



20th Annual **School Nurse** Conference

Tuesday - Wednesday
January 18 - 19, 2022

Location:
Live Webinar

Target Audience

School nurses

Program Description

Our 20th annual school nurse conference is designed to address health care topics that our school nurses are challenged with every day. Network with colleagues from across the state, as well as meet with exhibitors to learn about products and services that are useful in your specialty area.

Objectives

- Review developmental tasks of children and adolescents with exploration of potential impact on development secondary to COVID
- Review current data on increased behavioral health concerns to include: depression and anxiety with increased suicidal concerns in young females
- Identify techniques and interventions to support children resuming development post-COVID
- Review the signs and symptoms of burnout
- Discuss an action plan to repair and prevent further burnout
- Discuss current epidemic of e-cigarette use among youth and their access to those products
- Discuss the use of vaping to access illegal substances
- Examine the health harms of e-cigarette use
- Review CDC/AAP approved forms of cessation of tobacco use and the access to said cessation
- Describe major changes in NC school nursing workforce over the past two years and implications for sustainability
- Identify ways in which the school nurse role has benefited and suffered during this period
- Plan at least one strategy directed to regaining purpose as a school nurse
- Review the common etiologies of sore throat in the pediatric population
- Recognize common red flags of sore throat when completing an assessment
- Discuss common diagnostic testing for sore throat related illnesses
- Discuss the importance of early activation of Emergency Response System
- Review early recognition of respiratory emergency in the pediatric population
- Review early recognition of cardiac emergency in the pediatric population

Speakers



John Lesica, MD is a board certified child psychiatrist who has practiced in our community for almost 30 years. He is currently the Medical Director of Behavior Health at Womack Army Medical Center. He received his medical degree from Georgetown University School of Medicine. He has completed a pediatric residency, adult psychiatry residency and a child psychiatric fellowship at Tripler Army Medical Center prior to moving to our community in 1992. He specializes in child and adolescent psychiatry.



Melissa Overton, BSN, RN is the CEO and principle trainer for MedicalTraining.me PLLC in Smithfield, North Carolina. She is a graduate of East Carolina University and a critical care nurse turned entrepreneur. After 20 years in healthcare as an ER nurse, Nurse Educator and ICU nurse, she took her experiences and formed her own continuing education company. Melissa leads the way in her company as a Training Center Facility for AHA and ASHI programs, as well as, an instructor for TNCC and ENPC. She is also a speaker, trainer and coach for the John Maxwell Team, a world known brand for leadership development. She firmly believes in collaboration and networking, working together to build each other up, thus creating success for us all!



Travis Greer, BS is currently the Region 6 Tobacco Control Manager serving ten counties in the Sandhills Region of North Carolina. At the young age of ten, Travis became a Master Crappie Fisherman and a privilege that came along with that was the right to chew tobacco at will. He went on to receive his bachelor's degree at the University of North Carolina Wilmington in Community Health Education. In 2019, Travis graduated from the North Carolina Medical Society Emerging Leaders Program. He has worked in public health for ten years at the local and regional working on policy, systems, and environmental change related to chronic disease and tobacco use.



Jenifer Simone, MSN, RN, NCSN is a School Health Nurse Consultant for the North Carolina Division of Public Health. She completed her undergraduate nursing education at DePaul University in Chicago and her graduate work in Nursing Systems and Populations at the University of North Carolina at Charlotte. She has 26 years of pediatric experience, specializing in emergency nursing before transitioning to school health. Jenifer is passionate about school health and is committed to promoting health equity and improving the well-being of children, families and communities in North Carolina.



Andrea Biondi, DNP, NNP, CPNP, RN received her Bachelor of Science in Nursing from University of California, her Pediatric NP from UNC, her Neonatal NP post masters from East Carolina, and then her Doctorate of Nursing from the University of South Alabama. She has over 30 years of pediatric experience - 16 years as a Pediatric NP and 14 years as a Neonatal NP. Andrea is currently a part-time clinical instructor at UNC School of Nursing in the NP program, a Neonatal NP in the NICU at Womack Army Medical Center, and works at Tots-N-Teens in Cary, North Carolina.



Justin Schwartz, MBA, BS, NREMT is the Training Center Specialist for Southern Regional AHEC. For the last 15 years, he has been involved in many areas of science, medicine, and education including chemical and data analytic research, civilian and combat emergency and primary care, and university and one-on-one teaching. His lifelong goal is to instill aplomb, knowledge, and a love of learning in students so that they can achieve their full potential.

Agenda

Day 1: January 18, 2022

- 8:45 a.m. **Login to Webinar**
- 9 a.m. **Welcome/ Sponsor Acknowledgement / Raffle**
- 9:30 a.m. **COVID: Past and Future Behavioral Health Impacts on Our School-Aged Children**
John Lesica, MD, Medical Director, Department of Behavioral Health Chief, Child and Family Behavioral Sciences, Womack Health and Support Center
- 10:30 a.m. **Fried, Dyed, and Laid to the Side: Recognition and Management of Burnout**
Melissa Overton, BSN, RN, CEO/President, MedicalTraining.me, PLLC, Smithfield, NC
- 11:30 a.m. **Break/ Exhibitor Presentations**
- 11:45 a.m. **Vaping: It's Not Just Blowing Smoke**
*Travis Greer, BS, Human Service Planner/Evaluator II- Region 6 Tobacco Control Manager
Cumberland County Department of Public Health*
- 12:45 p.m. **Lunch/Exhibitor Presentations**
- 1:45 p.m. **Updates from the State**
*Jenifer Simone, MSN, RN, NCSN, North Central- District 3 School Health Nurse Consultant
NC Division of Public Health School Nursing Support, NC DHHS*
- 2:45 p.m. **School Nurses Making a Difference – Stories in the Field Panel**
Tricia Howard MHA, BSN, RN, Lead Nurse, Durham Public Schools
- 3:15 p.m. **Adjourn**

Day 2: January 19, 2022

- 8:45 a.m. **Login to Webinar**
- 9 a.m. **My Throat Hurts! Assessment and Treatment of Common Etiologies of Pediatric Sore Throats**
Andrea Biondi, DNP, NNP, CPNP, RN, Clinical Faculty at UNC Chapel Hill School of Nursing, Pediatric Nurse Practitioner for Tots and Teens Pediatrics of Cary, NICU Nurse Practitioner, Womack Army Medical Center
- 10:15 a.m. **Break**
- 10:30 a.m. **My Throat Hurts! Assessment and Treatment of Common Etiologies of Pediatric Sore Throats (cont.)**
Andrea Biondi, DNP, NNP, CPNP, RN
- 11:45 a.m. **Pediatric Emergency: Assessment and Recognition**
*Justin Schwartz, MBA, BS, NREMT, AHA Training Support Specialist
Southern Regional AHEC*
- 12:45 p.m. **Final Raffle & Adjourn**

Fee

Price	Description
\$110.00	Both Days – January 18 and 19, 2022
\$ 75.00	Day 1 Only – January 18, 2022
\$ 75.00	Day 2 Only – January 19, 2022

Credit

CEU: 0.8

Contact Hours: 8.0

Nursing Contact Hours will be awarded to participants who attend 90% of this educational activity.

Southern Regional Area Health Education Center is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Substitutes/Refunds/Transfers

- Cancellations must be in writing (fax, email, or mail)
- Registrants cancelling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than 2 weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program)

Attendance at this activity grants permission for Southern Regional AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

Contact

Tonja Teter, BSN, RN, Director of Nursing CPD/RN Refresher Coordinator SR-AHEC / 910-678-7246 / tonja.teter@sr-ahec.org



A MyAHEC account is required to complete registration. If you do not have a MyAHEC account, please go to our website at: <https://www.southernregionalahec.org/create-account> to create an account. Please use your personal email address when you create your MyAHEC account as work email accounts can change.

The handouts for the program will be provided online. Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.

For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <https://www.southernregionalahec.org/about-us/general-reference/>

Registration Form

CASCE # 65930 / NU220118

20th Annual School Nurse Conference - January 18 - 19, 2022

Register Online: <https://www.southernregionalahec.org/courses-and-events/65930>

Fee: \$110.00 Both Days – January 18 and 19 \$ 75.00 Day 1 Only – January 18 \$ 75.00 Day 2 Only – January 19

Updated Contact Information

Name: _____ Credentials: _____

Personal Email: _____ Secondary Email: _____

Phone: _____ Employer: _____

Check Enclosed (Make check payable to SR-AHEC)

We accept the following credit cards: Visa, Mastercard, Discover, American Express

Card Number: _____

Expiration date: _____

Name on card: _____

Signature: _____

Send completed registration form to:

SR-AHEC, Attention: Registrar, 1601 Owen Drive, Fayetteville, NC 28304 or e-mail to registrar@sr-ahec.org

Upcoming Programs

Antimicrobial Stewardship & Antibiotics: CDC Recommendations & Medication Updates - Live Webinar
November 19, 2021 <https://www.southernregionalahec.org/courses-and-events/66653>

ECG Charm School: How to Leverage 12 Seconds of Time to Make Many Diagnoses - Live Webinar
December 03, 2021 - <https://www.southernregionalahec.org/courses-and-events/66809>

Working with Individuals with Co-occurring Trauma and Eating Disorders - Live Webinar - December 17, 2021
<https://www.southernregionalahec.org/courses-and-events/67025>

Office Use Only: Check # _____ Date _____ From _____ Amount \$ _____

www.sr-ahec.org
 1601 Owen Drive • Fayetteville, NC 28304
 910-678-7226

Southern Regional
AHEC | Area Health
 Education Center