# Agenda for PALS Course

*Date:*

*Location: Lead Instructor:*

|  |  |
| --- | --- |
| Time / Instructor **Day 1** | |
|  | **Course Introduction** |
|  | **Lesson 1:** CPR Coach and High-Performance Teams |
|  | **Lessons 2A and 2B:** BLS Testing Stations   * Child High-Quality BLS Test (30 minutes) * Infant High-Quality BLS Test (30 minutes) |
|  | **Lessons 3A-D:** Video Case Discussions   * Initial Assessment (5 minutes) * Primary Assessment (10 minutes) * Respiratory (10 minutes) * Shock (10 minutes) * Arrythmia (10 minutes) |
|  | **Break** |
|  | **Lesson 4A:** Learning Station: Airway Management |
|  | **Lesson 5:** Respiratory Case Scenario Practice (4) |
|  | **Lunch** |
|  | **Lesson 4B:** Learning Station: Vascular Access |
|  | **Lesson 5:** Shock Case Scenario Practice (4) |
|  | **Lesson 4C:** Learning Station: Rhythm Disturbances/Electrical Therapy |
|  | **Lesson 5:** Arrythmia Case Scenario Practice (2) |

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| Time / Instructor **Day 2** | |
|  | **Recap** |
|  | **Lesson 5:** Arrythmia Case Scenario Practice (2) |
|  | **Lesson 6:** Case Scenario Testing (3) |
|  | **Break** |
|  | **Lesson 7:** Exam |
|  | **Class ends and remediation** |

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# Agenda for PALS Tradi�onal Course

*Date: Location:*

*Lead Instructor:*

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| --- | --- | --- | --- | --- |
| Time / Instructor **Day 1** | | | | |
| **Course Introduction Lesson 1:** Course Overview  **Lesson 2:** Science of Pediatric Resuscitation **Lesson 3A:** Child High-Quality BLS Practice **Lesson 3B:** Infant High-Quality BLS Practice  **Lesson 4:** CPR Coach and High-Performance Teams  **Break** | | | | |
| ***Divide class into 2 groups*** | **Lessons 5A and 5B:** BLS Testing Stations: Child and Infant High-Quality BLS Tests\* | | **Lessons 6A and 6B:** Overview of Systematic Approach; Secondary Assessment | |
|  | Group A | | Group B | |
|  | Group B | | Group A | |
| **Lunch** | | | | |
| ***Divide class into 3 groups*** | **Lessons 7A-7C:** Management of Respiratory Emergencies; Respiratory Video Case Discussions; Learning Station: Airway Management | **Lessons 8A-8C:** Management of Shock Emergencies; Shock Video Case Discussions; Learning Station: Vascular Access | | **Lessons 9A-9C:** Management of Arrhythmia Emergencies; Arrhythmia Video Case Discussions; Learning Station: Rhythm Disturbances/ Electrical Therapy |
|  | Group A | Group B | | Group C |
|  | Group B | Group C | | Group A |
| **Break** | | | | |
|  | Group C | Group A | | Group B |
| **Lesson 10:** Management of Post–Cardiac Arrest Care **Lesson 11:** Learning Station: Coping With Death (Optional) **End-of-Day Debriefing** | | | | |

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| Time / Instructor **Day 2** | |
| **Recap** | |
| ***Divide class into 3 groups*** | **Lesson 12:** Case Scenario Practice With Simulations |
| **6 case scenarios per group Break**  **3 case scenarios per group Lunch**  **3 case scenarios per group**  **Break** | |

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| **Day 2** | |
| ***Divide class into 3 groups*** | **Lesson 13:** Case Scenario Testing |
| **3 case scenarios per group Lesson 14:** Exam  **Class ends and remediation** | |

\*Lesson 5C: Learning/Testing Station: Child and Infant Choking (Optional) (20 minutes) may be facilitated in this time slot.

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# Agenda for PALS Update Course

*Date:*

*Location: Lead Instructor:*

|  |  |
| --- | --- |
| Time / Instructor **Lesson** | |
|  | **Course Introduction** |
|  | **Lesson 1:** Course Overview |
|  | **Lesson 2:** Science of Pediatric Resuscitation |
|  | **Lesson 3:** CPR Coach and High-Performance Teams |
|  | **Lessons 4A and 4B:** BLS Testing Stations   * Child High-Quality BLS Test (30 minutes) * Infant High-Quality BLS Test (30 minutes) |
|  | **Lesson 5A:** Learning Station: Airway Management |
|  | **Break** |
|  | **Lesson 5B:** Learning Station: Vascular Access |
|  | **Lesson 5C:** Learning Station: Rhythm Disturbances/Electrical Therapy |
|  | **Lesson 7:** Case Scenario Practice With Simulations (3) |
|  | **Lunch** |
|  | **Lesson 7:** Case Scenario Practice With Simulations (3) |
|  | **Lesson 8:** Case Scenario Testing (3) |
|  | **Break** |
|  | **Lesson 9:** Test |
|  | **Class ends and remediation** |

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# Agenda for HeartCode® PALS Course Without Op�onal Lessons

*Date:*

*Location: Lead Instructor:*

|  |  |
| --- | --- |
| Time / Instructor **Lesson** | |
|  | **Course Introduction** |
|  | **Lessons 1A and 1B:** BLS Testing Stations   * Child High-Quality BLS Test (30 minutes) * Infant High-Quality BLS Test (30 minutes) |
|  | **Lesson 2A:** Learning Station: Airway Management |
|  | **Lesson 2B:** Learning Station: Vascular Access |
|  | **Lesson 2C:** Learning Station: Rhythm Disturbances/Electrical Therapy |
|  | **Break** |
|  | **Lesson 4:** Case Scenario Practice With Simulations (2) |
|  | **Lesson 5:** Case Scenario Testing (2) |
|  | **Class ends and remediation** |

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# Agenda for HeartCode® PALS Course With Op�onal Lessons

*Date:*

*Location: Lead Instructor:*

|  |  |
| --- | --- |
| Time / Instructor **Lesson** | |
|  | **Course Introduction** |
|  | **Lessons 1A and 1B:** BLS Testing Stations   * Child High-Quality BLS Test (30 minutes) * Infant High-Quality BLS Test (30 minutes) |
|  | **Lesson 1C:** Learning/Testing Station: Child and Infant Choking (Optional) |
|  | **Lesson 2A:** Learning Station: Airway Management |
|  | **Lesson 2B:** Learning Station: Vascular Access |
|  | **Break** |
|  | **Lesson 2C:** Learning Station: Rhythm Disturbances/Electrical Therapy |
|  | **Lesson 3:** Learning Station: Coping With Death (Optional) |
|  | **Lesson 4:** Case Scenario Practice With Simulations (2) |
|  | **Lesson 5:** Case Scenario Testing (2) |
|  | **Class ends and remediation** |

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