in Arlington, and Bachelor of Social Work from Baylor University. She is a licensed clinical social worker with 25 years of clinical experience working with diverse populations in various settings such as alternative schools, juvenile justice programs, hospital settings, residential treatment centers, substance abuse programs, and private practice. Dr. Taylor's research interests include the impact of stereotypes, the race achievement gap, and athletes' mental health.

Credit

C.E.U.: 0.30

Contact Hours: 3.00

NASW-NC: NC AHEC is a 2021 NASW-NC approved provider of distance continuing education. This program has been approved for 3.00 contact hours.



NBCC: Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5362. Programs that do not qualify for NBCC credit are clearly identified.



NCASPPB: Approved by the North Carolina Addictions Specialist Professional Practice Board for up to 3.00 hours of credit.

NC Psychologists Category A: The program will provide 3.00 contact hours (category A) continuing education credit to NC Psychologists.

Southern Regional AHEC is solely responsible for all aspects of the programs.

No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit. Credit will be awarded to participants who attend 100% of the program.

Substitutes/Refunds/Transfers

- Cancellations must be in writing (fax, email, or mail)
- Registrants cancelling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than 2 weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program)

Attendance at this activity grants permission for Southern Regional AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

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Our Mental Health Blog: <https://www.southernregionalahec.org/category/blog/mental-health/>



A MyAHEC account is required to complete registration. If you do not have a MyAHEC account, please go to our website at: <https://www.southernregionalahec.org/create-account> to create an account. Please use your personal email address when you create your MyAHEC account as work email accounts can change.

The handouts for the program will be provided online. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <https://www.southernregionalahec.org/about-us/general-reference/>

Registration Form

CASCE # 66649/MH210923

Implicit Bias in Mental Health, September 23, 2021

Fee: \$49

Register Online: <https://www.southernregionalahec.org/courses-and-events/66649>

Updated Contact Information

Name: _____ Credentials: _____

Personal Email: _____ Secondary Email: _____

Phone: _____ Employer: _____

Check Enclosed (Make check payable to SR-AHEC)

We accept the following credit cards: Visa, Mastercard, Discover, American Express

Card Number: _____

Expiration date: _____

Name on card: _____

Signature: _____

Send completed registration form to:

SR-AHEC, Attention: Registrar, 1601 Owen Drive, Fayetteville, NC 28304 or e-mail to registrar@sr-ahec.org

Upcoming Programs

Somatic Mindfulness for Change: Integrating A Mind-Body Approach - Live Webinar - September 9, 2021

<https://www.southernregionalahec.org/courses-and-events/66646>

The Impact of Toxic Stress on Health and Your Role in Resilience, - Live Webinar -September 27, 2021

<https://www.southernregionalahec.org/courses-and-events/66696>

Identifying and Addressing Anxiety and Trauma Related Disorders in Children and Adults, - Live Webinar -

October 1, 2021 <https://www.southernregionalahec.org/courses-and-events/66648>

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